

THE Kensington MAGAZINE

February 2019

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Romance in Kensington



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Tomato Red Onion and Yellow Aji. This was washed down with a couple of glasses of riesling wine...delicious.

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THE Kensington MAGAZINE

This month Maria considers where marriages, mixed marriages and civil ceremonies can take place in Kensington; Sarah explores the love of former local resident and author, Agatha Christie, whilst Ben takes the topic of personal romance one step further, to encompass the love of our country. Sadly though, and for whatever reasons, not everyone is taken with February. If you are lonely please consider contacting Age UK or visiting RBKC Library where they offer a range of events. If you are younger and looking for someone to share your life with, there are few dating agencies based here in Kensington.

Within our What's On pages, we have five pages of activities to suit all - from exhibitions, talks, concerts and of course, Totem, from Cirque du Soleil, currently running at the Albert Hall,

We hope you enjoy reading this edition and finding out more about Kensington, Lucy

Front Cover Photograph: Red Rose, image source www.f4.bcbits.com

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Lucy Elliott, Editor

Hair by Toby from Hairspace at Annie Russell Fur Coat, LeLa Boutique, Photography: Julianfilms.com - all to be found in Kensington Church Walk

Read by 34,500 residents and businesses each month. The magazine is also available at WholeFoods, Sainsbury's Local, RBKC Library, Waterstones, Virgin, Marks & Spencers, St Mary Abbots, St George's Church, The Royal Garden Hotel, The Milestone Hotel, Peter Jones in Sloane Square and many other smaller outlets in W8.

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Love and Marriage in Kensington

By Maria Perry with illustrations by Charles Yorke

'Love and marriage , love and marriage,
They go together like a horse and carriage..!'

So ran a popular ditty, but by the Sixties the ethos changed. Couples who had lived together in harmony, split up and hurtled to the Divorce Courts, when the matrimonial knot was tied. Kensington, however, still breeds romantic aspirations.

The easiest place to marry is St Mary Abbots, since the law states that a marriage licence can only be issued to a Parish Church, but this applies only to residents, or those who can prove their parents married there. "We can arrange a marriage for them in only two months," says the Associate Vicar, the Rev. Jonathan Neaney.

St Mary Abbots holds 750 people and is an ideal venue for large weddings, but the Parish Hall is not available for receptions. "There are many good places nearby", says Jonathan. "Couples often choose The Orangery in Kensington Palace Gardens." He has never used the Marriage Service from The Book of Common Prayer, 1662. "People usually prefer simpler wording. Ladies also dislike the promise to obey!" Flowers can be arranged by the Church team, while Ray Washbourne's staff at Flower Corner, the adjacent stall are also wholly familiar with the lay-out. An additional advantage is that couples attending the Friday lunchtime recitals given at SMA by students from the Royal College of Music, sometimes find talented players for receptions.

For Roman Catholic weddings the Carmelite Priory, Kensington Church Street, usually requires six months notice. Fr. John Williamson stresses that couples must acquire a licence from the Registrar's Office in the Town Hall. (0207 736 4100). It takes 28 days to apply. On the 29 the licence becomes valid. Civil



marriages can be celebrated at the Town Hall, where elegant rooms for receptions abound, but a 'marriage licence' is now called 'An Authority to Marry.' In the case of 'mixed marriages' Roman Catholic churches usually provide a course of instruction for the non-Catholic partner.

Another charming place to marry is the Milestone Hotel, which offers flexible arrangements and excellent catering. Two rooms are popular, the Oratory, which was the chapel, when the building was a private house, holds eight and the Winsor Suite can accommodate thirty. A priest can be brought in either to conduct the ceremony, or offer a blessing.

Proposals in Kensington can also be sensational! My husband went to the opera but phoned in the interval to say "Will you marry me? If yes, look in my collar-stud box, where you will find a ring!"

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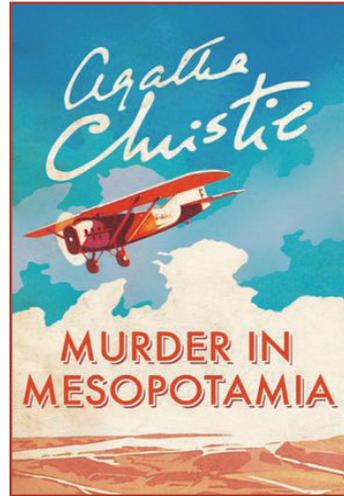
“Love in the Ruins”: Agatha Christie and Max Mallowan

By Sarah Goldsmith

1928 was a bad year for Agatha Christie: her divorce from Archie Christie became final and her mother died. Reeling from both, Christie booked a trip to Istanbul. Traveling to exotic locales was not new to Christie; after she returned home in 1910 from finishing school in Paris to find her mother ill, the two had booked a three-month trip to Cairo. After this trip, she had returned to England, settled into life, got married, had a daughter, and had continued writing. But her husband’s request for a divorce in 1926 became a catalyst for subsequent decades of travel, due in part to a fateful meeting in Ur in 1930.

After spending several months in and around Istanbul travelling, Christie took the Orient Express to Baghdad, landing there in 1930. Invited by friends Leonard and Katharine Woolley, Christie traveled to Ur, where Katharine was the primary assistant on site and Sir Woolley led the excavation of the site. The Woolleys and the trip to Baghdad and Ur provided great inspiration to Christie, who based *Murder in Mesopotamia* there (Katharine was also reportedly the inspiration for the murder victim in the book). More importantly, though, the Woolleys introduced her to one of Leonard’s assistants, Max Mallowan.

Mallowan fell hard for Christie, and the feeling was mutual, though she declined his first proposal due to their age difference (he was thirteen years younger). Young Mallowan prevailed, and six months later they were married in England. During the 1930’s the couple travelled, a lot, but they also frequently came back frequently to England. When they married, Christie was living at Cresswell Place in Chelsea, but in 1934, also the year they bought Winterbrook House, they moved to Sheffield Terrace in W8, which they made their London base for the next seven years. During this time they also travelled extensively to



Murder in Mesopotamia, was inspired by Agatha Christie whilst on holiday in Baghdad (Image source: www.harpercollins.com.au)

places like Nimrud, Mosul, Palmyra, and other Middle Eastern destinations. Christie recorded these travels in her book *Come, Tell Me How You Live*, which also has fascinating photos of her life on an archaeological site with Mallowan.

