THE ARCHAEOLOGY OF KENSINGTON
The archaeology of Kensington has proved a fascinating search into the history of this area, reaching as far back as prehistoric times. Who would have known that the junction of Kensington High St and Kensington Church St could once have been a Roman Road? Or that Roman soldiers were expected to walk up to 12 miles a day, in their heavily clad armour?

As Spring finally starts to appear and Kensington looks particularly pretty, please support our clients and visit/attend the diverse range of activities on offer in the area, as featured in our Kensington Hub pages.

We would like to thank RBKC Local Studies Dept and RBKC Planning Dept for their assistance in this issue. We hope you enjoy learning more about Kensington's archaeological past, Lucy

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GET IN TOUCH

EDITOR & PHOTOGRAPHY: Lucy M Elliott
PUBLISHER: The Kensington Magazine Ltd
WEBSITE: www.thekensingtonmagazine.com | www.lucyelliottphotography.com

CONTRIBUTORS

Aletta Richie, Victoria O Neil, Maria Perry, Charles Yorke, Dave Saunders, Trevor Langley, Benedict Bull, Sarah Goldsmith and Caroline McClean

Read by 34,500 residents and businesses each month. The magazine is also available at WholeFoods, Sainsbury's Local, RBKC Library, Waitrose, Waterstones, Virgin, Marks & Spencers, St Mary Abbots, St George's Church, The Royal Garden Hotel, The Milestone Hotel, Peter Jones in Sloane Square and many other smaller outlets in W8.

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Holy Week & Easter Services

St George’s Church
Aubrey Walk,
London, W8 7JG

St John the Baptist
Holland Road,
London, W14 8AH

Palm Sunday 9th April
8.00: Holy Communion (BCP)
10.00* Procession of the Palms and Sung Eucharist
- start outside Tyers, 146 Notting Hill Gate, London W11 3QG
*Please note there will be a joint service at St John’s Landsdowne Crescent and therefore no service at St George’s

Monday - Wednesday 10th - 12th April
18.30: Exploring the Passion

Maundy Thursday 13th April
17.30: All Age Passover meal with foot-washing
20.00: Sung Eucharist of the Last Supper with Stripping of the Altar and Watch until 22.00

Good Friday 14th April
10.00: Children’s Stations of the Cross
12.00: Liturgy of the Cross

Holy Saturday 15th April
20.00: Great Vigil of Easter

Easter Day 16th April
8.00: Holy Communion (BCP)
10.00: Sung Festal Eucharist followed by Easter Egg Hunt

Palm Sunday 9th April
18.30: Sung Mass with Liturgy of the Palms

Good Friday 14th April
15.00: Stations of the Cross

Easter Day 16th April
18.30: Festal Sung Mass

For further information:
020 3602 9873
office@stgeorgescampdenhill.com
www.stgeorgescampdenhill.com

2017
Layers of History Under Our Feet
By Sarah Goldsmith

Whilst running after the bus on High Street Kensington, or simply meandering around Kensington’s tiny back streets, have you ever wondered about the layers of history beneath our feet? As London has developed over time, we have built layers upon layers on top of older civilizations. Historic England, in an August 2016 Archaeological Priority Areas (“APA”) Appraisal of the Royal Borough of Kensington and Chelsea laid out just how far back that history goes.

There is evidence that Paleolithic (c. 500,000-10,000 B.C.) hunting groups roamed the Borough, but those finds were from antiquarian sources, and according to the Appraisal, have not yielded any dedicated sites. Likewise, traces of the hunter-gatherers from the Mesolithic (c. 10,000 – 4000 B.C.) and Neolithic (c. 4000 – 2200 B.C.) periods have been found, but unlike the Paleolithic period, there are recorded sites, including Vicarage Gate and Old Church Street, “reflecting transient activity over a long period of time.”

As populations began to move from hunting to agriculture during the Bronze Age (c. 2200-700 B.C.), settling in one place, remnants and artifacts of are more likely to be found. In Kensington, on the top of Campden Hill at the Phillimores and near the Holland Park School, previous archaeological excavations uncovered later prehistoric evidence (such as post holes) and, importantly, a Bronze Age “burnt mound,” which is a site with evidence of activities involving heat/fire and water, such as cooking activities or textile production. Also found on this site were struck flint and small pottery remnants from the Middle and Late Bronze Age. Historic England concluded that the site was probably used for farming and breeding animals, and the excavators of the site concluded that it could have been a territory mark.

In 2014, an excavation of the top of Campden Hill revealed artifacts from the Late Bronze Age and Early Iron Age (c. 700-600 B.C.) underscoring its agricultural function:

Illustration showing the site excavation at the South-East of The Phillimores where prehistoric exploitation of a lower brickearth terrace was revealed.
Layers of History Under Our Feet
By Sarah Goldsmith

Boundaries, enclosures, and a range of structures. Historic England suggests “the site is part of a much wider Late Bronze Age/Early Iron Age landscape.” As well, artifacts from the Late Bronze Age/Early Roman Period (c. 40 B.C. – 70 A.D.) were also found: pottery, a loomweight, and a quernstone, as well as field systems showing the development of a more complex society.

Evidence of population during the Roman period (43 – 409 A.D.) in Kensington has also come to light, and would be expected as the London – Silchester Road leading from Londinium is now what we think of as Notting Hill Gate and a second road to the south of the Campden Hill site, leading to and from Londinium, traced approximately what we think of today as Kensington High Street. Historic England surmises that the “presence of these established routes to the north and south of Campden Hill would have ensured trade and movement between the prehistoric and Roman settlements.” Further from Campden Hill, Roman activity has been recorded for a Roman farming community alongside this second, southerly road, where the Diana Memorial, Kensington Green and Earls Terrace are now located. Additionally, there is a small private Roman cemetery that was reported in 1841 in Ladbroke Grove. Though Historic England and other archaeological sources note that there is a dearth of Saxon period (410 – 1065 A.D.) artifacts, there is evidence of continuation of settlement, that stretched into the Medieval period (1066 – 1539 A.D.), with well-documented rural farms centered around the Church of St. Mary Abbots.

