

THE Kensington MAGAZINE

October 2018

ISSN 2058-2226



GHOSTLY SIGHTINGS IN KENSINGTON

THE Kensington MAGAZINE

It transpires Kensington has a good supply of ghosts: naturally you would expect Kensington Palace to have a few, including the sounds of Princess Sophia's spinning wheel (although none actually exists there). In Kensington Garden, presumed to be a servant, a male appears in breeches, walks around before disappearing (www.jessicajewettonline.com). A ghostly apparition was photographed on a section of the underground between Knightsbridge and South Kensington stations where the rails curve sharply to avoid an ancient burial pit, where thousands of bodies were stacked during the Great Plague of the 17th Century - is this haunted by wandering travellers stuck underground?

If you venture to Holland House you may come across the headless ghost of the Earl of Holland, or, venture forth to the Coronet in Nottinghill and see the ghost of the cashier so overcome with guilt at being caught stealing from the till, she threw herself over the balcony. At Ladbroke Grove you might be able to see the phantom double decker bus which apparently appears in the middle of the night, causing road accidents. We wish you a ghostly October! Lucy

CONTENTS

Is Halloween really an American Tradition?	4
Where are the Ghosts of Kensington?	6
Editor's Review: The Copthorne Tara Hotel	8
The Lost Ghosts of Heligan	10
What's Happening at the Odeon Cinema	12
Kensington News	14-15
Wine Review: English Wines	18
Kensington Crossword	20
Get Well Spoon: Warming Vegan Curry	22
Kensington Cultural Quarter What's On	24-26
South Kensington Cultural Quarter What's On	27-28
Small Box Advertisements	29

CONTRIBUTORS

Aletta Richie, Victoria O'Neil, Maria Perry, Charles Yorke, Dave Saunders, Trevor Langley, Sarah Goldsmith, Alex Anderson and Benedict Bull.
Guest Writer: Caroline McLean

GET IN TOUCH

EDITOR & PHOTOGRAPHY: Lucy M Elliott
0203 667 8762 07921 558520 editor@thekensingtonmagazine.com

PUBLISHER: The Kensington Magazine Ltd

WEBSITE: www.thekensingtonmagazine.com
www.lucyelliottphotography.com



/TheKensingtonMagazine



#KensingtonMag



Lucy Elliott, Editor

(Hair by Toby from Hairspace at Annie Russell)

Read by 34,500 residents and businesses each month. The magazine is also available at WholeFoods, Sainsbury's Local, RBKC Library, Waterstones, Virgin, Marks & Spencers, St Mary Abbots, St George's Church, The Royal Garden Hotel, The Milestone Hotel, Peter Jones in Sloane Square and many other smaller outlets in W8.

Whilst every care has been taken to ensure that the data in this publication is accurate, neither the publisher nor the editor, nor its editorial contributors can accept, and hereby disclaim, any liability to any party for omissions resulting from negligence, accident or any other cause. All artwork is accepted on the strict condition that permission has been given for us in this publication. The Kensington Magazine Ltd does not officially endorse any advertising material included within this publication. All rights reserved. No part of this publication may be reproduced, without prior permission of The Kensington Magazine Ltd.



BAGLIONI SPA WELCOMES NEW VEGAN & CRUELTY-FREE BRAND: INSIUM

Baglioni SPA, a hidden gem of wellbeing in the heart of Kensington, has recently welcomed vegan and cruelty-free Italian brand INSIUM, exclusive to Baglioni in the UK.

Baglioni SPA is offering readers of Kensington Magazine the opportunity to experience Baglioni Hotel London's first Vegan and Cruelty-Free Spa treatments. The experience includes the SOGNO Lifting Facial, a superior and peaceful treatment perfectly developed to battle the stresses and strains of our modern, fast-moving lives. After the treatment, indulge in the new Brunello Bar and Restaurant vegan menu for lunch or dinner.

OFFER INCLUDES:

INSIUM's SOGNO Lifting Facial (60 minutes)

Complimentary use of the steam room prior to the treatment

3 course Vegan lunch at Brunello Bar and Restaurant

Complimentary glass of Ferrari sparkling wine

FROM £115.00 PER PERSON

FOR RESERVATIONS AND MORE INFORMATION

Tel: +44 207 368 5923 | Email: spa.london@baglionihotels.com | Open daily from 9am to 9pm

TERMS & CONDITIONS

Available until 30th November 2018. Reservations subject to availability.

Offer price includes 20% VAT, excludes discretionary service charge of 12.5% and beverages.

BAGLIONI HOTEL LONDON

60 Hyde Park Gate
London, SW7 5BB, UK
Tel. +44 207 368 5800
www.baglionihotels.com/london



The unforgettable Italian touch

Share with us



#BaglioniLondon #BaglioniHotels
#LuxuryHotel #London

Is Halloween really an American Tradition? Looking at the history of Halloween

By Sarah Goldsmith

Growing up in suburban Washington, D.C. in the 1980s and 1990s, every Halloween our neighborhood came alive. Lights lit every house while intricately carved pumpkins stood on doorsteps or porches with candles flickering. Some neighbours went all out, with skeletons in trees, fake witches on brooms, ghosts floating on wires - all to be cleared away by 1st November as if nothing had happened. Little did I know the same was happening in London.

There's a misconception in the U.S. that Halloween is an old world tradition carried overseas, when in fact it is a mish-mash of different traditions celebrated at Halloween, and woven into a very American holiday. Most historians date Halloween back to the medieval holiday of All Saints Eve / All Hallows Eve and a celtic festival called Samhain. In different parts of Europe, All Hallows Eve was celebrated in different ways, with "dooking for apples" in Scotland or carving faces on turnips in Ireland. In Germany, Scandanavia and other parts of Europe, people in fancy dress would parade around the streets (silently) in a practice called "mumming." In England, "souling," where people would ask the rich for cakes in return for prayers for their souls, was a common practice on Medieval feast days. In Brittany, children put candles in 'skulls' in graveyards on All Hallows' Eve.

Trick-or-treating and the modern concept of Halloween was brought about by mass migration in the 19th century from Scotland, Ireland, and other parts of Europe and Scandanavia to North America. 'Guising' of children going from door to door for coins or food originated in Scotland and Ireland, and made its way over to North America by the early twentieth century which is when "trick or treating" is first recorded in 1911 in Kingston, Ontario. By 1915 in Chicago, there is mention

of children asking for treats in disguise, and by 1927 the practice was first cited as 'trick or treating' in Alberta, Canada. The first mass produced costumes appeared in the U.S. in the 1930s (though contrary to public sentiment, most modern Halloween costumes are a mix of store-bought and homemade costumes). But it wasn't only 'guising' that crossed the ocean, all of the different traditions and cultures merged at the turn of the twentieth century to create the Halloween that we know now: the turnips the Irish were carving became pumpkins, bobbing for apples became a staple at Halloween parties and candles in pumpkins became a fixture.

As Halloween gained ground in the U.S. in the 1930s, it followed with the migration of Americans in the 1970s and 1980s to London. Alice Saunders, who grew up in Kensington and Chelsea in the 1980s and 1990s, always dressed up for Halloween, but it "went bonkers in our neighborhood when the Americans arrived and they did the coolest exterior décor." It was "the first time I'd seen adults really go for it on the costume front." Another local resident, Claire Hubbard, observed that in her neighborhood in Westminster, a lot of young American families at that time "shared the tradition with the rest of the street." One major difference in today's celebration of Halloween is one that both sides of the pond lament. One woman who grew up in London noted that while in the 1980s "we made our own costumes and went trick or treating in the American parts of London," nowadays it does seem "more widespread and more commercial." And today, though trick-or-treating has spread out from the typical ex-pat American enclaves, decorations in the traditional ones such as Phillimore Gardens or Palace Gardens Terrace are still in full swing and hard to beat.

The Milestone Hotel & Residences



CELEBRATE WITH US!

A beautiful Grade II listed mansion house hotel that exudes charm and elegance, with our Windsor Suite, Cheneston's restaurant and The Oratory lending themselves perfectly to sophisticated, intimate dining for just six guests or a Cocktail Reception for 40.