Their marriage proved to be long; it ended with her death in 1976. Reportedly the two were devoted to each other, supporting and encouraging each other in their separate endeavors. Christie accompanied Mallowan on his subsequent expeditions, helping to photograph, record, and preserve sites. Those travels also provided good fodder for her writing. Mallowan supported her writing, giving her time and encouragement, yielding a productive and popular period of her writing life. As a testament to their encouragement of each other’s talents, both Mallowan and Christie achieved honours (Christie was given a CBE in 1956, and in 1971, a DBE, whilst Mallowan received a CBE in 1960 and was knighted for his work in 1968) in their own right.

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EXHIBITION

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BETTER

Editor's Review: Brocket Hall, Hertfordshire

By Lucy Elliott

If you are thinking of getting away from Kensington this February, Brocket Hall – only 22 miles from central London but a world away from the hustle and bustle, might be somewhere romantic to consider. Set in 543 acres of parkland, comprising a stately home built in 1760s, two premier golf clubs, the Nick Faldo Golf Institute and an internationally acclaimed restaurant, it provides the most tranquil and picturesque setting for any occasion.

Over time, the Grade 1 Listed Brocket Hall has entertained royalty and politicians. King George IV, a frequent visitor and supporter of

Certainly in Lord Melbourne's time, Queen Victoria was a regular guest, enjoying both the privacy and the luxury, Brocket Hall afforded.

Moving swiftly to the 21st Century, we found Brocket Hall to be picturesque and tranquil. Within hours of arriving, the stress of London life (and deadlines) was gone. The Hall is situated above the lake – across which sits Auberge du Lac, an internationally award-winning restaurant, romantically placed just besides the lake. The grounds undulate with velvet green for the golf course that intertwines itself with the Hall and the lake (so much so that a ferry is available for golfers and



the 'sport of kings', built a racecourse around the perimeter of the Hall. Subsequently Melbourne Lodge, formerly the stables and coach house, now provides accommodation for 16 en-suite rooms, all named after famous horses of the day. Lord Melbourne and Lord Palmerstone both lived at Brocket Hall (although having the somewhat ignominious claim, of also, both having died there).

their buggies so they can complete the course the ease.) Like all good stately homes there is a beautiful bridge complete with weir and filled with water lilies.

The stately Hall comprises 30 rooms and can only be booked for its exclusive use in its entirety – thus perfect for corporate events, weddings or large family parties. For those



wishing to experience a 24-hour break from London, sixteen en-suite rooms are available in Melbourne Lodge. The rooms, probably best described as in a state of 'faded elegance' have good views overlooking the Hall and the lake. Ours, 'Sun Chariot' was a well positioned corner room and had the deepest bath ever seen (or indeed, used.)

With a five-minute stroll across to Auberge du Lac, built in 1760 and a former Hunting Lodge, we sat for drinks on the beautiful terrace with lakeside setting. Inside, for dinner, we experienced (and I hesitate to use this word but it was) a sublime meal. Under Head Chef, Matt Edmonds, the restaurant received two AA Rosette awards in the same year. For the amuse-bouche a particular delicious eel dish; as a starter, the Wye Valley Asparagus, with cucumber, apple, lemon and mint salad was



beautifully presented – and the Weymouth Crab equally tasty. For our main courses, we had Hay Ash Saddleback Port with roast belly, baby gem and Wild mushrooms, and Belted Galloway Beef Rump with wild garlic pesto, broccoli and puffed rice. Deserts were unusual, delicious and beautifully presented: Vairhona almond inspiration cremeux and jelly, apricot toasted almond crumble and vanilla and 46% Bahibe Chocolate Marquise, with honeycomb, aerated bahibe and buttermilk sorbet.

In addition to the main dining room, Auberge has 5 private dining rooms suitable for parties ranging from 2 to 16 guests.



For a weekend away, with many acres to explore and in addition to the two golf courses and Golf Academy, there are plenty more activities on offer, such as clay pigeon shooting, tennis and croquet. In addition to the usual car parking facilities, Brocket Hall also has two helipads (just in case).

Brocket Hall, Welwyn
Hertfordshire, AL8 7XG

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All images: Lucy Elliott

Kensington News I

NEW BUSINESSES IN THE AREA

Oak Artisans are a bespoke flooring and furniture business with their flagship showroom in Kensington Church Street. Their friendly service includes a full consultation, site survey and sample panel making. They are vastly experienced in offering bespoke matching joinery and staircase cladding in keeping with the period of your Kensington home. Oak Artisans will finish your floors by hand in their own North London factory using traditional techniques by their own craftsmen. They offer a full warranty fitment package, using their own experienced carpenters. Oak Artisans believe that a truly bespoke hand finished floor doesn't have to cost the earth. 97 Kensington Church St. oakartisans.co.uk

Charles Hanson is famous not only for his expertise in Antiques and Collectibles, but also his appearances on the BBCs Bargain Hunt, Antiques Road trip and more. Having extended his business in Derby to London, they are holding a number of Free valuation days across London. Twice a month they will be based at 28 Jameson Street, Notting Hill. They also like to support local charities with collections and advertising, for Notting Hill they will support Cancer Research. Whilst the Valuations are free, any donation to this Charity is greatly appreciated. Due to his Television commitments, Charles cannot attend every Valuation day, but other Antiques experts and expert members of the Hansons team will be on hand to give valuations www.hansonslondon.co.uk or call 0207 018 9300.

The ways a father and son navigate life together were the inspiration for **JACK & ME**, the London based footwear brand born to celebrate Father&Son relationship providing quality, stylish footwear they could enjoy together. Well-made, ethically-sourced and

timeless British classics with an emphasis on the fit, Jack&Me shoes are tailored to the modern expectations of fathers and sons everywhere. The shoes are all handcrafted in Italy and could be purchased directly from the brand website and from some independent men and children boutiques around the country. Boys shoes from £89, Men shoes from £189. To purchase see www.jackandme.co.uk

GENERAL NEWS

Marika Henriques who lives in South Kensington with her Swedish husband has just published '**The Hidden Girl: The Journey of a Soul**' (£25 hardback). A visually beautiful book, with powerful drawings, tapestries and poems together with a moving narrative about the author's experience of being a hidden child in Nazi occupied Hungary. It is hard not to be touched by this extraordinary story, deeply personal, yet also universal and timeless. 'The Hidden Girl' is an inspiring and fascinating account of resilience and courage about healing, overcoming dark forces with imagination and creativity. A must read for old and young to have a better understanding of what had happened in a horrendous part of history. www.shepherd-walwyn.co.uk/product/the-hidden-girl.