Another site identified by Historic England as having great archaeological potential is Kensington Palace and Hyde Park. Already mentioned is the evidence of a Roman farming community. In 2003, an excavation suggested transitory Mesolithic activity. Later, Kensington Gardens and the Diana Playground likely played host to Bronze and Iron Age agriculture, as there is evidence of Bronze and Iron Age field systems. Historic England states that “situated on the gravel terrace…[this site] has the potential to contain archaeological deposits from the earliest times.”

Though disruptive, it is interesting to imagine what a large-scale archaeological dig would unearth: perhaps another Battersea Shield (dating to c. 350-50 B.C.) found in the Chelsea section of the Thames? Or perhaps just more evidence of a prehistoric people quietly settling into agriculture as the millennia passed? And what will people find of our civilization in another thousand years?

Portway, heading west starting along Farringdon Road and Oxford Street, then through Pontes (Staines) towards Calleva Atrebatum (Silchester). (Image source: mappinglondon.co.uk)
Kensington has always been the home of writers, artists, sculptors, architects and, intermittently, archaeologists. In the decades I have lived here it has been my privilege and pleasure to be acquainted with many of them. One of the most interesting was Dr Peter Fell, who happened to be in Cairo in 1922 at the time Lord Carnarvon and Howard Carter discovered the tomb of Tutankhamen.

The most authoritative account is still the book published by Michael Joseph and The Connoisseur in 1963. My copy has the price on the cover £2.50!

It has always stated that most of the objects stored in the sealed tomb had been recovered in perfect condition, but Peter assured me this was not true. He was handsomely paid by the Cairo Museum to restore the colour on the mummiform sarcophagus of the boy Pharaoh. When the Tutankhamen book was published the lavish photography was by another Kensington resident, Fred Kennet, who lived here in W8. His posthumous work is due to be the subject of a forthcoming exhibition.

So much for archaeological connections with Kensington, but there have been comparatively few ‘digs’. This is largely because ever since William and Mary moved into Kensington Palace, giving the area its nickname of ‘the old Court suburb’, it has been densely populated and filled by large, impregnable blocks built to go on at least into the twenty-second century, so that it would not have been possible to excavate without doing considerable damage. Two notable exceptions however were made in The Phillimores and on Campden Hill, when traces were found of both Iron Age and Bronze Age settlements.

The London Museum has examples of Saxon earthenware found near the gravel pits and much of this area was certainly inhabited in late Roman times.

Yet there is a strange dearth of Roman artefacts. Londinium itself, encircled by a huge wall, lay one and a half miles away from Kensington, but the capital was probably where the locals went for entertainment. Roman forts were set twelve miles apart as that was considered the distance a Roman soldier could comfortably march, helmeted and in full body armour. Forestry would later have covered remains the Romans might have left and no one would have dared to excavate Hyde Park, when it became Henry VIII’s hunting ground. But if we get another hurricane like Doris, who knows what may be unearthed?
To celebrate the launch of the newest addition to London’s finest health club collection, Kensington Harbour Club, Harbour Clubs are offering the chance to win a six-month family membership. The membership is valid at a choice of Kensington and Notting Hill Harbour Clubs, please note Kensington Harbour Club opens in June.

To be in with a chance of winning and for more information on Harbour Clubs, visit www.harbourclub.com/kensingtoncompetition
Planning and Investing for an Income in Retirement
How you can enjoy a comfortable life after work.

Whatever your background or personal circumstances, the desire to enjoy a comfortable retirement is an ambition that unites us all. Building your lifetime savings in order to get to retirement is one thing; managing them in the most effective way to meet your needs once you get there, is another.

Investing can be a highly effective way of continuing to make the most of your lifetime savings, whilst investing for income specifically, can be a valuable source of regular income to those in retirement.

With life expectancy continually increasing and the ability to rely on either the State or a Final Salary Pension Scheme significantly decreasing, being in possession of a clear, manageable and effective plan for your retirement income is vital, whatever your appetite and level of financial expertise.

Whether your ambition is simply to ensure a regular amount of income to meet your expenditure each year, or contains deeper intricacies for both you and your family, ensure that you are, first and foremost, working with a dedicated adviser that is fully aware of both your ambitions and circumstances.

Once your ambitions are clear, discerning quality investments and identifying how to make the most of the assets at your disposal can make a sizable difference to both the outcomes you achieve and the experience you have in getting there.

From our inception nearly 30 years ago we have always believed that access to market expertise and provision of impartial counsel is imperative in order to help individual investors meet their ambitions. With a dedicated Killik & Co Investment Manager for every client, this philosophy and understanding is underpinned by an independence which allows us to offer our clients access to the full universe of investments, rather than just our own services. Similarly, we are able to act on our clients’ behalf as they would for themselves, were they armed with our decades of knowledge and experience.

To discover how we can help you invest for an income and manage your financial ambitions, our Kensington branch is open Monday through Friday, from 8am - 5.30pm, and can be contacted by phone on 020 7306 3618 or via email at kensington@killik.com.

We would remind you that, as is the very nature of investing, investments will fluctuate over time and will carry a risk to your capital.
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When discussing the theme this month and reflecting on archaeology with respect to the Borough, plants and our readers, several key points arose: this included the definition of archaeology in my favourite dictionary, the Shorter Oxford English of 1933, as recommended by Luis Borges, and the informative tension between expedient and definitive meanings.

For us locals and gardeners in 2017, in W8 and W11, the archaeology of plants is pretty much their cultivation, or in the language of the social sciences, the cultivation of plants of provenance within this geo-historical environment.

Plant Heritage, one of the world’s leading cultivated plant conservation charity, brings together the talents of botanists, horticulturalists and conservationists and the dedication of keen amateur and professional gardeners.