Book a festive event for 6 or more guests from October through December 2018 and receive a complimentary glass of Champagne, sabraged beside your table.

THE
RED CARNATION
HOTEL COLLECTION


To book your bespoke festive celebration,
call us on +44 (0) 207 917 1000 or email MeetMS@rchmail.com.


LEADING
HOTELS®

Ghostly Times: Where are the ghosts of Kensington?

By Maria Perry with illustrations by Charles Yorke

"There are no such things as ghosts," said my Mother emphatically, " but if you think you see one, say the 'Our Father' and it will go away."

This early lesson in stalwart Christianity was delivered when I was about five years old. I had developed a fixed idea, that if I flushed the lavatory, a skeleton would arise from its pan. I therefore pulled the handle and then pounded down the stairs without pausing to wash my hands in the bathroom. To remedy this, I washed them in the scullery, which elicited complaints from our maid, Doris Bickerstaff, who accused me of 'getting under her feet'. It was a bad idea to offend Doris; she used to take me to the Blackpool Illuminations.

I must say, I have never seen a ghost, although I have often visited, or stayed in houses, where certain rooms are said to "have a presence". Kensington, of course, abounds in ghosts and there is no better place to start searching for them, than at the Palace. Princess Margaret's biographer, Christopher Warwick lists several ghosts, which have been repeatedly sighted in Apartment 1a, which used to be her home. In an article entitled, 'A Home fit for a King - or Two', Warwick describes sightings of King George II, who died in his water closet, Queen



Mary II (wife of William III) and of Peter the Wild Boy, who was brought from Germany to the Court of George II, but continued to lead a feral life in the palace gardens. It is also said that the spinning wheel of Princess Sophia, the most wayward of George III and Queen Charlotte's children, can sometimes be heard whirring away in Apartment 10.

Apartment 1a however, is regarded as the most regularly haunted area. In the 1970s Princess Margaret's housekeeper, Mrs Mac once saw 'a Lady in Regency Dress', whom I believe to have been the Duchess of Inverness. She later married the Duke of Sussex and was known as 'the Double Duchess'. At a time when the top floors of Apartment 1a were used as staff quarters both Mrs Mac and John the Butler had retired for the night, when they heard a blood-curdling scream. Both leaped out of their beds and ran down the corridor towards each other. Both insisted that neither of them had uttered a sound. The scream was never repeated, but the housekeeper and the butler moved immediately to a different floor.



S. Ovcharuk

The True Colours

28th Sept. - 08th Oct., 2018



Paintings by Sergej Ovcharuk

Admission Free.

Opening times: 9:30 am – 7pm daily.

**In association with the Royal Borough of Kensington
and Chelsea's Parks Service'**

**The Ice House, Holland Park, Ilchester Place, London W8 6LU
Car park entrance, Abbotsbury Road, W14.**

Putting the ‘Local’ into Localism: The Copthorne Tara Hotel

By Lucy Elliott

In the 1990s Corporate Social Responsibility (CSR) was the buzzword for businesses to ensure they acted responsibly, ethically and sustainably. As a self regulated tool, some businesses took this more seriously than others; those who did so, used it as part of their marketing and promotional material. Today CSR is taken as industry-standard, but in addition, companies are now including ‘Localism’: working with the community and “giving something back”. In Kensington where wealth is so disparate, this is well needed.

The Copthorne Tara, an 833 bedroom hotel in central Kensington with over 300 members of staff, serving some half a million guests annually, is an example of a business working with the local community. Under its new General Manager, Nathan White, it aims to re-establish “... the hotel as a resource to start serving the community”. As such there has been a sea change in the way they recruit their staff which is now driven to attract potential staff from the Borough of Kensington & Chelsea, at all levels. Personal Development is encouraged and training offered. Staff are encouraged to put their name forward for in-house Awards, as well as external. As an example, Viki Sdepanian, Meetings & Events Sales Manager has been shortlisted for the miaList 2018 Awards (Meetings Industry Association).

As Nathan explains, the hotel wants to embrace the people who work for them, and also places great value in working with individuals or groups within the local community; in the summer it provided a glass of Prosecco to the 350 guests who attended the 100 Years of Women’s Vote, Tea Party in the Town Hall for older members of the community and it recently hosted a Kensington Business Forum event for some 50 local businesses. In September the hotel collaborated with Grenfell United, to give

senior school children the chance to be ‘Hospitality Masters for the Day’. Here they were taught how to lay tables, and serve Afternoon Tea. After the training, all the pupils invited their families for Afternoon Tea, showing off what they had learnt. For many who attended this was their first experience of such. Another recent initiative has to become a ‘Corporate Friend’ of Royal Hospital Chelsea.

The Hotel are providing volunteer members of management to assist with the North Kensington Community Energy Project, a Council-run initiative to tackle climate change and provide clean local energy. Its remit is to “... empower local people to generate clean electricity, reduce energy bills and carbon emissions.” (www.rbkc.gov.uk/greenerborough). There are many local benefits to this scheme, such as paid work experience for installing solar panels, free workshop and training opportunities and paid internship programmes for those participating. The hotel is also engaging with a number of North Kensington charities with emphasis on assisting children from disadvantaged backgrounds.

Recently the hotel was delighted to be Finalists in the 2018 Kensington & Chelsea Business Awards for: Best Employer; Best Hotel and Best Customer Service Categories*. Since the Copthorne Tara is one of the sixth largest hotels in the capital, the sea-change in recruitment methods, and the integration of working more closely with the local community can only be a win-win for all parties.

*At the time of printing, the Winner’s have not been announced

Copthorne Tara Hotel, Scarsdale Place,
Wrights Lane, W8 5SR 020 7 937 7211
www.millenniumhotels.com

Celebrate this *Christmas* and *New Year* with the
Copthorne Tara Hotel London Kensington

Festive
PARTIES

- Duck & orange pâté with cranberry salad, toast and fig chutney
- Fresh ginger & lemongrass boost shot
- Roast breast of turkey with cranberry stuffing and traditional trimmings
- Christmas pudding with berry compote and brandy sauce

From
£26.00
per person

Festive
AFTERNOON TEA

£19.50*

*Based on two people sharing one afternoon tea stand

Add a glass of sparkling wine for **£6.50 per person**

SPECIAL OFFER

Book by **28th September 2018** and receive a welcome glass of mulled wine per person for your party.

For further information or to book, please call **020 7872 2912**
or email events.tara@millenniumhotels.com

SCARSDALE PLACE, KENSINGTON, LONDON W8 5SR
WWW.MILLENNIUMHOTELS.COM

Copthorne
TARA HOTEL
LONDON KENSINGTON

TeenShop

Designed by Teens for Teens

We offer fashionable, everyday wear for fashion-conscious young people searching for teenage clothing online.

- > Street fashion to trendy designer looks
- > Affordable, High-Quality, Everyday wear
- > Boys and Girls clothing in 9-16yrs
- > Next Day delivery available

Visit our **One-Stop Online Shop**
15% OFF your first order with code: **TKM2018**



WWW.TEENZSHOP.CO.UK

The Lost Ghosts of Heligan

By Benedict Bull

Looking for ghosts in gardens this week has led me Heligan in Cornwall. Here the term ghost is used in the loosest sense to denote not the direct perception of an incorporeal entity but rather the reported event; a person's expression of their experience of fear or their imputation of an uncomfortable psychological experience in a place. The Lost Gardens of Heligan is identified by its persisting association with the ghostly and mysterious.

For example, consider the misadventure of intense suffering of the men of Heligan. The use of the name lost is a key signifier here, as it denotes the gardens themselves and the connotes the men themselves who died in the world war. Both sets of information are available and directly related in an unseen way.

The men of Heligan who died in the trenches of the war were lost and the lost gardens are present in Heligan, depending on the active or passive sense, or from the perspective of the men that are lost, or from the perspective of the lost gardens that exist. This linguistic conceit describes the structure of the experience too and the elision of time and subjects and meaning and the hidden association.