The Design Museum's new exhibition is '**David Adjaye: Making Memory**'. This explores the role of monuments and memorials through seven projects created by the celebrated British-Ghanaian architect. Highlights include a recreation of a full-scale section of the Sclera pavilion from 2008 and a replica library area from the Gwangu River Reading Room in South Korea. Visitors will also be offered a first look at unbuilt projects such as the UK National Holocaust Memorial and Learning Centre and a proposal for the Martin Luther

Kensington News II

and Coretta Scott King Memorial in Boston.

Few outside the corporate communications industry will have heard of local resident **Reg Valin**. Yet he transformed the industry with his high value added concept of research based integrated communications and helped give it a seat at the boardrooms of many of the UK's major corporations. Unlike better known names such as Sorrell and Saatchi, fraudulent behaviour in an American subsidiary of his communications powerhouse, the Valin Pollen International Group, meant he profited little from his vision while the many he influenced subsequently did so. This is but one chapter in the life of an extraordinary man, described compellingly in his memoir 'Not As Planned' (Angus Maitland, Chairman, AMO)

Trailfinders, who were recently named 'Travel Experts' by readers of National Geographic Traveller for the second consecutive year, are back at the RHS Chelsea Flower Show in May 2019, working with garden designer Jonathan Snow for a second consecutive year to create The Trailfinders 'Undiscovered Latin America' Garden. Inspired by the rainforests of South America, the garden is covered in lush planting with cool temperatures and wet conditions underfoot. With its dramatic waterfalls and striking red walkway that winds its way through the garden, around the waterfalls and among the planting, this is sure to be an unmissable event.

Join professional portrait painter **Claire Eastgate** for a workshop in portrait painting. All ages and levels of experience, this workshop focuses on painting the portrait instinctively rather than academically. Leaning towards expressionism rather than traditional representation, the workshop focuses on how the eye works naturally with colour and form rather than adopting traditional

measuring techniques. This allows the eye to train rapidly in responding to colour, tone and form instinctively, your ability in drawing and measuring will come naturally, ultimately capturing the character and likeness of the sitter.

Olympia Auctions is the new name for 25 Blythe Road, London's Specialist Auctioneers which was founded in 2007 by Thomas Del Mar. Olympia Auctions host internationally attended sales of antique arms, armour and militaria, silver, sculpture glass, ceramics, jewellery, miniatures, paintings, drawings and prints, textiles, maritime and scientific art and objects. Each auction is accompanied by a profusely illustrated catalogue with scholarly entries. Pre-sale exhibitions take place in the Gallery and bidders may participate in the public auctions by attending in person, through the internet, by telephone, leaving written or commission bids. New Website: www.OlympiaAuctions.com

CHARITY/CHURCH/RESIDENT'S GROUPS/ SOCIETIES' NEWS

Globechain, the leading British reuse marketplace, has announced it has saved London businesses and charities over £1,180,000 and diverted 2.1 million kilos of corporate waste from landfill. Founder May Al-Karooni told The Kensington Magazine how anything from chairs to retail fixtures to obsolete stock from corporate partners including the NHS, B&Q and M&S are redistributed to charities and small businesses dramatically reducing capital costs. When listed on the site, items are free to collect and provide a lifeline for charities like APRODEJ, a Guinea-based charity with volunteers in London, working to tackle Female Genital Mutilation and poverty. globechain.co.uk.

Kensington News III

'Together: Our Community Cookbook' has been shortlisted in this year's André Simon Food and Drink Book Awards. Through 50 recipes, the book tells the story of a group of women who, in the aftermath of the Grenfell Tower fire, gathered together as the Hubb Community Kitchen to cook fresh food for their families and neighbours. The book includes a foreword by Meghan Markle, HRH The Duchess of Sussex, and includes simple, delicious recipes from the Middle East, North Africa, Europe and the Eastern Mediterranean. The winners of the André Simon Food and Drink Book Awards will be announced on 5 February.

A recent 'Green' Sleepout was held in St Philips Church to help fight homelessness in Kensington. A group of children and adults from the Church, led by Vicar Pippa Turner, decided to take action. They teamed up with the Church of England's Urban Fund project, who work with those in need. Those attending learnt more about this challenge. Most of them stayed the night, sleeping on the floor in the church hall. As one participant explained "It was an amazing experience, but admittedly very different to the struggles that those without a safe home face." The event was (almost) plastic free and more than £500 was raised to support the Urban Fund's important activities. One young participant, Maya Cunningham, commented: "I feel really bad for people who are sleeping on the street especially in winter, so it felt good to raise money for the charity." To donate please visit www.sleepoutchallenge2018.everydayhero.com/uk/st-Philips-sleep-in.

This year's 'Totem' from Cirque du Soleil production did not disappoint (even if some of the national papers on this, did). Less sensationalism than in previous years, acrobatic displays, gymnastic feats defying



Fixed Trapeze Artists at Totem
(Image source: Cirque du Soleil Inc.)

gravitation and lots more were on offer. As testament one little girl sitting next to us, spent the evening with her mouth open with frequent gasps of wonderment. With inspiring costumes, this year's theme was the evolution of mankind, from water creatures to the flying man via a dose of 'high in the sky' acrobatic love. Jaw dropping skill and artistry. Would highly recommend for the family.

And finally, recognising not everyone is enamoured by the month of February and particularly not with the date of the 14th: If for any reason you feel lonely, Age UK offers regular get togethers for older residents of the community, and also provides tie-ups between local volunteers who have time to visit those who are house bound. Please don't suffer from loneliness in silence. If would like support, please either call 020 8969 9105 or visit their website: www.ageuk.org.uk or visit RBKC Library who offer a range of activities.



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Winning Wines: Canada

By Trevor Langley

Canada is located in the northern part of North America. English and French are two languages that are widely spoken. Other languages to be heard are Chinese, Spanish and German, amongst several more. The arts, literature, music and sports, plus culture and religions, along with history, attract and interest many visitors, constantly. Summer and winter temperatures can vary, throughout the different areas of Canada.