Through a number of conservation projects, including the National Plant Collections and Threatened Plants Project, they are helping to safeguard our unique garden flora across Britain and Ireland. They state: “This is truly a relevant and engaging face of horticultural archaeology in which we can participate in conjunction with the herbarium curators, the taxonomists, plant breeders, and the scientific research and development teams.

In our age of easily shared digital media and sophisticated remote co-ordination of small collections under an integrated large format, it is a great attribute. In conjunction with the larger collections which have their own vulnerabilities financially, socio-politically, and meteorologically and with respect to pathogens, local groups such as the London group of Plant Heritage with around 200 members have a vital role in the living archaeology of plants.”

Plant Heritage’s Plant Guardian Scheme allows people across the UK to become actively involved in conservation of cultivated plants from their own back garden, greenhouse, allotment or windowsill.

If you have a rare or threatened plant you can register as a Plant Guardian. This means they assess whether your plant is rare in cultivation. If the plant is rare, they list the name of the plant on their website, so people searching for it know that it is being kept safe by their members. Even if you don’t think the plant you are growing is rare, it could be an unfashionable variety that has disappeared from the trade, or be at risk in its natural habitat. By propagating and sharing your plant, they hope that it will eventually no longer be classified as threatened, and will be safe for future generations so please join in.

For more information on rare, threatened plants and their preservation, or for information on Plant Heritage in the Borough and how you can participate in their projects please email ben@smartlandcapes.com and I will point you in the right direction.

‘Bergnia Traum’ is regarded as ‘threatened’ because it has never been listed in the RHS Pland Finder and it is only found in one National Plant Collection

(Image source: www.nccpg.com)

On Oscar night, High Street Kensington’s cinema was revealing more than the contents of a gold envelope. Like an ‘Indiana Jones’ adventure story, undercover photographs taken that night showed that the interior of Kensington’s beloved Odeon still existed. The original gilded plasterwork, ornate ceilings, the roaring 20’s Tea Room and more of the magnificent pair of marble staircases gracing Kensington’s, and Hitchcock’s, local cinema has emerged in these exciting new photographs.* (To view these, see link below).

Hitchcock and Kensington born Howard Carter lived in the Borough during the years the large and expensive ‘The Kensington’ cinema was built and opened. Both Cinema and Egyptology being ‘all the rage’ in the 1920s and 30s. Marble, classical motifs such as Greek comedy and tragedy masks were used as features of the decorative style. The architectural strength of its frontage and towers are obvious and now the revelation of its auditorium, revealing itself to be like a West End theatre with an orchestra area, stage and sweeping balcony is even more reflective of its cinematic legacy. Many local residents are wondering why it was not listed by English Heritage? Or protected by RBKC Council for the local community, with a ‘Local Listing’? It could also have been protected as ‘An Asset of Community Value’ for residents but RBKC did not approve the formal application last year which left many locals in shock.

The developer has billboards outside the cinema illustrating the proposed development. However, the historic cinema entrance will likely be for the residents of the luxury flats, with the main cinema entrance in the Earls’ Court Road, as that is Minerva’s latest approved plan. Due to English Heritage’s decision not to list the Kensington ‘Odeon’ cinema, the field was wide open for any developer to apply to the RBKC for consideration for planning consent for demolition and for luxury apartments to replace the iconic cinema. One English Heritage advisor’s report commissioned by an earlier developer, and a ‘partial inspection’ were used to reach their conclusion not to list the building. An RBKC planning officer has confirmed that developer Minerva are using the 2012 (renewed from 2007) plan currently for their active demolition of the cinema auditorium. It is not known why they are using this plan when the Post Office and Earl’s Court Road properties are part of their master luxury plans. A planning condition states that MOLA (a charity and a company related to the Museum of London) must ‘record’ the key areas of the building’s architectural interest, (however, at the time of writing) they are not currently allowed in the building to complete their task. The developer’s demolition agent rather than the RBKC seem to be deciding the schedule of the programme of architectural and archaeological reporting. The RBKC heritage officer will apparently not be seeing the MOLA report until after Keltbray and John F Hunt’s demolition has taken place.

Minerva has proclaimed that their plans include a “retained and restored facade” but amenity groups are duly requesting the Head of RBKC and the Council’s Heritage Department to immediately inspect and ensure the restoration and protection of the facade’s fine exterior details: Aberdeen granite, stone or carved marble features, articulated original windows with styled glazing bars and lintels together with original mosaic floor of such quality that it perfectly survived the well shod feet of millions of Kensingtonites heading to the movies. The fine tessellated entrance floor is currently only roughly covered with unsecured boards and being used as a workman’s ashtry and storage area for steel bars raising concern about RBKC supervision and protection of the publicly recognised architectural and archeologically important cinema and its striking facade.

*www.londonlive.co.uk/news/2017-03-01/fresh-calls-for-kensington

For more info: Cinema Theatre Association contact details 020 8977 2608 or Guy Oliver, Friends of the Odeon Cinema 07850 443832
This evening, Opera Prelude recreates the intimate world of salon music with her opera Cendrillon, where Viardot takes Perrault’s legendary Cinderella story and makes it her own.

The music shimmers with nostalgia; recalling those golden years when Paris was at the centre of European opera. The plot remains relatively faithful to the original fairy tale, but takes a much more lighthearted approach than other operatic adaptations by Massenet and Rossini. With ravishing vocal lines, this “enchanting bauble” conjures feather-light images of Cinderella, the down-trodden girl, in the midst of it all.

Opera Prelude returns to the beautiful confines of Leighton House, where Pauline herself performed in 1871.

*Opera Prelude is a small charity, run by volunteers and since our launch in 2010 we have grown into a professional Arts organisation supporting the early career development of 30 young musicians through the provision of experience and fairly paid performance opportunities. We present opera related performances in prestigious and historic locations across London and the South of England.*

**BOOKINGS** | www.operaprelude.com
02071837323
NEW BUSINESSES IN THE AREA

Top Dog Handyman, run by RBKC resident, John Reeves, operates a trusted speedy service within the Kensington area. Most of the work comes from private residences and landlords looking for property and garden maintenance. Sometimes it’s just handy to have an extra pair of hands to get those jobs done on time. Honesty and reliability play a key part in the business, ensuring every customer has total satisfaction. See page 7 for more details of Top Dog Handyman’s services, or call John on 07726 360470.