This laying out of the lexical ambiguity and the transfiguration of loss at Heligan is however no less deliberate than that of the Temple of Worthies, with its obvious conflation of modern and classical figures of merit. Both the ghostly and the melancholy require a naïve viewer. The worthies do not purport to however, they require an ambitious viewer engaged in the material implication of value.

A gardener working in the lost gardens of Heligan expressing his sense of the uncanny is asserting the garden as ghostly. The conflation



The Gardeners at Heligan; many of whom fought in World War I
(Image source: www.heligan.com)

of the physical and the literary landscape is complete here. The report is an action that is clearly an act of fabrication at a basic level of assertion of significance that affects the place as it can be experienced by subsequent visitors and relates to previous sentiments too in a universal set of intangible qualities.

Here the basic anticipation of disturbance is itself a psychological form of ambition. In this case it relates directly to the sublime and then the picturesque, and the discovery of a hidden resource which inform the viewers and create a material culture of perception that has a separate life to that of the object viewed.

The appearance of an idea, the promotion of its name, and suggestion of associations, the photographic archive of material remains, the acts of restoration, the energy of garden making, the persisting contours on the ground and the luminosity of the trees and the play of the light all support the dominant ideas associated with this place, and its lost qualities and all these are personified by the ghostly.



OPERA PRELUDE PRESENTS

FOREVER ENGLAND

ENGLISH SONG IN THE YEARS OF THE FIRST WORLD WAR

LEIGHTON HOUSE MUSEUM

Thursday, 11TH October 2018 7.00pm (doors open at
6.30pm)

*Featuring artists from the **Royal Opera House's Jette Parker Young Artist Programme** and the **Rising Stars of the Orchestra of the Age of Enlightenment***

Francesca Chiejina, soprano
James Way, tenor
Natalie Burch, piano

Tickets £40 (to include programme & interval glass of
wine) in advance from

www.operaprelude.org

0207 183 7323

Charity number 1158309



What's Happening at the Boarded Up Odeon?

By Guest Writer: Caroline McLean

This plot has run for a long time and the outcome remains uncertain. Many residents are longing to re-enter the magnificent deco frontage again to see a film. Years ago the RBKC UDP plan changed the use from 'cinema' to 'cinema and residential' which was fertile ground for the cinema's demise. In the hands of developer Northacre planning approval was won in 2007, and the next developer Minerva extended that permission in 2012. Both did not build.

The old post office site and some of the buildings in the Earl's Court Road were acquired (but not the wasteland on the corner of Pembroke Place) which extended the site further. This land banking cluster, coupled with the area on which the Odeon sat, has been in the hands of Delancey headed by Jamie Ritblat recently. A parcel of potential for which Savills suggested offers in excess of 80 million pounds, other people think the value is half that much, but the actual value is unknown. Delancey have proved to be masters of "the new alchemy" of obtaining planning permissions from RBKC to add square footage and 4 floor basements to the cinema and related sites.

PLAN 1 PP/14/07276 was considered sacrilege. Delancey desired giving the entire cinema facade and land to a luxury flat entrance and forming a main cinema entrance on the Earl's Court Road. RBKC planning recommended approval but at a packed Major Planning Meeting, councillors voted to refuse the questionable plan. Undeterred, Delancey instigated and mounted a costly appeal to override our councillors' opinions and won.

PLAN 2 PP/15/02618 had a cinema entrance through the main 1926 frontage down to a basement cinema but still having luxury Delancey dwellings dominating with a corner wasteland remaining. Delancey have

demolished the rear of the 1926 building, callously and unceremoniously razing it to the ground. Apart from the key parts of the front facade. Photos shown, both in publications and on television news, revealed that after the first stage of demolition much of the 1926 interior was clearly visible (Now available to see on www.rbkc.gov.uk as the MOLA Archaeological Standing Building Report 1-3). The vast auditorium with sweeping balcony, stage features, cartouche, coffered and decoratively plastered ceiling, Deco friezes and tea rooms make the place more like a West End theatre.

The latest 'Evening Standard' and 'Times' September news reports that an unknown buyer or company associated with the Indian developer LODHA could be in the process of buying the site. RBKC Leader Elizabeth Campbell is quoted as leading the charge for the return of the cinema. Residents must be immediately informed, if pre-planning discussions were to occur with any owners again, so that no further planning concessions are given behind closed doors. Further clarification is also being sought that PP/15/02618, with the cinema accessed through the 1926 facade, is the application being implemented as RBKC suggest. Or is the current hoarding just developer propaganda? The ending is uncertain and in Elizabeth's hands.

For Further Information Contact:
www.rbkc.gov.uk for Planning Department
Elizabeth Campbell leader@rbkc.com
cllr.james.husband@rbkc.gov.uk (vice-chair
Planning Comm & Planning App. Comm.)
ann.cyron@rbkc.gov.uk (vice-chair on the
Planning Committee and Planning Applications
Committee)
Edwardes Square, Scarsdale & Abingdon
Conservation Area Association www.essaw8.com;
www.kensingtonsociety.org



We build our mortgages around you

At Handelsbanken, we provide a personal mortgage service, with a dedicated account manager and the power to make clear and timely decisions within the branch. No matter how simple or complex your circumstances, we take the time to understand your needs, to help find a solution that is right for you, whether buying a new home or remortgaging.

Contact:

Julie Thompson

Individual Banking Manager

Tel: 020 7937 1036

Email: juth01@handelsbanken.co.uk

Jennifer Peacop

Individual Banking Manager

Tel: 020 7937 1043

Email: jepe13@handelsbanken.co.uk

handelsbanken.co.uk/kensington

Handelsbanken

Your home may be repossessed if you do not keep up repayments on your mortgage

Our lending facilities are only available to persons aged 18 or over and are subject to status. Written quotations and Terms & Conditions are available on request.

Handelsbanken is the trading name of Svenska Handelsbanken AB (publ). Registered Office: Svenska Handelsbanken AB (publ), 3 Thomas More Square, London, E1W 1WY. Registered in England and Wales No, BR 000589. Incorporated in Sweden with limited liability. Registered in Sweden No, 502007-7862. Head Office in Stockholm. Authorised by the Swedish Financial Supervisory Authority (Finansinspektionen) and the Prudential Regulation Authority and subject to limited regulation by the Financial Conduct Authority and Prudential Regulation Authority. Details about the extent of our authorisation and regulation by the Prudential Regulation Authority, and regulation by the Financial Conduct Authority are available from us on request.

Kensington News I

NEW BUSINESSES IN THE AREA

Forget traipsing over to Trumplers in Jermyrn St - Kensington now sports a beautifully designed traditional style barbers shop: 'Old School Barber' at 97a Kensington Church St. The concept was designed and built by owner, Val, and is his vision of how a real barber shop should be. "A place a man can take time-out and treat themselves to a great classic haircut." Certainly a striking looking barbers, complete with coffee machine, TV and even a motor bike to admire. 0207 018 5490 or see www.oldschoolbarber.uk

www.teenzshop.co.uk is a one-stop-online-shop for Teens and tweens. Fashionable, up to date ('trendy') clothing that they will finally want to wear! Designed by teens for tweens and inspired by runway looks. Affordable pricing and high-quality with next day delivery available. From everyday hoodies and sweats to more evening looks- and loads of accessories to complete the look.

GENERAL NEWS

The Kensington Magazine were delighted to collaborate with the **Baglioni Hotel** for a 'Meet your Neighbour' event where the hotel showcased Italian wine and nibbles, and provided guests with life music. About 40 local residents enjoyed the hospitality, and the opportunity to meet their neighbours from the local area. The Major of Kensington and Chelsea, Cllr. Marie-Therese Rossi also attended, and met a guest who she had been at school with! Many thanks to the Baglioni for their generosity.

One local resident believes sculpture can brighten our streets and that forecourts close to the pavement offer those with an artistic

flare an opportunity to showcase **sculptures**, providing an alternative view for those whose eyes are fixed on their phone. For sculpture, size, shape, colour and reflecting surfaces are critical but also unexpected motion may catch the eye and, at least, break the spell, the more so if that motion creates a sound. Perhaps one sculpture, 'KAMI', balanced on its corners, turning in the wind will both resonate like a bell against its stainless steel clapper and reflect a changing light - if you would like to see this installation, pop over to 180 Campden Hill Road, and see for yourself.