Canadian cuisine has many variations, over numerous regions. Canadian wines, which have been produced for over 200 years, are now receiving much publicity and popularity, with awards being gained at prestigious competitions and events, around the world. Award-winning Megalomaniac Wine produces a range of excellent quality, affordable wines, all with attractive presentations. Their Bespoke Series Chardonnay is favoured by many. Versatile and with an appealing bouquet, this white production has a very positive mouthfeel and palate sensation and is also a favourite to complement a lot of cuisine, including fish and white meats. Also, within the Bespoke Series, Pinot Noir and Cabernet Franc are regularly selected by lovers of red wines. Both of these possess a very pleasing nasal sensation, having an abundance of dark fruits, that carries through to the mouth's pleasures, which is full, smooth and splendid on the palate. Perfect accompaniments to red meats. Gamay Avant-Garde is another red, from the same winery, which also has regular 'devotees'. Juicy dark fruits, again prevail, throughout, for this wine. Superb and often chosen to grace many dining tables and occasions.

If a rose 'sparkler' is required, then Megalomaniac Bubblehead will certainly



Niagara Chardonnay from Thomas Bachelder
(Image source: www.thomasbachelder.com)

not disappoint. Having a pleasant bouquet, an elegant taste and being a great all-rounder, this wine utilises best quality Pinot Noir grapes to great advantage. Perfect for celebrations and events, plus al fresco, adding that 'extra something' and colour to an occasion. Fabulous Canadian Icewine is available, too.

For further details and more information: John Howard Cellars of Distinction, Vineland, Ontario, Canada. www.megalomaniacwine.com

Other very impressive wines, including Chardonnay and Pinot Noir productions, can be found from Thomas Bachelder (Niagara-on-the-Lake, Ontario, Canada). Also worth checking out is wine found from www.thomasbachelder.com www.libertywines.co.uk

GET WELL SPOON



February

Sweet Potato Rosti with Mushrooms

This is a very easy to make brunch or supper dish. As we go through the winter our vitamin D levels can decrease, leaving us prone to low mood and low immunity, so I thought that I would devise a dish with as much vitamin D as possible!

Sweet potato rosti

1 large sweet potato, grated
1 large egg, beaten
Handful of fresh herbs
Sprinkle of semolina/polenta

Mushroom topping

4 large Portobello mushrooms
2 small anchovies per mushroom
Spoon/blob of mozzarella cheese per mushroom

Mix together the sweet potato, herbs and egg and make into a palm sized round. Squish together if it is a bit loose and pat into some polenta (on a plate) to loosely cover, this gives a bit of crunch and helps the rosti to stay formed. Cook in an oven, on baking paper for 25 minutes at 200c or until golden. Keep warm until ready to be stacked with the mushroom.

Under a hot grill, grill the upturned mushrooms which the anchovies in their bottoms for 5 minutes and add the mozzarella and grill until bubbling and cooked. Place the mushroom on top of the sweet potato rosti and bon appetite!

We share about 40% of our DNA with the mushroom kingdom, both of us make vitamin D in sunlight under our skin, which is why if you wish to boost the vitamin D content of mushrooms leave them in the sunlight for an hour or so.



Egg yolks are a good source of vitamin D and so is mozzarella, if the chicken, cow or water buffalo has been allowed to roam outside. Anchovies are an excellent source too. The sweet mozzarella balances the saltiness of the anchovies and the anchovies also give an umami taste, lovely with the sturdy mushroom.

Sweet potatoes are full of fibre as well as containing an array of vitamins and minerals including iron, calcium, selenium, and they're a good source of most of our B vitamins and vitamin C. They are high in an antioxidant known as beta-carotene, which converts to vitamin A once consumed. This will help keep us strong and healthy as winter draws to its close.

Text: Victoria Kell - Illustration: Alena Bèche

Our book, "Knife, Fork, Get Well Spoon" is available at Wholefoods in Kensington & on amazon.co.uk

Romantic Kensington

By Benedict Bull

In considering this copy, I thought first of the language of flowers and role of different flowers in Medieval European society and the English vernacular traditions. What they represent, when they are used, how they are applied. Then I thought of Flora herself and considered specifically the role of women in gardens. Then I considered the physical places. So, I begin my study, not in the gardens themselves or even in the plants, but in the words.

Fellow denizens, burghers of Kensington, of course we presume we know the etymology of Kensington. The Anglo Saxon Chenesiton or people of Chenesi. In 1086 Kensington was owned by the De Vere family. It comprised three large houses, and two farms, and then a series of market gardens, before the development in earnest began of houses. Today it is a sparkling residential and commercial community of great diversity and talent and unique metropolitan identity, not without its own inequality and tragedy.

When I looked up Romance, I moved beyond the linguistic significance of the vernacular Latin spoken in western Europe, to the tale of a hero or heroine of chivalry, which crucially involves their personal adventures.

And this sense of our personal adventure is the subject of the column today - adventures in Kensington. Here Romantic is used in the robust sense seventeenth century usage where it denotes imagination and passion. It denotes here an adventure that we undertake as fellows.

In 1942, in the Dig for Victory propaganda, 'Lend a hand on the land' it is suggested that the work was pleasant, with rosy cheeks and smiles, stacking high yield corn in the sun. The correct assertion is that the work was often hard, and conditions and equipment were



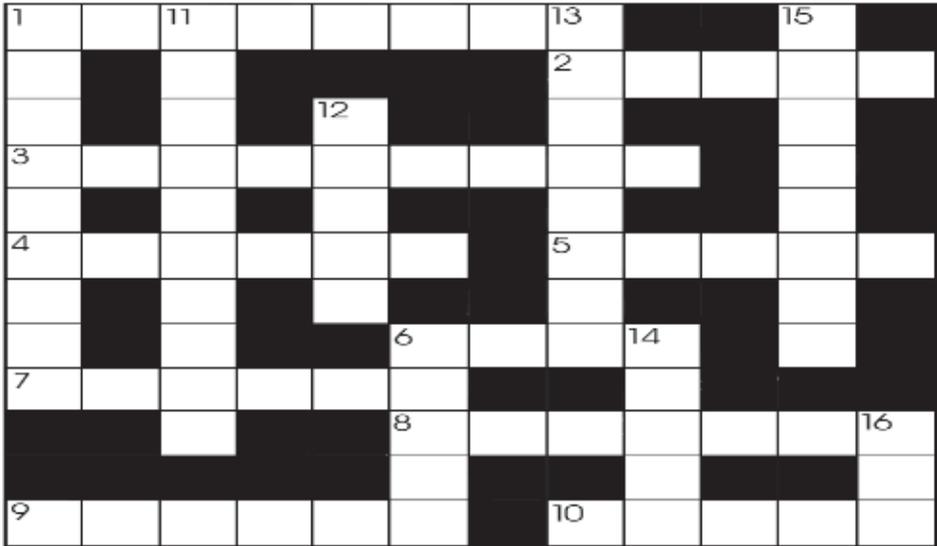
Working on the allotment at Kensington Gardens, as part of the 'Dig For Victory' campaign
(Image source: IWMprints.)

often poor, and that women were never paid at the same rate as men. But our labour was shared. The goal was to turn flower gardens into vegetable gardens, and there is startling picture of August 1942 (above). It shows productive vegetable allotments in Kensington gardens in the foreground of the Albert Memorial as one looks from the Albert Hall. The Ministries were responsible for doubling food production in this period. These efforts were truly heroic, and the place remains romantic.