The Continental Pantry is a stylish café, deli, wine bar and shop in Notting Hill, founded by two friends who source the finest continental ingredients from Spain, France and Italy. The menu is simple but delicious, including charcuterie boards, salads, soups and sandwiches. They serve breakfast, brunch and lunch, accompanied by coffee, wine and cocktails, and are open for evening drinks and snacks from Thursday – Sunday. Its chic interior provides a great place to have a morning coffee and croissant, bite to eat at lunch or evening drinks and nibbles, whilst offering a variety of gourmet produce to stock up on. 57 Ledbury Road www.thecontinentalpantry.com

Mala & Tara have opened their third venture “The Chelsea Spa” at 53 Hollywood Road. Under their new management they are offering advance beauty & holistic treatments using world renowned luxury brands, Carita and Decleor. Individually tailored services range from electrolysis, facials, massage, waxing, threading, nails, eye care and non-surgical body and face treatments for men and women. Their principle is “to ignite the glow of relaxation over our stressfull skin, body and soul”. The Chelsea Spa is offering 20% off your first visit to the Salon. For more information or to book an appointment please visit www.thechelseaspa.co.uk or www.facebook.com/The-Chelsea-Spa or call 0207 351 4555.

To celebrate the launch of the newest addition to London’s finest health club collection, Kensington Harbour Club is offering the chance to win a six-month family membership. Start your journey at this exclusive club, opening June. To be in with a chance of winning and for more information on Harbour Clubs, visit www.harbourclub.com/kensingtoncompetition.

GENERAL

At the end of March the National Army Museum opened its doors following a £23million transformation. The Museum has gone through a radical transformation to maximise access to, and engagement with, the collection. The bright new building includes over 2,500 objects in five permanent thematic galleries, laid out over four floors – Soldier, Army, Battle, Society and Insight. There will also be a temporary exhibition space, a study centre, as well as a brand new café, shop and Play Base, where children aged zero to seven can learn through play. The Queen, accompanied by HRH The Duke of Edinburgh and HRH The Duke of York received a Royal preview. The Queen viewed her own army uniform from when she held the honorary commission of Brigadier in the Women’ Royal Army Corps (WRAC) between 1949 - 1953.

On the eve of his appointment as Chairman of the BBC, Sir David Clementi visited the Kensington home of his renowned composer ancestor, Muzio Clementi (1752-1832), at Clementi House on Kensington Church Street. Clementi House is the home of novelist and writer, Tom Stacey, who hosted the annual Clementi Junior Piano Competition from the Dulwich Music Festival. Sir David and Lady Clementi awarded the young piano contestants with their medals. The adjudicator was Gary Branch, a renowned pianist himself. The young pianists came as far as Malaysia for this event.

Notting Hill local Kasete Skeen made history by becoming the first Tongan to compete at
the Alpine Skiing World Championships in St Moritz, Switzerland. Sadly, Kasete crashed out of his second run in the Giant Slalom qualification race but his presence at the Championships is testament to his remarkable rise which saw him leave his job at Opera Holland Park only five months ago and take up the sport. Kasete will be racing in the coming months and training in Val di Fiemme, Italy, continuing his bid to qualify for the 2018 Winter Olympics in Pyeongchang, South Korea.

Alessandro Calvio, an Internationally acclaimed Italian hairstylist has joined Daniel Galvin Kensington Salon. After styling top fashion editors and international celebrities such as Bryan Ferry, Carment Chaplin, Carol Middleton, Jade Jagger, Pippa Middleton, he attained top media coverage ranking as one of the best cuts in the UK, in Tatler, Vogue and Net a Porter global 'A' list. Alessandro “mastered and moulded a cutting and colour technique which follows the natural fall of the hair. His unique style reveals the elegance of natural hair and unveils the true beauty of every client... that’s why he’s so passionate about his work. It’s not just about cutting, colouring or styling hair. It’s about giving a message, an act of love... respecting and paying attention to the person sitting before me.”

A busy London classical piano teacher is looking for a studio to teach from for six days a week (not Sunday); a place where piano noise during normal civilised hours is not an issue (day times and early evenings until 20.00 hrs). Graham is in his 50’s, responsible and solvent. He would need to bring in a grand piano, and the premises would have to be reasonably close to an Underground station. Can anyone help? If so, please contact Graham on grahampianist@yahoo.com.

A new exhibition at The Design Museum marks the centenary of the Russian Revolution. “Imagine Moscow: Architecture, Propaganda, Revolution” explores Moscow as it was envisioned by a bold generation of architects in the 1920s and early 1930s. Featuring rarely seen material, the exhibition outlines an idealistic vision of the Soviet capital that was never realised. Focusing on six unbuilt architectural landmarks centred around Moscow’s Red Square, the exhibition explores how these schemes reflected changes in everyday life and society following the October Revolution. For more information and tickets please see www.designmuseum.org

Babylon, 100 feet above Kensington High St. is always looking for innovative ways to lure Kensington residents up to the clouds. In addition to their special Afternoon Teas (see What’s On pages) and the Summer Roof Top Proms (featured in next months edition), they now provide ‘Sharing Platters’. These are ideal for sharing with a friend, either as a snack with drinks or pre-theatre. Having said that, the ‘snack’ element is not quite true since the portions are very generous. Every Monday at Babylon, you can try the “Something to Share’ platter; dishes are £30 for two and include roasted Scottish cod loin or Spatchcock roasted chicken, each accompanied by seasonal salads and chunky hand cut chips. Alternatively, on Wednesday’s you could try the ‘Happy Rump Day’. This will suit carnivores admirably; a sharing board of 500g English rump steak served with truffled macaroni cheese, chunky chips and red cabbage slaw. £40 per couple. For more information or to book, please call 0207 368 3993.
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Alessandro Calvio from Puglia, Italy, has been in the hair and beauty industry for 25 years, mastering his hair skills. In 2005, he joined the Rossano Ferretti brand, where he worked as Artistic Director and International Educator for 11 years travelling around the world for the brand, before leaving to join the Daniel Galvin team at the Kensington salon in October 2016.