There are currently two exhibitions running in Kensington both based on the notion of sustainable development but about as diverse in content as they could be. **Japan House's** exhibition '**Biology of Metal**' brings the traditional craftwork of metal makers from Tsubame-Sanjo in Japan to Kensington; showcasing the beauty of craftsmanship and illustrating how economic benefits are resulting from training young artisans in this ancient craft. A small but beautiful exhibition. At the Design Museum; the **Beazley Award 2018** is a very thought-provoking exhibition showcasing items from the worlds of fashion, architecture, digital, transport, product and graphic design - all addressing environmental or sustainable development concerns. Brilliantly simple sometimes, extraordinarily complex in others; these prototypes will lead the future. Both exhibitions highly recommended.

If you want to find out different perspectives on things that matter in Kensington, (particularly planning issues), you could try fromthehornetsnest.blogspot.com/ where, under the eagle eye of The Dame, residents are able to air their views - positive or negative!

Kensington News II

Anthony Whishaw RA has lived and worked in his Kensington studio since the 1950s. Two landmark works from the 1950s, *The Last Supper* (1959) and *Crucifixion* (1956), will be re-hung in the recently refurbished Christ Church, Victoria Road, in October. They complement a large contemporary painting currently on display at Tate Britain entitled *Corrida* (1955-6). *The Last Supper* is one of Whishaw's most significant early works in which he brings a seriousness and emotional weight to ordinary people and everyday situations. *The Crucifixion* focuses on the intense personal suffering and loneliness without showing Christ's entire body, the Cross or surrounding people.

Obituary: For more than fifty years **Ivor Guest's** contributions to the history of ballet covered a very wide spectrum. Many of his thirty two books are standard, specialist works noted not only for the depth of his research but also for readability. He is primarily known for his detailed chronicle of ballet at the Paris Opéra and for his biographies of celebrated dancers and choreographers of the 19th century. For 23 years he was Chairman of the Royal Academy of Dance, London. In 1997 he was awarded an honorary doctorate by the University of Surrey, the highest degree – D. Univ.

CHARITY/CHURCH/RESIDENTS' GROUPS/SOCIETIES' NEWS

Family Friends provides early intervention support to disadvantaged families living in West London. The aim of the charity is simple: to help families to help themselves. A trained volunteer is matched to each family and visits their home each week for a year, offering practical and emotional support. The work changes lives by empowering

families and building on their strengths. We are looking for local residents who are good listeners with an empathetic nature. If you would like to find out more about this Queen's Award for Voluntary Service winning charity please kindly contact: Graham Jackson email: info@familyfriends.uk.com or phone: 020 8960 9099

A disability sports charity who deliver Community Clubs in 11 London Boroughs, including Kensington and Chelsea, has received a donation to help it provide a children's holiday club for the next school year. **Disability Sports Club** received a £1,000 donation from **Persimmon Homes North London**. The money was donated through the regional housebuilder's monthly Community Champions scheme. Each month, the regional business donates up to £2,000 to community groups. Damian Seddon, director-in-charge at Persimmon Homes North London, said: "Disability Sports Coach clearly provides a much-needed service across London".

LEGS (Local Exercise Group for Stroke) provides physiotherapy-led rehabilitation in a supportive and enjoyable group environment for people who have had a stroke. LEGS is a Charity, comprising a course of weekly exercise sessions including stretches, functional strengthening, balance and fitness, using an evidence-based approach. Clinical Pilates is sometimes incorporated. Its core ethos is that their sessions are open to all individuals regardless of income or level of disability (as long as they can be safely accommodated in the group). LEGS only charge a small fee to attend, as costs are subsidised by fundraising efforts. For more info call Becca van Klinken 07717 825 564.

Historic Royal Palaces
Kensington Palace

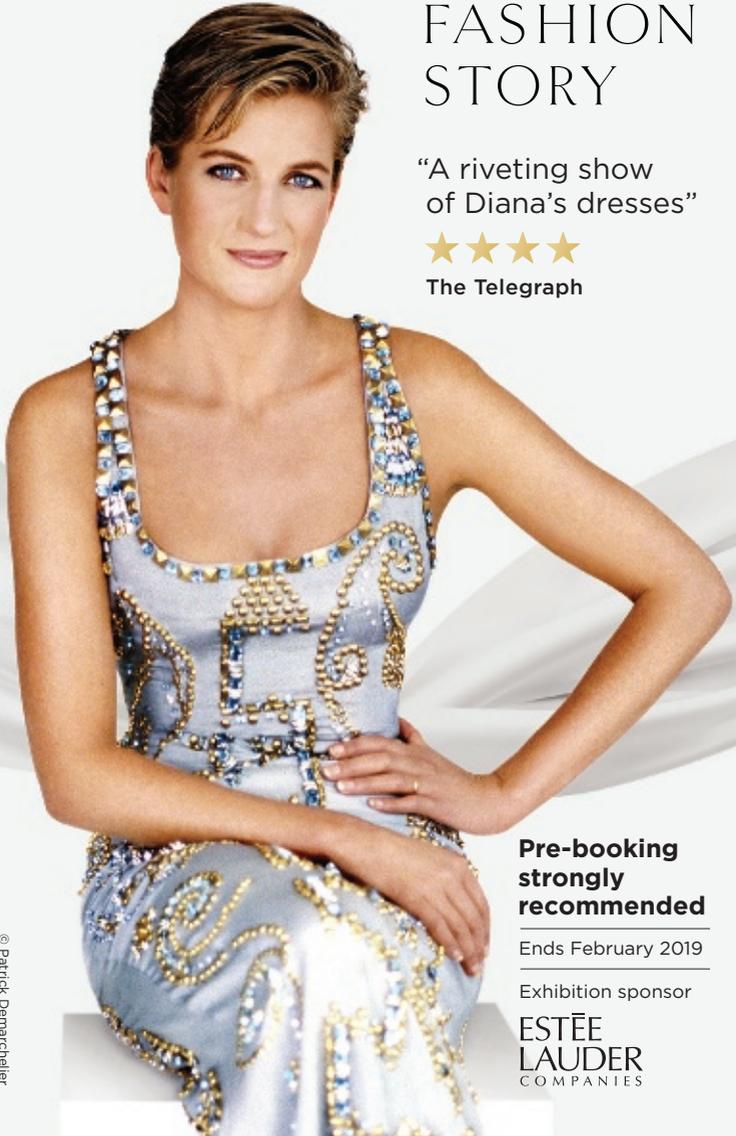
DIANA

HER
FASHION
STORY

“A riveting show
of Diana’s dresses”



The Telegraph



© Patrick Demarchelier

**Pre-booking
strongly
recommended**

Ends February 2019

Exhibition sponsor

ESTÉE
LAUDER
COMPANIES





Biology of Metal

Metal Craftsmanship in Tsubame-Sanjo
燕三条 金属の進化と分化

06 Sep – 28 Oct 2018

Admission Free

#BiologyofMetal

Exhibition Curated by Japan House London Powered by Tsubame-Sanjo Factory Festival



JAPAN HOUSE

LONDON

Japan House offers a gallery, events space, library, shop, café stand and AKIRA restaurant.

JapanHouseLondon.uk | @JapanHouseLDN | High Street Kensington

WINES: Raising a Glass to English Wine

By Trevor Langley

Wine productions in England are known to have a history of hundreds of years. During the 20th century with more knowledge, expertise and developments, wine making became a much more serious business.

Today, a good number of vineyards and wine producers can be located throughout many counties. English wines are now very much respected and acknowledged around the world, with numerous awards being gained at prestigious competitions and events.

Denbies Wine Estate in Surrey was established during 1986. Several grape varieties are grown to create wines of excellent quality for their Classic Collection, Cellarmaster's Choice and Vineyard Select ranges. Productions also include sparkling and dessert wines.