Is it because it possesses greenery and wealth today that Kensington signifies that verdant and affluent part of the wider more impoverished metropolis, that Kensington is socio-geographically a romantic topos? Kensington as a place is Romantic in a more complete way in that it has such a social nature that it allows a great diversity of people to enrich it? Is it not the very real adventures good and bad here that make our community, our very lives in this very place, and that alone in the final analysis that is our adventure, and the place is the arena in which we experience each other's lives?

The Kensington Crossword

By Dave Saunders



Pit your wits against our Kensington-centric crossword. Answers on page 28

Across

- 1) The _____ Arms, pub with restaurant located at 1 Kensington Court Place, W8 (8)
- 2) _____ Mews, row of former stables situated to the north of McLeod's Mews, SW7 (5)
- 3) _____ Road, residential street running between Harcourt Terrace and The Boltons, SW7 (9)
- 4) Janklow and _____ Ltd, publishers at 13A Hillgate Street, W8 (6)
- 5) George Gilbert _____, designer of the Albert Memorial (5)
- 6) Vicarage _____, residential cul-de-sac off Brunswick Gardens, W8 (4)
- 7) _____ Gardens, residential street to the west of Campden Hill Road, W8 (6)
- 8) Wine merchants at 17 Kensington Church St, W8 (7)
- 9) _____ Place, cul-de-sac west of Wallgrave Road, SW7 (6)
- 10) Traditional Italian restaurant at 73 Old Brompton Road, SW7 (5)

Down

- 1) The _____, gastro-pub located at 1 Allen street, W8 (9)
- 6) _____ of Kensington, male barbers at 29 Victoria Grove, W8 (5)
- 11) Former sporting goods store at 130 Kensington High St, W8; closed in 2018 (10)
- 12) Royal College of _____, conservatoire in SW7, established in 1882 (5)
- 13) _____ Square, residential mews off Addison Road, W8 (8)
- 14) Carmen _____, actress and singer born in Kensington in 1973 (5)
- 15) _____ House Museum, former home and now a gallery for paintings and sculpture located at 12 Holland Park Rd (8)
- 16) Wellbeing _____, beauty and massage therapy venue at 43 Kensington Church Street, W8 (3)

Kensington Cultural Quarter: What's On I

TOUCHING DISTANCE

1 Feb – 8 March. Thursdays and Fridays
12:00 – 16:00

In the exhibition, the artists Alyona Larionova, Sophia Al Maria and Terry Ryu Kim investigate the relationship between control, dependence and vulnerability within the current climate of mass migration and hyper connectivity. Exposed Arts Projects, 4 Drayson Mews W8 4LY www.exposedartsprojects.com

OPEN HOUSE LONDON ARCHITECTURE ON THE THAMES CENTRAL BOAT TOUR

Saturday 2 February 1pm. £35.50

This afternoon's tour along the River Thames surveys the landmark architecture of central London's embankments and the skyline beyond. Led by a specialist architect guide. Pre-order mulled wine tickets available Crown Pier, Victoria Embankment EC4Y tours@open-city.org.uk / <https://goo.gl/dhDTSF>

DAVID ADJAYE: MAKING MEMORY

2 Feb-5 May 10am-5pm £12 Adult £6.50 Child

Discover new monuments and memorials by celebrated British-Ghanaian architect, Sir David Adjaye OBE. See ongoing work and explore the influences behind the highly acclaimed Smithsonian National Museum of African American History and Culture in Washington D.C. and more. Venue: Design Museum www.designmuseum.org

MOUNTAINS OF THE MOON

5-28 Feb Mon-Fri 10am-5pm

Sat 10am-4pm Free

Experience the spectacular landscapes and endemic flora and fauna of the Rwenzori Mountains as captured by travel photographer Steve Russell. Described by Henry Morton Stanley on first sight as 'appearing like a beautiful cloud or mirage' the Rwenzori Mountains between Uganda and the DRC are

like nowhere else on earth. Venue: Royal Geographical Society. www.rgs.org

TH'IMPORTANCE OF BEIN' EARNEST

5 – 23 February, 7.30pm £16 (£14 concs)

Jack loves Gwendolen, Gwendolen loves Ernest, Algy loves Cecily, Cecily loves Ernest, Gwendolen's Ernest is Jack, Cecily's Ernest is Algy and who on Earth is Burnbury!?

Don't miss this hilarious new production of a timeless comedy. Venue: The Drayton Arms Theatre. 020 7835 2301

www.thedraytonarmstheatre.co.uk

COMMUNITY ENERGY EVENT

5 February 18:30 – 20:30. FREE

Learn about Kensington and Chelsea's first community energy co-op with free music, food and drinks. Hear why local councillors and schools support this project, and how similar schemes have worked across London. Venue: Small Hall, Kensington Town Hall, W8 7NX. email: dave.fuller@repowering.org.uk, www.repowering.org/NKCE

'TAKING THE PLUNGE'

6 Feb - 6 March Wednesday, Friday & Sunday afternoons 2pm-8pm. Free entry
Watercolour portraits celebrate the strength and natural beauty of a diverse group of women who join together in a water work out. by local artist Gill Bradley. Venue: Kensington Leisure Centre, Silchester Road, W10 6EX
Contact gbradley@dircon.co.uk

'THE FAVOURITE' COSTUME DISPLAY

Til 8 Feb 10am-2:30pm £19:50 adults £9.70

Child. View costumes created for Olivia Colman, Emma Stone, Rachel Weisz and other cast members of The Favourite, and learn more about the history behind the film, in the Queen's Gallery at Kensington Palace this winter. Kensington Palace www.hrp.org.uk

Kensington Cultural Quarter: What's On II

'THE LADY FROM THE SEA' BY HENRIK IBSEN.