At the age of 21, he moved to Milan and then to Berlin and Barcelona to further develop and achieve a style that reflects the true beauty of every client... that’s why he’s so passionate about his work.

He was ranked as one of the “best cuts” for UK in the Tatler Hair Guide August 2016 and featured in Net A Porter Magazine’s Global A-List of hairdressers and recommended by Vogue UK’s diary as “one of the best cuts and blow drys in town”.

Alessandro first mastered and then moulded a cutting technique that follows the natural fall of the hair. The unique style he creates, reveals the elegance of natural hair and thus unveils the true beauty of every client... that’s why he’s so passionate about his work.

“To me every client is royalty, whoever they might be. I like to first listen to my clients and then make suggestions to jointly achieve a style that reflects their individual style and needs”.

Daniel Galvin
67 Abingdon Road | Kensington | London W8 6AN
Tel: 0203 544 6535 | +44 (0) 7446787192
info@alessandrocalvio.com
Following the federation of **Avondale Park Primary School and St Anne’s Nursery School**, a £2 million construction programme, funded by the Council, began in late 2015 to build a new nursery building for 100 children on Avondale Park Primary School’s spacious Sirdar Road Site. The Nursery was officially opened by HRH The Duchess of Gloucester who met children and staff. Katy Blackler, Executive Headteacher explained “Our vision of creating the best possible nursery provision with the best possible teaching for our youngest children has come to fruition; and we look forward to future generations making the most of all we offer”. The new building includes two new teaching spaces, a new nursery entrance as well as improvements to the existing two classrooms and outdoor areas.

Online stationer, **Papier**, has collaborated with the **Victoria and Albert Museum**, to produce a unique and beautiful collection of stationery inspired by the work of Owen Jones from their archives. The unique range of customisable products will include stationery, notebooks and wedding invitations, available exclusively at www.papier.com. Papier’s founder Taymoor Atighetchi said: “We’re delighted to be collaborating with the V&A on this collection. It’s an exciting process to be able to work with an iconic institution that has so much design history. We were particularly drawn to Owen Jones and felt his designs would translate beautifully onto our products.”

**Anamaya**, at No. 1 Adam & Eve Mews, has a new skincare specialist focusing on providing advanced skincare treatments. **Dija Ayodele** is a discreet & experienced holistic Aesthetician using her own natural product line - ‘3107 London Artisan Skincare’, as well as Kensington based luxury skincare brand - ‘Elethea’. With a thorough consultation that looks at your skin in the context of your lifestyle, Dija is able to provide a complete 360 degree educational approach to your skincare needs. Treatments include using chemical peels as well as traditional lymphatic and acupressure massage techniques to restore and maintain skin health. For more information, please contact dija@3107skincare.com or see www.anamaya.com

**CHARITY/RESIDENT’S GROUPS/SOCIETIES’ NEWS**

**St Philip’s Church** is delighted to announce its new Vicar will be the **Reverend Philippa Turner**, (Pippa). Pippa grew up in England and read Theology at Durham University before heading to the States to explore her American roots (her mother is American). She is expected to take up the post in the summer and will be joined by her husband, Crosby. Meanwhile at **St Mary Abbots**, **Associate Vicar**, the **Rev’d Jenny Welsh** will be leaving at the end of April, to take up her new post as Vicar of St Marys the Boltons. If you would like to wish her farewell there will be a Family Eucharist at 4.30 pm. on 23 April to give thanks for her ministry over the past four years. She will be very much missed and we wish her every success at St Mary the Boltons.

In memory of **Annika Goodwille**, founder and CEO of Goodwille, who sadly died last year, a few members of the Goodwille team are running the Hackney Half Marathon to raise money for the Microloan Foundation, a charity that was close to Annika’s heart. This charity gives women in Africa an opportunity to start their own businesses in order to raise themselves out of poverty. If you knew Annika or would simply like to support this charity, please go to: mydonate.bt.com/teams/annikasaces2017?platform=hootsuite

On 23rd May, international concert pianist **Melvyn Tan** will be performing his third annual Midsummer Music in support of The **Rugby Portobello Trust**, Notting Hill’s local children’s and youth charity. Melvyn has personally curated a programme of Weber and Ravel, pieces chosen for their reflection of Summer’s beauty and lightness. All tickets are direct donations to The Rugby Portobello Trust and include a drinks and canapes reception before the performance. After the performance, confirmed ticket holders can take advantage of special rates offered at local restaurants such as Clarke’s, Kensington Place.
and The Distillery. For more details and to book, please see www.rptmidsummermusic.co.uk

Age UK London Business Directory’s aim is simple “...to protect you and your loved ones from rogue traders and businesses!” They do this by connecting you with local trades people and businesses which have been checked and vetted by their team. As well as the typical trades people, like plumbers and electricians, they also have a number of alternative services such as hairdressers, solicitors and businesses which are specifically designed to help older people e.g. home care services. Call them for free on 0800 334 5056 or visit www.trustedtraders.london.

Trees are an essential asset to Holland Park. The Friends of Holland Park have produced a new guide, A5 in size and easy to carry whilst walking around the Park. If you would like a copy (£5) please call R Wood on 0207 602 0304 or email rhoddy.wood@virgin.net or go the Park Office.