Denbies Rose Hill (Classic Collection) has a very good bouquet of light, summer fruits, plus a splendid fruity mouthfeel and palate to follow. Denbies Whitedowns Rosé Brut (Cellarmaster's Choice) I found to be fresh and most excellent throughout. This elegant, sparkling, blended production has a wonderful perlage, plus pleasures for the mouth and palate, appreciated by many. Great for al fresco and to add colour to any dining occasion. This wine also makes a wonderful apéritif. For all details and Denbies full range www.denbies.co.uk

Cottonworth produces impressive sparkling wines. Based in Hampshire, the Liddell family have four generations of farming expertise here. Their carefully selected prime vineyard sites have south-facing slopes and make for the growing of high-quality grapes and, ultimately the productions of excellent wines.



Denbies Wine Estate
(Image Source: CPRE Kent)

Cottonworth Classic Cuvée Brut utilises Pinot Noir, Chardonnay and Pinot Meunier grape varieties in its production. This sparkling wine is very popular and has an enticing bouquet of fruits, which carries on to the mouth and palate perfectly. Cottonworth Sparkling Rosé Brut has the red fruits of summer captured in the bouquet. Having elegance, this production has a lot of appeal and brings sophistication to any dining occasion. Fantastic as an apéritif, also. For all information www.cottonworth.co.uk

With winery tours (pre book) including tastings, a visiting experience is enjoyed by many. These are just a selection from the numerous producers of splendid English wines. For more information please see www.winegb.co.uk



Alexandrie

.....

Fine Dining from Alexandria in the
heart of Kensington

.....

38c Kensington Church Street, London, W8 4BX.
Tel: 020 7937 2244 | www.alexandrie.co.uk



KENSINGTON'S HIDDEN GEM...

Situated inside the **Royal Garden Hotel** on Kensington High Street **Anytime Fitness Kensington** offers some of London's top personal trainers in a private, air-conditioned facility.

Memberships are capped so there is no over-crowding and with private bathrooms and a complimentary towel service you are assured of a great training experience on every visit.



JOIN ONE,
JOIN ALL



24 HOUR
SECURITY



STATE-OF-THE-
ART EQUIPMENT



STRETCH
AREA



FREE
CLASSES



PERSONAL
TRAINER

EXCLUSIVE READER OFFER: 5 DAY FREE TRIAL - CONTACT THE CLUB FOR DETAILS!

ANYTIME FITNESS KENSINGTON

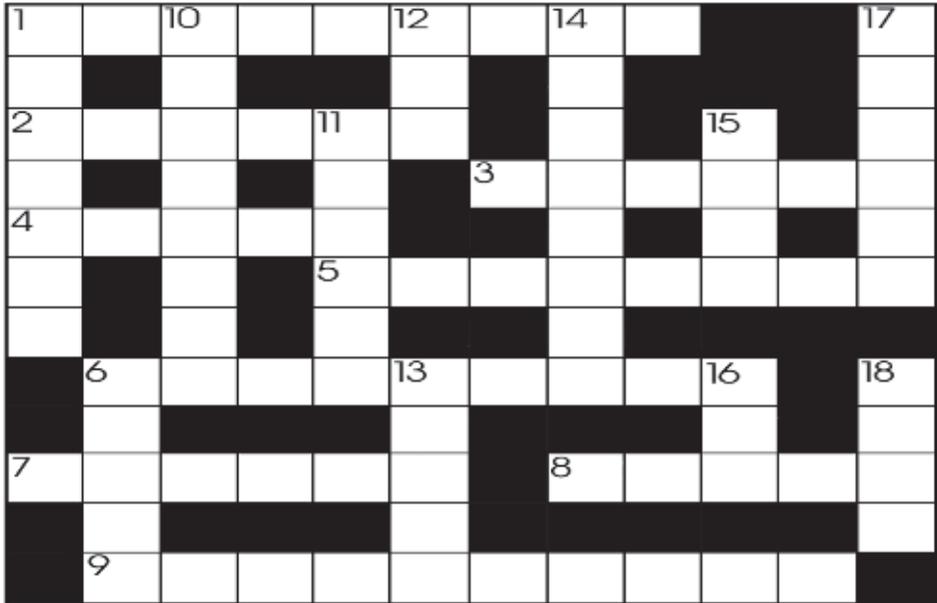
Royal Garden Hotel, 2-24 Kensington High St, London W8 4PT

020 3137 3499 | kensington@anytimefitness.co.uk

**ANYTIME
FITNESS**
KENSINGTON

The Kensington Crossword

By Dave Saunders



Pit your wits against our Kensington-centric crossword. Answers on page 29

- 1) _____ Gardens, residential street between Kensington Church St and Palace Gardens Terrace (9)
- 2) _____ Walk, residential street where the Campden Hill Lawn Tennis Club is located (6)
- 3) St _____, housing development at 375 Kensington High Street, W14 (6)
- 4) Fashion outlet at 19-21 Kensington Church St, W8 (5)
- 5) Henry _____, jewellers situated at 268 Kensington High Street, W8 (8)
- 6) _____ Real Estate, estate agents at 150 Warwick Road, W14 (9)
- 7) Women's fashion outlet located at 185 Kensington High Street (6)
- 8) Junior _____, hairdressing salon at 55 Kensington Church St, W8 (5)
- 9) _____ Galleries, two contemporary art galleries in Kensington Gardens, Hyde Park (10)

Down

- 1) _____ Potter, writer and illustrator born in Kensington in 1866 (7)
- 6) _____ and Curtis, mens' clothing store at 171 Kensington High Street, W8 (5)
- 10) _____ Street, thoroughfare between Campden Hill Road and Jameson St, W8 (8)
- 11) _____ Road, residential street between Holland Road and Russell Gardens Mews, W14 (6)
- 12) Olympia _____, road leading to the Kensington Olympia railway station (3)
- 13) _____ Handl, English character actress who died in Kensington in 1987 (5)
- 14) _____ tea room, venue for cakes, breakfasts and various teas, located at 34 Kensington Church St, W8 (8)
- 15) _____ Bicknell, founder of the Cambridge Ballet Workshop; born in Kensington in 1914 (4)
- 16) Adam and _____ Mews, residential mews that adjoins Eden Close, W14 (3)
- 17) _____ Walk, path in Kensington Palace gardens, covered by leafy arches (6)
- 18) _____ Higgins, clothing and fashion store at 109 Kensington Church street, W8 (4)

Family Friends

helping families to help themselves

Next training:

Two day
volunteer induction courses
held throughout the year



The Queen's Award
for Voluntary Service
The MBE for volunteer groups

VOLUNTEER MENTORS / BEFRIENDERS NEEDED

- Could you dedicate two hours a week to befriend a parent or mentor a child-in-need in West London?
- Are you reliable and a good listener?
- No formal experience needed
- Expenses, training and support provided

For more information on this Kensington charity

visit www.familyfriends.uk.com or call 020 8960 9099

Family Friends is an Approved Provider NCVO Mentoring & Befriending.
Registered charity no. 1028214

£9.95

EXPRESS LUNCH MENU

MAIN COURSE AND A SOFT DRINK



台港菜
BUGIS STREET
Brasserie
SINGAPOREAN CHINESE

£19.95

EVENING SET MENU

THREE COURSES



For further information or to book, please call **020 7872 2912**
or email events.tara@millenniumhotels.com

SCARSDALE PLACE, KENSINGTON, LONDON W8 5SR
WWW.MILLENNIUMHOTELS.COM

Cophorne
TARA HOTEL
LONDON KENSINGTON

GET WELL SPOON



October

Warming Vegan Curry

This is very easy to make and gorgeous on a cold rainy October Evening.

Spice mix:

- 5 peeled slices of galangal (a root from the ginger family)
- 4 red chillies, deseeded and finely chopped
- 1 tbsp fresh grated ginger
- 3 cloves of garlic finely chopped
- 4 shallots
- 3 coriander roots
- generous teaspoon of turmeric
- 600ml water

Curry:

- 2 tbsp coconut oil for cooking
- 400g firm tofu, cut into 3cm cubes
- 2 tbsp tamarind paste
- 200g fresh green beans
- 300g fresh pineapple in bite-sized pieces
- ½ tsp sea salt
- ½ tsp sugar
- Handful of fresh coriander leaves

Grind the spice paste until smooth (by hand or machine). Heat a tbsp of coconut oil to a medium heat and fry off the spice paste until it is fragrant (for about 7 minutes). Add the water and simmer for 5 minutes.