130th Anniversary Production
8 Feb-9 March 2019. 7.30pm. £30/25 + concessions. An outstanding cast give an insight into Ibsen and Norwegian culture from the Norwegian Ibsen Company in a new English/Norwegian version. Venue: Print Room at the Coronet. 020 3642 6606 www.the-print.room.org

KENSINGTON GARDENER'S CLUB – CHELSEA PHYSIC GARDEN LECTURE

Saturday 9 February. Free to members, £5 for guests. Anne Edwards will speak about 'The Chelsea Physic Garden Past and Present'. Afternoon tea to follow. Meet in the basement lecture theatre of the Kensington Central Library, Phillimore Walk, W8 7RX. www.kensingtongardeners.co.uk or call Susan on 020 7727 5235

HALF-DAY COURSE ON HAPPINESS

Saturday 9 Feb 1pm-5pm £43
This interesting course takes a closer look at the science of happiness, the practice of gratitude, mindfulness & meditation, self-care, building self-esteem, the power of compassion & kindness, maintaining positive relationships, prioritisation and coping skills. Refreshments included. Venue: Safestay, Holland Park
To book: www.thehappinessworkshop.co.uk

WALKING TOUR: THE SECRET PET CEMETERY OF HYDE PARK

9 Feb 10:30am-12pm £10 Booking necessary
This is a special opportunity to visit the Victorian Pet Cemetery in Hyde Park, which is rarely open to the public. The cemetery dates back to the 1880s and contains the remains of around 1,000 animals, many in graves marked by tiny headstones. To book and more information please see www.royalparks.org.uk

MOTHERHOOD

11 – 17 February 2019
An Exhibition of pastels and paintings by Amy Shuckburgh and sculptures by Arabella Brooke
Amy Shuckburgh's works evoke the private world between mother and child. Arabella Brooke's bronze female forms express universal questions about identity and meaning.
Venue: Olympia Auctions, 25 Blythe Road, London W14 0PD www.OlympiaAuctions.com

PIANO CONCERT AT LEIGHTON HOUSE

Tuesday, 12th February @ 19.30.
£20 adults, £10 students
Outstanding pianist Christian Sandrin's programme brings together some of the finest Classical and Romantic music with pieces by Mozart, Haydn and Chopin. Venue: Leighton House, 12 Holland Park Road, W14 8LZ. For more info and to book your tickets: www.kcsmusic.org.uk kcmsinfo@gmail.com

FIONA McALPINE: "Life in Colour"

12 February – 1 March 2019
A beautiful collection of vibrant paintings, Fiona paints with a gift for pattern, full of energy, integrating jugs and flowers into the natural rhythm of the surrounding landscape.
Tel: 020 7937 5883 www.thackeraygallery.com

HAWKESDOWN HOUSE SCHOOL: OPEN MORNING

Thursday 14 February
09.15 am or 10.15 am.
If you are at the stage of looking at prep schools for your child, there is an opportunity to visit Hawkesdown House School, a Preparatory School for boys & girls in Kensington (W8) on this Open Morning. If you are interested, please telephone the School Office on 0207 727 9090 to register for a place. www.hawkesdown.co.uk

Kensington Cultural Quarter: What's On III

SYMPHONY ORCHESTRA OF INDIA

20 & 25 February 2019, 7.30pm, from £18
Tabla player Zakir Hussain joins the orchestra on 20 February for his own composition Peshkar – a concerto for tabla and orchestra. Violinist Marat Bisengaliev performs on 25 February with a programme including Bruch's Violin Concerto No.1 Venue: Cadogan Hall 020 7730 4500. www.cadoganhall.com

DISCOVERY DAY – BRILLIANT BIRDS

20-21 Feb 11am-3pm Free
With food becoming scarce towards the end of winter, give the birds a helping hand at The LookOut Discovery Centre in the heart of Hyde Park!. Drop in any time between 11am and 3pm to take part in a host of exciting activities. www.royalpark.org.uk

EVE SHEPHERD: FLESH & BONES

22nd February - 6th March FREE
Meet the artist: 23rd Feb 2-5pm
Eve Shepherd has been described as “unique in the world of modern sculptors” by Professor Anthony Stone, former President of the Society of Portrait Sculptors. Venue: 508 Gallery, 508 Kings Road SW10 OLD. 0203 719 3109. luanna@508kingsroad.com
www.508kingsroad.com

CINEMA MADE IN ITALY 2019

26 February – 3 March. Tickets: £10 - £12
Cinema Made in Italy brings a brand new array of Italian cinematic delights to South Kensington: an alluring line-up of recent Italian productions, plus film-maker Q&A sessions Ciné Lumière, 17 Queensbury Place, London SW7 2DT, T +44 (0)20 7871 3515
www.institut-francais.org.uk/italianfestival

CIRQUE DU SOLEIL: TOTEM

Til 26 Feb Times/Dates/Prices vary
An unforgettable spectacle for all ages. Totem takes you on a stunning journey into the Evolution of Mankind – from our original

amphibian state to our ultimate quest for flight. Venue: Royal Albert Hall www.royalalberthall.com. And why not combine this with the official pre-show Afternoon Tea at the [Royal Garden Hotel](#) in Kensington. Available from £31 per person, until the 26th February. To reserve please visit www.royalgardenhotel.co.uk or call +44 (0)20 7937 1999

The Friends of Holland Park Talk:

A WALK IN THE PARK:

POLICING LONDON'S GREEN SPACES.

Thursday 28th February, 7 pm
Tickets: £18 to include wine and canapés. Inspector Mike Rumble, head of the bi-borough parks police force, will reveal what lies behind the police presence in Holland Park. Venue: The Orangery, Holland Park, W8 6LU Telephone: 020 7602 0304 rhoddy.wood@virgin.net www.thefriendsofhollandpark.org

2-FOR-1 COCKTAILS AT BRUNELLO BAR,

The Baglioni Hotel

Mondays, Tuesdays and Wednesdays from 5-8pm. Enjoy 2-for-1 Cocktails when you order the same one until 31st March 2019. Brunello Bar, Baglioni Hotel London +44 (0)207 368 5900 | brunello@brunellohotels.com | @BrunelloLondon

PROTYTPING IN TOKYO

Til 17 March Mon-Sat 10am-8pm Sun 12noon-6pm Free. Innovative prototypes created by world-renowned engineer and Professor at the University of Tokyo, YAMANAKA Shunji. Explore the potential of prototypes acting as links between cutting-edge technology and society, offering us a glimpse into the structures and textures of the future. Venue: Japan House London. www.japanhouselondon.uk

André Simon Food & Drink Book Award 2018 Nominee

FAIZA HAYANI BELLILI'S

Caramelised plum upside-down cake

As soon as I heard about the Kitchen, I volunteered to help, cooking recipes from my homeland, Algeria. This cake is one my Mum used to make. She always said plums are an unreliable fruit – they can be quite sour when raw. This brings out the best in them.

serves 8–10

2 tsp sunflower oil,
for greasing

300g granulated sugar

100g unsalted butter,
very soft

1/2 tsp vanilla extract

1/2 tsp salt

8 plums, halved and
stoned

40g dark brown
soft sugar

2 eggs, beaten

25g cornflour

50g ground almonds

100g plain flour

1 tsp baking powder

Preheat the oven to 170°C. Grease a 23cm round springform cake tin with the sunflower oil and place on a baking sheet.