And finally, a Council Tax Scam: Residents are advised to be on their guard against attempts to con them into divulging personal details after the Council has been made aware of suspicious emails which claim to offer a council tax refund. The phishing emails appear to have been timed to coincide with residents receiving their council tax bills and include an advertising banner from a government agency to make them look credible. Emails come from ‘Online Council TAX UK’, contain the subject line ‘Council Tax Refund Confirmation’ and invite people to fill in an online form with their bank details so that the ‘refund’ can be credited to their bank account. Residents who receive council tax emails from any address other than one ending in rbkc.gov.uk should delete the email. If residents are unsure about a council tax email, or have other council tax queries, they can call the Royal Borough of Kensington and Chelsea’s Council Tax Team on 020 7361 3005.

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Worthy Wines: Cyprus
By Trevor Langley

Cyprus is known as being a holiday destination for many people. The sunshine, sea and beaches attract numerous visitors. The history, cultures and traditions of Cyprus are more reasons why tourists visit the Mediterranean island.

The Troodos Mountains, along with knowledge, expertise, love and devotion, from the winemakers, plus great vines, make for many outstanding wines from Cyprus. Indigenous grapes, such as Xynisteri, Spourtiko and Promara, plus Mavro and Maratheftiko, amongst others, as well as international grape varieties are grown.

Zambartas Wineries, founded by Akis Zambartas in 2006, followed his many years in the wine business as a Chief Winemaker and Managing Director. During 2007 the Zambartas Winery was constructed near Limassol. Akis’ son, Marcos, having been to Australia to learn about wine and become a qualified winemaker, returned to work with his father. The Zambartas Winery continued to develop and expand with great success.

Zambartas Single Vineyard Xynisteri (100% Xynisteri grapes) is produced using grapes from the Xynisteri Vineyard which is located at 900m altitude. Low-yielding vines produce the concentrated grapes for this popular wine. The bouquet is very good and interestingly complex. The mouthfeel and palate follow, to enjoy this fresh production which accompanies white meats and fish dishes perfectly.

Zambartas Rosé (Lefkada and Cabernet Franc grapes) is regularly selected to grace many dining occasions, as well as being excellent as an apéritif. The bouquet is aromatic and conveys red fruits for the nasal senses. This entices to the splendid flavour for the mouthfeel which carries through to a long finish.

Zambartas Maratheftiko (100% Maratheftiko grapes) is a most fine example of this indigenous grape variety. A fragrant dark fruits bouquet is appreciated and a rich, full, well-structured body, for the mouthfeel and palate sensation follows. This wine has numerous devotees and pairs extremely well with many dishes including red meats, superbly.

The philosophy of the multi award-winning Zambartas Winery is to “create the best possible wine with a real sense of place”. These are just some of the wines, with style and character, from the Zambartas ranges, which impress me. In the UK Zambartas wines can be located at Berry Bros & Rudd www.bbr.com. For all wines and availability www.zambartaswineries.com
GET WELL SPOON

April

Chicken Bouillon

Bone broth is in vogue, this is well deserved. It is nutrient rich, mild in taste, and versatile in application. I have chosen to make a light citrus flavoured one, heralding Spring. Simple to make, the main "ingredient" is time, perfect to cook over a weekend and to use during the week as a "consommé" soup or stock.

Carcass of one chicken - previously roasted with lemons and garlic. If you can add a couple of chicken feet even better.

2 stalks of lemon grass, split open
2 bay leaves
3 tbsp of apple cider vinegar
Enough water to cover the chicken

Break up the carcass as thoroughly as possible. Put it in the largest pot you can, with a lid. Add the apple cider vinegar, water, lemon grass and bay leaves.

Simmer with the lid on for 24 hours. I make mine over a weekend, keeping it on the lowest heat possible from when I get up, till when I go to bed, turning it off overnight.

When ready the bones will be very soft and possibly crumbly. Sieve the mixture, firstly in a colander to remove the larger bones, and secondly with a finer sieve to remove the meat remains. Leave to cool, let the layer of fat harden so that this protects the mixture from oxidisation.

Refrigerate. When ready to use, break the fat, and use the liquid underneath. I decant mine into water bottles/ ice cube trays and freeze until ready to use for either a soup in itself, or a stock with lentils or to add to other soups.

Now to the good stuff, why take so much time to make a basic broth?

Our book, "Knife, Fork, Get Well Spoon" is available at Wholefoods in Kensington & on amazon.co.uk

This liquid protects joints, is good for gut health, supports the immune system, reduces inflammation, maintains healthy skin, boosts detoxification, supports metabolism, and is alkaline - very re-mineralising.

Known as "natures multivitamin", it supports every part of your body, gut, brain, muscles, ligaments. The key ingredients that are released during the slow simmer are minerals (calcium, magnesium, phosphorus, silicon, sulphur) and electrolytes and vital amino acids: proline, glycine, glutamine, glucosamine, hyaluronic acid, chondroitin sulphate, collagen, gelatin and glycosaminoglycans.
Pit your wits against our Kensington-centric crossword. Answers on Page 30

Across

1) Frieze of ________, frieze which encircles the podium of the Albert Memorial (9)
2) Brompton ________, neo-classical Roman Catholic Church in SW7 (7)
3) _________ Galleries, two contemporary art galleries in Kensington Gardens, Hyde Park (10)
4) British cinema chain which closed its High Street Kensington cinema in 2015 (5)
5) ____ Hotel, hotel at 53 Edith Road, West Kensington W14 (5)
6) Shoe and footwear outlet at 13 Kensington Church Street (3)
7) Retailer of skincare, bath and hair products at 70 Kensington high St (9)
8) _____ Pan, statue in Kensington Gardens, to the west of the Long Water (5)
9) Stationary outlet located at 227 Kensington High Street (5)