In a separate pan, fry off the tofu in the coconut oil until brown on 2 sides. Add the tamarind, salt, sugar and pineapple to the curry mixture. Add tofu and beans and cook uncovered for 5 minutes. Season with salt and pepper and finish with chopped coriander

Pineapple contains bromelain which is anti-inflammatory and aids digestion. The gingers, garlic and turmeric all have



Text: Victoria Kell - Illustration: Alecta Ritchie

warming and anti-inflammatory properties and support a healthy immune system. Coriander roots have a more intense and slightly peppery flavour. Tamarind has many health properties - it helps digestion, liver and gall bladder, but is also good for the skin, improves heart circulation and nerve function.

Tofu is high in protein and contains all 8 essential amino acids. It is an excellent source of iron, calcium, minerals and B vitamins. The isoflavins in tofu have had a mixed press, but the latest findings state that soy is not linked to cancer risk. As with everything, all in moderation and it is important to buy a reputable brand so that you do not have a highly processed product, but simply pressed bean curd. It would be a shame to shun such a good source of protein and other nutrients.

Our book, "Knife, Fork, Get Well Spoon" is available at [Wholefoods in Kensington](#) & on [amazon.co.uk](#)

Miller of Kensington

The Only Traditional Butcher in Kensington

Mohamed celebrates serving the community of W8 for the past **32 years** providing ALL your premium quality meat and poultry requirements.



Marinated Chicken Spatchcock
Duck • Goose • Partridge • Turkey

Cote du Boeuf • Marinated Lamb Cutlets
Rib-Eye Steak • Kebabs • Home made Kofta

Halal Meat reared to the standard of
The Organic Farmers and Growers Association

Exotic Sauces and Marinades



Visit us for all your

Thanksgiving & Christmas Poultry needs



We would be happy to cook your Thanksgiving Turkey too!

Tel: 020 7937 1777

14 Stratford Road, (off the Earl's Court Road), London W8 6QD



Kensington Cultural Quarter: What's On I

SILVER SUNDAY 2018: CELEBRATING THE CONTRIBUTION THAT OLDER PEOPLE MAKE 2-13 OCTOBER

Silver Sunday falls on 7 October this year and will be celebrated by a programme of exciting events hosted by organisations and community groups across the Borough. It is a good way to meet new people, try out new activities and stay active and get involved in your community. Also included is the Open Age Phone Club for people who are housebound. To view the programme visit: www.rbkc.gov.uk/silver-sunday. Open Age are managing enquiries about the Silver Sunday programme and can be contacted at silversunday@openage.org.uk or call 020 8962 5500.

FOUR LALLEMANTS: FOUR GRAND PIANOS 6 October 15.00 hrs £20

This is a rare opportunity to hear the Four Lallephants play an eclectic programme on four grand pianos in the ethereal surroundings of St Luke's Church, Sydney Street, SW3 6NH 07779 108108. info@kofma.co.uk
www.kofma.co.uk

THE LOVERS OF APADANA 6 October to 5 December

This new exhibition showcases a brand new collection by internationally acclaimed artist Bitá Ghezlavagh. Using traditional Iranian textiles, Ghezlavagh explores the universal themes of love, war and everyday conflicts. There will be Artist Talks, 12 and 23 November, 6.30pm. www.rbkc.gov.uk/subsites/museums/leightonhousemuseum/whatson1.aspx

KENSINGTON GARDENERS' CLUB: KEW GARDENS GUIDED TOUR 6 October 11:00am £17.75 or £16 online

Come and tour Kew Gardens with KGC member and former Kew gardener Pat

Smallcombe who will show you the Champion Trees. Meet at Victoria Gate, Kew. Please call Fionnuala on 020 7727 3897
www.kensingtongardeners.co.uk

THE TRUE COLOURS To 8 October Free

Palette knife oil painting by Sergei Ovcharuk
Opened hours : daily from 09 am till 7 pm.
Venue: Ice House gallery, Holland Park, Ilchester Place, London W8 6LU RSPV:
(079)35721300, sergej.ovcharuk@gmail.com
www.sovcharuk-art.eu

GARETH PARRY: "HERE & THERE AGAIN" 9 – 26 October

From the industrial docks to the coastal beauty of the Welsh coast, Gareth Parry creates exceptional paintings, full of colourful textures, creating paintings that possess great freedom and expression. Thackeray Gallery Est 1968. 020 7937 5883
www.thackeraygallery.com

CONCERT FOR THE RNLI KENSINGTON BRANCH 11 October 7.15 pm. £30

A Concert: Violin and Piano by acclaimed young soloists from the Royal College of Music. Beethoven, Vaughan Williams, Chopin, de Falla and Gerschwin followed by wine and canapés. All proceeds to the Lifeboats. Venue: St Mary's Church, The Boltons SW7. For tickets please contact catrionag@hhs.co.uk or call 020 7751 0833

FOREVER ENGLAND: ENGLISH SONG IN THE YEARS OF THE FIRST WORLD WAR Thursday 11 October 7pm, £40

A concert of outstanding young artists celebrating lesser known, but enduringly beautiful music inspired by the war, and thereby pay homage to those who fell and are not forgotten. Venue: Leighton House Museum. Tickets please call 0207 183 7323 or email boxoffice@operaprelude.org

Kensington Cultural Quarter: What's On II

LEIGHTON LATES

12 October £12.50

Enjoy the house 'out of hours' with Leighton Lates. Discover live music in a unique environment as Clarinettist Mark Crooks is joined by Sandy Burnett on double bass and listen as new life is breathed into some much-loved jazz standards. Complimentary drink upon arrival. Venue: Leighton House Museum. www.eventbrite.co.uk/e/ottoman-court-music-recital-with-qa-tickets-48842801133?aff=ebapi

LONDON ANTIQUE & VINTAGE TEXTILE FAIR 2018

13 October 10.30am - 4.30pm

Admission: £6 / Students/Members: £4 / Trade: £10

A fantastic range of vintage fashion, antique textiles and costume sourced from around the world. Textiles from the 18th century to the swinging 1960's. At Chelsea Town Hall, King's Road, SW3 5EE www.textilesociety.org.uk

MUCH ADO ABOUT SALSA

Until 13 October 7:30pm (no Sundays/
Mondays) £12/10

A brand new play inspired by Shakespeare's classic! "You will laugh, you may cry, you will certainly want to dance!" "It works! You've got to love the charm" Camden Fringe Voyeur. Drayton Arms Theatre SW5 0LJ. 020 7835 2301. www.thedraytonarmstheatre.co.uk

BRITISH AND CONTINENTAL PICTURES AND PRINTS AUCTION

17 October The auction of over 120 lots will include an intriguing group of Old Masters, Continental, Modern British and Contemporary pictures, including works by Picasso, Banksy, Otto Dix, Edward Lear, Augustus John and David Remfry. Venue: 25 Blythe Road, London W14 0PD. Contact: 020 7806 5541 www.25BlytheRoad.com

CELEBRATING BERNSTEIN: MORE SIDES OF THE STORY

LONDON CONCERT CHOIR

17 October, 7.45pm, £25; under-25s £15

Conductor: Mark Forkgen
The concert includes the Chichester Psalms, Missa Brevis, solo songs and favourite choruses from West Side Story.
Venue: Holy Trinity Sloane Square
Tickets: Cadogan Hall 020 7730 4500 www.cadoganhall.com and at the door

AN EVENING WITH JOHN SIMPSON

19 October 7.30pm £20

Enjoy a talk from BBC World Affairs Editor, John Simpson. He will discuss how things have changed during his 50 year career in journalism. Topics include Brexit, super powers and the Royals. At Kensington Olympia – Upper Pillar Hall (no step-free access) 07779 108108 www.kofma.co.uk