For the caramel, put 225g of the granulated sugar into a small, wide, heavy pan on a low heat. Without stirring, let the sugar dissolve completely. Once liquid, let it gently bubble for 15–20 minutes or until it is a deep golden colour. Add 10g of the butter, half the vanilla extract and the salt, gently swirling the pan to combine the butter as it melts. Once fully incorporated, immediately remove from the heat and pour the caramel into the prepared cake tin. Place the plum halves on top, cut side down, nestled tightly together, and set aside.



In a large mixing bowl, beat the remaining butter together with the remaining granulated sugar and the brown sugar until pale and creamy: this will take 2–3 minutes using a handheld electric whisk; if you don't have one, use a wooden spoon. Add the eggs one at a time, beating well. Once the eggs are well combined, add the remaining vanilla extract, the cornflour, ground almonds, flour and baking powder to the bowl and fold through with a metal spoon until just combined (taking care not to over-mix), then pour over the plums. Smooth over the top, then bake for 40–45 minutes until cooked through: a thin skewer inserted into the centre of the cake should come out clean. Transfer the cake to a wire rack and leave to cool in the tin for 5 minutes before turning out onto a serving plate. To do this, put the serving plate on top of the tin and flip over before releasing the sides of the tin and removing the base. Let the cake cool for a further 5 minutes before slicing.

**Together: Our Community Kitchen by The
Hubb Community Kitchen
(Ebury Press, £9.99)
Photography by Jenny Zarins**

South Kensington Cultural Quarter: What's On I

WONDERLAB: THE EQUINOR GALLERY

Open daily Day passes from £8
Fuel your imagination and immerse yourself in a world of wonder at the most spectacular interactive gallery in the world. Revealing the beauty of the science and maths that shape our everyday lives, this unmissable experience will ignite your curiosity, and inspire you to see the world around you in new and exciting ways. Venue: Science Museum
www.sciencemuseum.org.uk

LEGO MOVIE

2 Feb 2pm & 10 Feb 11am £5
The first-ever full-length theatrical LEGO® adventure is an original 3D computer animated story that follows Emmet, an ordinary, rules-following, perfectly average LEGO minifigure who is mistakenly identified as the most extraordinary person and the key to saving the world. Venue: Institut-français
www.institut-francais.org.uk

MARY POPPINS RETURNS

3-24 Feb Dates/Times vary £5
When the Banks family suffers a tragic loss, Mary Poppins reappears magically to bring back some joy and wonder with the help of the always optimistic lamplighter, Jack. Venue: Institut-français
www.institut-francais.org.uk

CHINESE NEW YEAR CONCERT

4 Feb 7:30pm Free but a ticket is required
Celebrate the Year of the Pig as we welcome in the Chinese New Year with a special concert of traditional and western repertoire curated by RCM musicians Venue: Royal College of Music
www.rcm.ac.uk

ORCHESTRAL MASTERWORKS: TCHAIKOVSKY AND CHAMINADE

7 Feb 6:16pm £5-8
Award-winning conductor Holly Mathieson

returns to the RCM to direct an evening of late-Romantic music, featuring Cecile Chaminade's much loved rhapsodic work for solo flute. Venue: Royal College of Music. www.rcm.ac.uk

WER HAT DIES LIEDLEINN ERDACHT?

10 Feb 7pm £5
The world of Gustav Mahler's Des Knaben Wunderhorn Lieder as seen through the eyes and ears of pianist Roger Vignoles. Venue: Royal College of Music. www.rcm.ac.uk

PIERRE HUYGHE: UUMWELT

Til 10 Feb Free
Pierre Huyghe is one of the world's leading artists. He creates porous and contingent environments, complex systems in which living and non-living, real and symbolic agents evolve. Venue: Serpentine Galleries
www.serpentinegalleries.org

BACH CANTATAS

12 Feb 7:30pm £5
The RCM Chamber Choir and Baroque Orchestra come together under the baton of Chair and Head of Historical Performance Ashley Solomon to perform popular Baroque works. Venue: Royal College of Music
www.rcm.ac.uk

MIDNIGHT IN PARIS + Q&A WITH ANNE SEIBEL

14 Feb 6:30pm £5
A screenwriter hero named Gil (Owen Wilson) strolls the lanes of Paris with his head in the clouds and walks right into his own best fantasy. Venue: Institut-français
www.institut-francais.org.uk

HARLEM QUARTET

16 Feb 7:30pm £5
Grammy Award-winning Harlem Quartet brings our Chamber Festival to a thrilling close with a vibrant and diverse programme of classical and jazz works from all over the world.

South Kensington Cultural Quarter: What's On II

Venue: Royal College of Music
www.rcm.ac.uk

GRACE WALES BONNER

Til 16 Feb Free

Grace Wales Bonner explores mysticism, ritual and magical resonances within black cultural and aesthetic practices. Over the course of one month, a multi-sensory installation and a series of happenings will invite contemplation and activate the spaces of the Serpentine.

Venue: Serpentine Galleries
www.serpentinegalleries.org

DESIGNS BY THOMAS CHIPPENDALE

Til 17 Feb Free

Generations of furniture makers have admired and envied Thomas Chippendale's talent. In celebration of the 300th anniversary of his birth, this display presents a selection of his original furniture designs. Venue: V&A
www.vam.ac.uk

RCM BRASS ENSEMBLE

21 Feb 7:30pm £5

This concert showcases talented ensembles from the RCM Brass Faculty, with performances from the Trombone Choir, Horn Ensemble, Trumpet Ensemble and Tuba Ensemble.