Down

1) John ______, Conservative politician born in Kensington in 1915; died 2006 (7)
10) ____ Collective, health club at 45 Phillimore Walk, W8 (4)
11) California burger place at 11 Kensington High Street (8)
12) ______ Road, thoroughfare between Holland Rd and Addison Rd, W14 (6)
13) Ibis ______, Hotel at 15-25 Hogarth Road, Kensington SW5 (6)
14) Wilfred ___, film director and producer of the silent era: born in Kensington in 1883 (3)
15) ________ Gardens, residential cul-de-sac off Palace Gardens Terrace, W8 (10)
16) Randolph ____, rugby union centre, born in Kensington in 1869 (5)
17) ___ Halm, chinaware and Japanese porcelain store at 66A Kensington Church Street, W8 (3)
18) Down to _____, vegetarian/vegan restaurant at 240-242 Kensington High St (5)
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cc: Peter G Trimming - https://www.flickr.com/photos/55426027@N03
Science Bites: Connecting Kensington’s Science Sites
By Dr Alex Anderson

Under the visible beauty of Kensington’s Albertopolis are a collection of tunnels connecting the area’s scientific sites. Two examples include the tunnels under what used to be the Imperial Institute (now Imperial College London) and the South Kensington subway. The Imperial tunnels were constructed in the nineteenth century to house the Imperial Institute’s heating systems. This underground tunnel network extends from Exhibition Road to Prince’s Gardens. Rumours suggest that in years gone by these tunnels were used to hosting drinking parties, and to secrete college mascots being held for ransom. Today the tunnels are off limits to students and house the college’s cables, wires and heating ducts. In comparison, the South Kensington subway was built by the Metropolitan District railway and opened by the Prince of Wales in 1885. The subway provided access to the Royal Horticultural Society gardens (which are now occupied by the Science Museum), with additional exits to the Natural History Museum and the South Kensington Museum (renamed the Victoria and Albert Museum in 1899. As you pass through the South Kensington subway it is worth thinking about what artefacts may have been unearthed during its excavation. Roman Empire Medallions were bestowed by the Emperor primarily intended as honorary gifts. The current Crossrail tunnel excavations have revealed over 10,000 artefacts, including bison bones near Royal Oak, and a bronze Roman medallion near Liverpool Street. 

(Image source: www.antique-marks.com)
Please join us on a Sunday morning at 8.30 or 11am

- 05 Mar: Why would God allow suffering?
- 12 Mar: Don’t all paths lead to God?
- 19 Mar: Hasn’t science buried God?
- 26 Mar: Mother’s Day all-age service
- 02 Apr: Do I need to bin my brain to believe?
- 09 Apr: Who was Jesus?
- 14 Apr: Why did Jesus die?
- 16 Apr: What’s the hurry?

Palm Sunday
Good Friday
Easter Sunday

Christ Church,
Victoria Road,
W8 5RQ
www.christchurchkensington.com

KENSINGTON’S BIG QUESTIONS
BUNNY HOP AND SEEK
1-16 April Adults £9 Concs £7 Children £5
Family £24
Hiding amongst the toys, sweets and games from generations of childhood memories are Peter Rabbit, Duracell Bunny, Disney’s Thumper and more. Find them all for a chocolate prize!
Venue: The Museum of Brands Notting Hill
www.museumofbrands.com

ROBOTICS EASTER CHALLENGE
1 – 17 April, 10.30, 11.30, 13.15, 14.15 and 15.15 hrs  Free
Visit the National Army Museum this Easter and see if you can master their robotic arms! Discover how the army uses technology with their robotics challenge. Can you complete their missions to make an ‘eggcellent’ piece of art? For more information see www.nam.ac.uk

DEIXIS, PART 1 at Mizoomi Gallery
To 2nd April  Free
Mizoomi (known for interior design and home refurbishment) is transformed into an Art Gallery. Five contemporary, internationally exhibited artists work will be on show: Charles Swan, Central Saint Martins alumni Can Sayinli, Francesco Albano, Miranda Whall and Murat Bulut-Aysan. Mizoomi, 168 Fulham Road SW10 www.mizoomi.com jay@mizoomi.com

CALLING ALL DOG OWNERS
3 April 08.30 hrs - 10.00 hrs Free
Specialist auctioneers, 25 Blythe Road are selling a collection of pictures of dogs from a London Club. Bring your dog along to a special viewing in support of The Kensington & Chelsea Foundation. Venue: 25 Blythe Road W14 0PD Free tickets- Eventbrite, search ‘Private View for Dogs and their Owners’.

WILD ABOUT NOTTING HILL, FROM WHITE TO GREEN.
4 April 19.30 hrs at St James Norlands Church, St James’s Gardens W11.
Meet London photographer Andrew Wilson and local historian Caroline MacMillan as they take you on a voyage of discovery through W11.

Tickets £8 inc. wine and soft drinks. See www.norlandconservationsociety.co.uk for info.

CENDRILLON - PAULING VIARDOT’S MAGICAL SALON OPERA OF THE CINDERELLA STORY WITH OPERA PRELUDE at LEIGHTON HOUSE
5 April 19.00 hrs - 21.00 hrs. Tickets £40 to include programme and interval wine
Pauline Viardot (1821 -1910) is known as one of the greatest mezzo-sopranos of her age. An enthusiastic composer herself, here the talented musicians from Opera Prelude re-create the intimate world of salon music with her opera Cendrillon - Cinderella. Venue: 12 Holland Park Road, W14 8LZ. Call 0207 183 7323 to book tickets, or email boxoffice@operaprelude.com www.operaprelude.com

WINE TASTING AT THE CONTINENTAL PANTRY
6 April 19.30 hrs - £45
The Continental Pantry hosts a wine tasting evening on the first Thursday of every month. Tickets can be bought through their website, prices include the tasting of five wines and canapés. Venue: The Continental Pantry, 57 Ledbury Road, W11 2BT www.thecontinentalpantry.com

BEETHOVEN ORCHESTRAL WORKS CONCERT SERIES, CONCERT 8
8 April 19:30 hrs  £10 (under 18s £5)
Conductor: Ben Knowles; Piano: Anthony Hewitt; Wellington’s Victory,, Opus 91 Piano Concerto in D Major after the Violin Concerto, Opus 61; Symphony No. 8 in F Major, Opus 93. Venue: St. James's Church, Sussex Gardens www.stjamespaddington.org.uk/events. www.ticketsource.co.uk/date/FLJEEG

BRUSSELS PHILHARMONIC WITH JÉRÔME PERNOO
9 April 19.00 hrs. Tickets from £18
Stéphane Denève and the Brussels Philharmonic Orchestra introduce audiences to the present century’s best symphonic compositions, including
Kensington Hub - I
St Philips Church, Earls Court Road, W8 6QH

Celebrate Easter with us

Maundy Thursday. 13 April. 7 pm

Holy Eucharist

Good Friday. 14 April. 12 noon

Two Hours at the Cross

Easter Day. 16 April. 10.30 am

Holy Eucharist

With guest choral quartet.