UNDERGROUND (1928) – SILENT FILM SCREENING WITH CHURCH ORGAN

20 October, 8.00pm – 9.30pm. £10 per ticket.

Acclaimed organist Donald MacKenzie (Odeon, Leicester Square) accompanies a screening of classic British silent film thriller 'Underground', directed by Anthony Asquith and set on the London Underground. Venue: St John's Notting Hill, W11 2NN Tickets from www.stjohnsorganproject.org.uk/underground, 020 7727 4262

PUPPET CREATION

Saturday 20 October, 2–3.30pm, Children £3; Accompanying Adult FREE Expert puppet-makers Knuckle and Joint lead this workshop with children, making their own puppet inspired by the magic of Leighton House Museum. An afternoon of paint and glitter bringing your creations to life. Suitable for ages 4–11. Children must be accompanied. www.eventbrite.co.uk/o/leighton-house-museum-1156202155

Kensington Cultural Quarter: What's On III

KENSINGTON GARDENERS' CLUB PRIZE GIVING

20 October 2:00pm Free to members

Garden personality Jim Buttress and the Mayor of RBKC will present the winners of this year's garden competition. Slides will accompany the programme, with Afternoon Tea and Q&A to follow. Meet at the basement lecture theatre of the Kensington Central Library. www.kensingtongardeners.co.uk

OTTOMAN COURT MUSIC

23rd October, £12 Full Price, £9.50 student discount

Be transported to the time of the Ottoman Court and explore the unique rhythms of the Turkish Makam, played by expert musicians Baha Yektin and Alexandros Koustas. All within the inimitable setting of Leighton House Museum. A Q&A will follow the recital. Venue: Leighton House Museum www.eventbrite.co.uk/e/ottoman-court-music-recital-with-qa-tickets-48842801133

HOLLAND PARK'S CUP OF TEA

25 Oct 2018. 7.00 p.m.

Who better to entertain us with the story of growing Camellias for tea than Jonathon Jones who established the first British tea plantation at Tregothnan, Cornwall? Tickets, £18, including canapés and wine, from www.thefriendsofhollandpark.org or Rhoddy Wood, 020 7602 0304 or Rhoddy.Wood@virgin.net. Venue: Holland Park Orangery.

VEGFEST RETURNS TO OLYMPIA LONDON

27 & 28 October 10am - 6pm Saturday. 10am - 5pm on Sunday

25 globally inspired food caterers in the Vegan Food Village, 275 exhibitors, cookery demos. Talks, films, comedy and lots of fun for kids too. There are celebrity guests, awards and much more – suitable for everyone! Venue: London Olympia

www.london.vegfest.co.uk

JAPAN HOUSE: BIOLOGY OF METAL To 28 October FREE

Metal Craftsmanship in Tsubame-Sanjo is a new exhibition. On show for the first time in the UK, this exhibition will explore the innovative craftsmanship and ancient skills of some of Japan's most talented metalworkers from Tsubame-Sanjo.

VIENNA TONKÜNSTLER ORCHESTRA

31 October 7.30pm. Tickets from £18

Vienna Tonkünstler Orchestra conducted by Yutaka Sado perform a concert of varied masterpieces including: Three Dance Episodes from On the Town by Bernstein and Sibelius' Symphony No 5. Leading pianist, Angela Hewitt, joins the orchestra for Beethoven's Fifth Piano Concerto. Venue: Cadogan Hall 020 7730 4500. www.cadoganhall.com

BEAZLEY DESIGNS OF THE YEAR 2018

Ongoing to 6 January 2019

Design experts from around the world nominate the most innovative and thought-provoking designs from the past 12 months. Come and see their top choices from the worlds of fashion, architecture, digital, transport, product and graphic design at The Design Museum.

DIGITAL MISSIONS

Daily Families Children 4+ Free

Shh! You are invited on a special mission... Go on an interactive adventure at Kensington Palace. Meet a character from history, explore all around you, do challenges and win badges! Venue: Kensington Palace. Please see www.hrp.org.uk for more information on this event and others.

South Kensington Cultural Quarter: What's On I

HUBBLE 3D

From 1 Oct £11 Adults from £23 Family
Booking required Times vary

Join a team of space-walking astronauts as they perform one of the most difficult and important tasks in NASA's history. Narrated by Oscar™-winning actor Leonardo DiCaprio, explore the mysteries and grandeur of our celestial surroundings. Venue: Science Museum www.sciencemuseum.org.uk

MEET THE ARTIST: DAWN WOOLLEY

2 Oct 6pm-8pm

Join colleagues for the Opening reception of Dawn Woolley's solo photography exhibition, 'Consumed: Still Lives'. Venue: Imperial College www3.imperial.ac.uk

CARLOS ACOSTA - A CELEBRATION

2 Oct-5 Oct 7:30pm From £22.90

Acclaimed as one of the most extraordinary dancers of his generation, following his retirement from classical ballet Carlos Acosta will perform a selection of other favourite and specially-commissioned pieces in a wonderful programme marking his thirty years as a dancer. Venue: Royal Albert Hall www.royalalberthall.com

PIERRE HUYGHE

3 Oct-10 Feb 2019 Free

Pierre Huyghe, one of the world's leading conceptual artists, known for creating complex immersive ecosystems, will present a major new exhibition this autumn. The gallery will become a porous and contingent environment, housing different forms of cognition, emerging intelligence, biological reproduction and instinctual behaviours. Venue: Serpentine Galleries. www.serpentinegalleries.org

VALIDATED:

THE MAKEUP OF VAL GARLAND

5 Oct 7pm-8:45pm £15-£18

Val Garland is one of the world's most high profile makeup artists, working with top names in fashion from Kate Moss and Edward Enninfu. Join her for a discussion of the stories and inspiration behind her most memorable work. Venue: V&A www.vanda.ac.uk

ALEXANDER WHITLEY DANCE

COMPANY: 8 MINUTES

5 Oct 7:30-9pm Doors open 6:45pm £15-£18

It takes just eight minutes for sunlight to travel 93 million miles to earth. Join them for a vibrant dance performance inspired by solar scientific research and its stunning imagery, and created by choreographer Alexander Whitley. Science Museum www.sciencemuseum.org.uk

CHAMBER ORCHESTRA OF EUROPE: BRAHMS' SYMPHONY NO2

5 Oct 6:15pm £5

The talented RCM Chamber Orchestra is joined by three celebrated musicians from the Chamber Orchestra of Europe in a performance of Brahms' richly textured Symphony No 2. Venue: Royal College of Music. www.rcm.ac.uk

THE SUN: LIVING WITH OUR STAR

6 Oct- 6 May 19 From £15

Spectacular interactive experiences, unique artefacts and stunning imagery shed fresh light on humanity's relationship with our closest star. Featuring breathtaking visuals and interactive experiences, visitors can bask in sunlight on an indoor beach. Venue: Natural History Museum www.nhm.org.uk

South Kensington Cultural Quarter: What's On II

UP, UP AND AWAY STORYTELLING

From 6 Oct Dates and Times vary - Free

Hot air balloons, gliders and flying suits will be brought to life in this fun, interactive storytelling session. Join them on a high-flying adventure through the clouds—then build your own beautiful flying machine. Science Museum. www.sciencemuseum.org.uk

TALK: IN CONVERSATION WITH PHILLIP KING AND ALEXANDRE DA CUNHA

9 Oct 6:30pm - 7:30pm £8

Join Jenni Lomax, former Head of Camden Arts Centre, in conversation with the sculptors in our current exhibition, Duologue, as they discuss how the collaboration opened up a dialogue about their work and between their individual practices. Venue: Royal Society of Sculptors www.sculptors.org.uk

62ND BFI LONDON FILM FESTIVAL

11 Oct-21 Oct

The 62nd BFI London Film Festival in partnership with American Express® features a diverse selection of 225 feature films from both established and emerging talent. Films are shown in 14 cinemas including Cine Lumiere at Institut francais. www.institut-francais.org.uk

IMPERIAL LATES: GREENOVATE

18 Oct 6pm-9pm Free Registration

Marking the Government's first ever Green GB week a showcase of innovative and new ideas that could help address major environmental issues is being held. Explore a sustainable future with living office furniture, zero-carbon beer and turbines to Hoover up ocean plastic. Venue: Imperial College www.imperial.ac.uk/whats-on