Venue: Royal College of Music. www.rcm.ac.uk

LIFE IN THE DARK

Til 24 Feb 19 – Child free Adult from £7:50

Leave daylight behind and put your senses to the test in this illuminating exhibition. Meet the creatures that thrive at night, in pitch-black caves and deep in the sea. Venue: Natural History Museum. www.nhm.org.uk

VIDEO GAMES: DESIGN/PLAY/DISRUPT

Til 24 Feb

Child free Adult from £18 Booking advised
Daily, Families, £18, children under 11 free
This exhibition provides a unique insight

into the design process behind a selection of groundbreaking contemporary videogames.

Venue: V&A. www.vam.ac.uk

BE INSPIRED: CRUSOE'S ISLAND

25 Feb 2:30pm-4pm £5 Booking required

Marking the 300th anniversary of Defoe's classic, Alexander Maitland sketches the life and adventures of the original Robinson Crusoe, and revisits the landscapes and people of Mas a Tierra in the Juan Fernandez Islands off Chile where Alexander Selkirk was marooned from 1704-1709. Venue: Royal Geographical Society. www.rgs.org

'IN MY ROOM'

27 Feb 7pm £5 book through Eventbrite

Things are not going well for cameraman Armin. At the age of 40 he feels disillusioned and lost. And then, one day, he wakes up and all other humans have vanished – is this another one of life's cruel tricks or a welcome opportunity? Venue: Goethe-Institut
www.goethe.de

THE LAST TSAR: BLOOD AND REVOLUTION

Til 24 March 2019 Free – Booking required

Explore the extraordinary lives and deaths of Tsar Nicholas II and his family and go behind the scenes to uncover the science behind one of the greatest mysteries of the 20th century. Venue: Science Museum
www.sciencemuseum.org.uk

UNSTOPPABLE VOICES

Til 18 April Times/Dates/Prices vary

Unstoppable Voices season represents London's most vital, dynamic and original artistic perspectives. Join the artists, poets and musicians with something urgent to say in 2019. Venue: Royal Albert Hall
www.royalalberthall.com

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Answers to Crossword on Page 21



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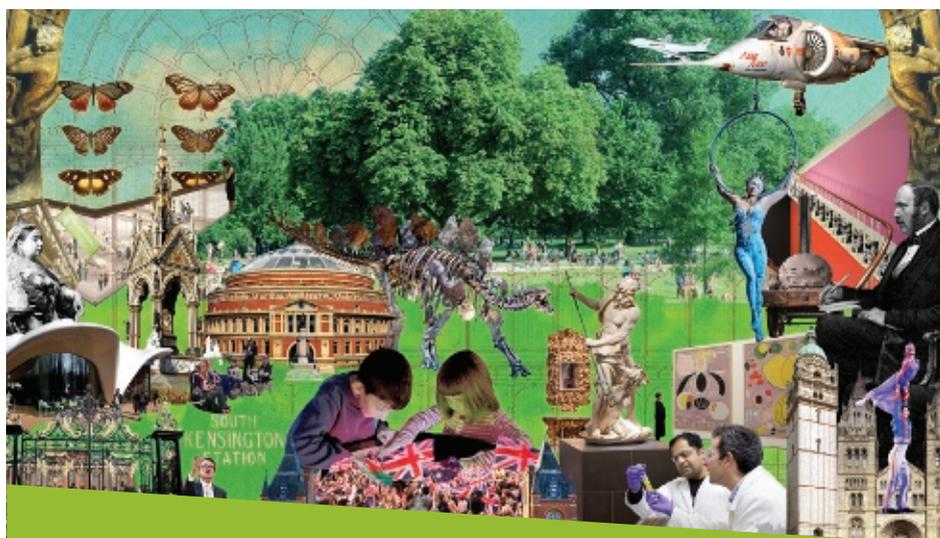
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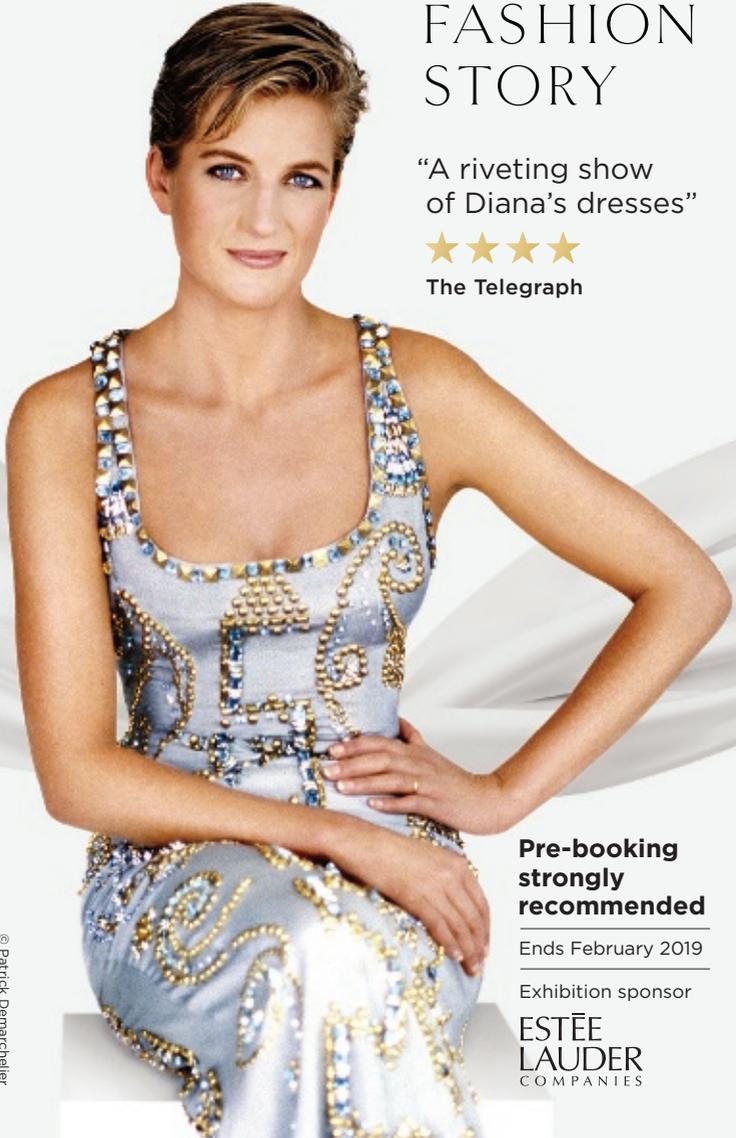
DIANA

HER
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