St Philips Church, Earls Court Road, W8 6QH

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Connesson’s Maslenitsa and Rachmaninov’s Symphonic Dances. Cellist Jérôme Pernoo performs Prokofiev’s Sinfonia Concertante for Cello and Orchestra. Venue: Cadogan Hall 020 7730 4500 www.cadoganhall.com

BACH’S ‘ST JOHN PASSION’ at ST MARY ABBOTS CHURCH 9 April Palm Sunday 18.30 hrs Tickets £15 (under 16s £7.50) A special Easter Baroque concert by candlelight, recreating the atmosphere of J S Bach’s original performance. Played on Baroque instruments by the Purcell Orchestra with the St Mary Abbots Choir. Book via 0207 937 5136 or online at: www.stmaryabbotschurch.org or visit the Church Vestry, Kensington Church Street.

EASTER IN KENSINGTON: PALM SUNDAY THROUGH TO EASTER SUNDAY 9 - 16 April Please refer to the advertisements in the magazine from St Georges, St Philips, Christ Church and St Mary Abbots for details about Events and Services during this Easter period.

“LINEAR EDGE” by ELERI MILLS 11 – 28 April Linear Edge reveals the inspiration behind Dorset artist, Vanessa Gardiner’s chosen subject; the coastal beauty of the British Isles. Thackeray Gallery. Est 1968 020 7937 5883 www.thackeraygallery.com

BREXIT AND THE ARMY 12 April, 19.00 hrs £10, concessions £7.50 Join the National Army Museum’s expert panel as they discuss how Britain’s exit from the European Union (EU) will affect the army and defence policy. National Army Museum, SW3 4HT www.nam.ac.uk

PHOENIX PIANO TRIO 20 April 19.30 hrs £18 / £12 concessions The Phoenix Piano Trio have performed in many of the UK’s most renowned chamber music venues. Their programme includes a delightful piece by Danish composer Niels Gade. Venue: St Peter’s Church, 119 Eaton Square, London SW1W 9AL 020 7288 6511 www.eatonsquareconcerts.org.uk

AFTER SCHOOL CLUB FOR GROWN-UPS at THE NATURAL HISTORY MUSEUM! 21 April 19.00 hrs - 01.00 hrs Join an evening of retro fun for grown-ups as night descends on the Museum. After being welcomed into a house by the Museum Headmasters, you’ll take part in activities as you explore the Museum after hours learning about the natural world. Interested? For tickets and more detailed information about the activities please see www.nhm.ac.uk

HALCYON QUARTET 27 April, 19.30 hrs £18 / £12 concessions The 2017 winners of the St Peter’s Prize present three works by masters of the string quartet form. Pieces by Haydn and Beethoven are performed together with Borodin’s second quartet. Venue: St Peter’s Church, 119 Eaton Square, London SW1W 9AL 020 7288 6511 www.eatonsquareconcerts.org.uk

SECRET GARDEN AFTERNOON TEA at THE ROOF GARDENS 1, 29 May & 28 August - Tickets £38 Relax in the beautiful gardens as you indulge in a traditional assortment of sandwiches, warm golden scones and delicious cakes accompanied by specially selected teas and coffees and a glass of fizz! Venue: The Roof Gardens, W8 5SA. Tickets: www.virginlimitededition.com/the-roof-gardens/whats-on

SHERLOCK JR (1924) 5 May, 20.00 - 21.30 hrs (doors open 17.00 hrs) £10 per ticket. Acclaimed organist Donald MacKenzie (Odeon, Leicester Square) accompanies a big-screen showing of Buster Keaton’s classic silent film Sherlock Jr. Venue: St John’s Church, Lansdowne Crescent, Notting Hill, W11 2NN Tickets: www.stjohnsorganproject.com or call 020 7727 4262
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HOLY WEEK AND EASTER SERVICES
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Full details at www.smaw8.org

<table>
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<tr>
<th>Date</th>
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| **Sunday 9 April**| **PALM SUNDAY:**  
9.00am       | Starting at St Mary Abbots Centre, Vicarage Gate:  
Procession of Palms and Sung Eucharist |
|                  | 6.30pm                     | St John Passion – J S BACH (tickets £15 from website or vestry) |
| **10 - 12 April** | **Holy Monday, Tuesday and Wednesday**  
9.00pm         | Devotional Address followed by Compline |
| **Thursday 13 April** | **MAUNDY THURSDAY**  
11.30am       | Holy Eucharist |
|                  | 7.00pm                     | The Liturgy of the Lord’s Supper |
|                  | 8.30pm - midnight         | The Vigil of Gethsemane |
| **Friday 14 April** | **GOOD FRIDAY**  
10.00am       | Children’s Passion Play |
|                  | 12.00-2.00pm               | Preaching the Lord’s Passion |
|                  | 2.00pm                     | Good Friday Liturgy and Communion |
| **Sunday 16 April** | **EASTER DAY**  
5.00am        | Easter Vigil, Ceremonies & First Eucharist |
|                  | 9.30am                     | Family Eucharist, Baptism and Easter Procession |
|                  | 11.15am                    | Choral Matins |
|                  | 5.00pm                     | Festal Choral Evensong and Eucharist |
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Selling
1,2,3

Answers to the Crossword on Page 22
Our recent awards

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