GUYS AND DOLLS

19 Oct-20 Oct 2:30pm, 7:30pm From £17:50

Hailed as the perfect musical comedy, Guys and Dolls rolls the dice as it swaggers in this October with the Royal Philharmonic Concert Orchestra and an all-star cast in a semi-staged concert directed by Stephen Mear (Gypsy, Singin' in the Rain). At Royal Albert Hall www.royalalberthall.com

LEVEL 42 at THE ALBERT HALL

25 Oct 7:30pm From £33.10. Hit-makers

Level 42 close their 19-date Eternity Tour with a special concert. In a career spanning almost four decades, selling in excess of 30 million albums, the concert will include mega hits Lessons In Love, Running In The Family and It's Over. www.royalalberthall.com

SILENT DISCO Til 26 Oct 10:15pm £20-

£22. Choose your side as three DJs do battle over separate wireless channels, playing the best in pop, rock and party classics. Don a headset and carry on the party into the night in the spectacular Hintze Hall. Natural History Museum. www.nhm.org.uk

MOVIE NIGHTS AT THE MUSEUM

28 & 29 October – Film 7pm, 9pm, 9.30pm

- £26.50. After the last visitors have left the Museum for the day, it's time to settle in for a Movie Nights Halloween Special in the Hintze Hall – films include Blair Witch Project, The Silence of the Lambs, Ghostbusters & The Shining. Venue: Natural History Museum. www.nhm.org.uk

YOGA AT THE NATURAL HISTORY

MUSEUM Til 9th December 08:15am

£31.50-£35 A unique yoga class in the iconic Hintze Hall, followed by exclusive access to a Museum exhibition or gallery. www.nhm.org.uk

Small Box Advertisements

The Kensington Magazine reaches 34,500 residents in Kensington each month. Why not advertise your business here, for a total cost of £295.00 plus VAT for a three month period. Call us to find out more on 020 3667 8762 or 07921 558520

Answers to Crossword on page 20



GALLERY 19 IS...

- Bespoke picture framing
- Architectural views of Kensington, London and Italy
- Original paintings, Limited Edition prints and photographs
- Reproduction Maps
- Architectural models and bookends
- Hand-crafted Italian objects including calf-leather journals, ceramics and wrought-iron work
- House portraits by private commission



19 KENSINGTON COURT PLACE
LONDON W8 5RJ
TELEPHONE: 020 7937 7222
EMAIL: info@gallery19.com
WEB: gallery19.com

Holland Park Computers

Home and small business IT support

On-site services for PCs, Laptops and Macs
Virus and spyware removal • Backup • Data recovery • Printer setup
Hardware and software upgrades • Email configuration
Wireless networking • Remote assistance • Phone support

020 8811 8812

www.hollandparkcomputers.com

LEANER

Personal Training

In a safe,
non- judgemental
environment with Patrick

Beginners Welcome
Available 08.00 - 14.00 hrs
Monday - Friday

www.leaner-uk.com 07786 213369

MARGARET MERVIS BUILDING PROJECTS Design & Management

Reliable experienced supervised team
Between tenancy small & large repairs
Kitchens & bathrooms adapted including
for less-able users
Close attention to detail & to costs

Call: 07958 256977

www.margaretmervis.com

david faulder opticians

Professional eye care
Contact lens centre
Frames and sunglasses
Same day service
Open seven days a week

218 Kensington High Street
London W8 7RG
T 020 7937 8790
www.davidfaulder.com



HAIRSPACE STYLING & EXTENSIONS

HAIRSPACE at Annie Russell
1 Kensington Church Walk
London W8 4NB

020 7937 2150
toby@hairspacelondon.com

www.hairspacelondon.com

Bromptons

Service with a difference

WATCH, CLOCK AND JEWELLERY REPAIR

No charge for quotation
Collection and Delivery Service
By appointment only

Please contact Daphne Vaughan-Williams 07721 330700



WEALTH IS A LOADED WORD

IT IS TIME TO RE-DEFINE IT

We don't believe that wealth is measured by the size of your bank balance. We believe that wealth, or rather what it means to be wealthy, is far better explained by its original meaning:

Wealth mid-13c., from Middle English; 'wele' meaning "pattern of health" or "well-being"

When thought about early and managed carefully over time, wealth allows you to live the life you want to lead. Your life well lived.

This makes our purpose clear: to use our expertise to help you do just that.

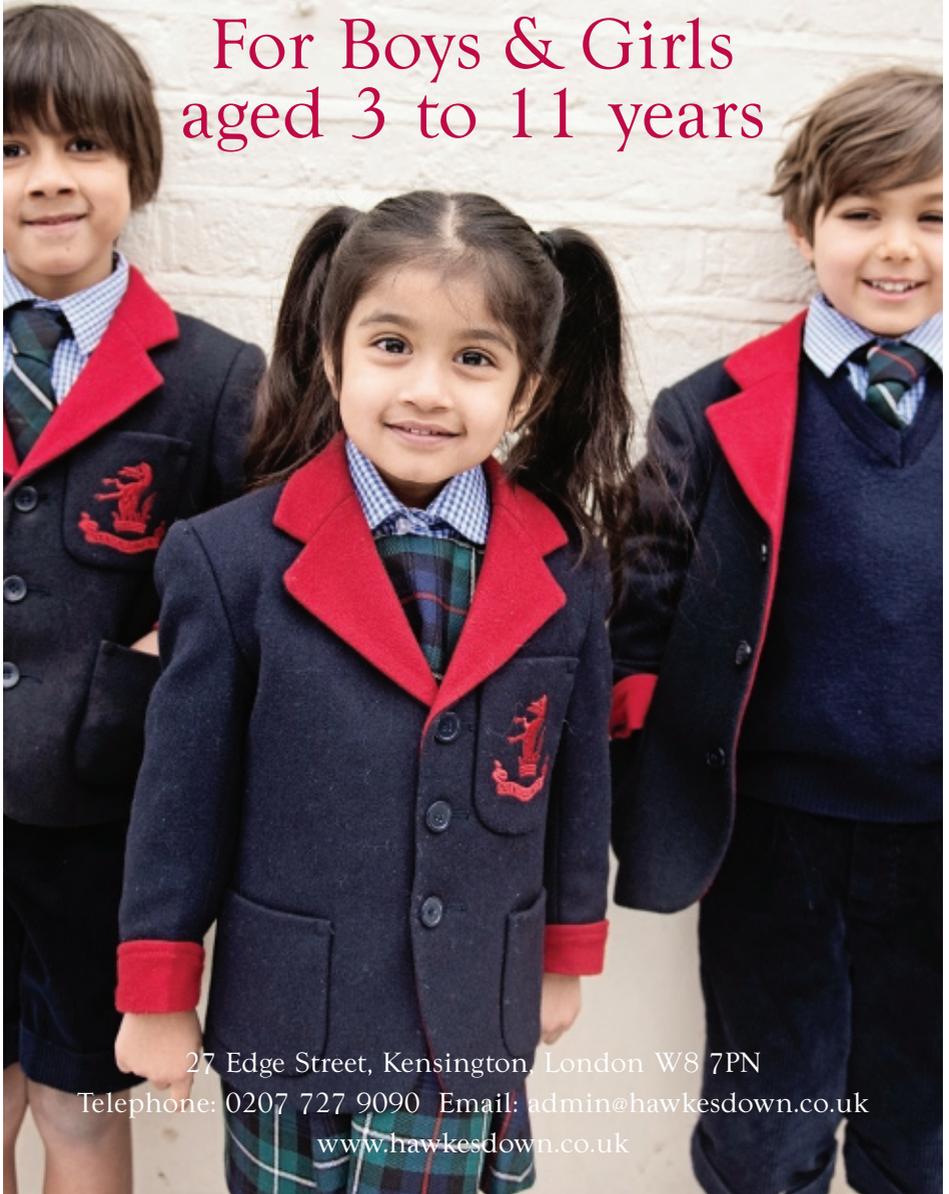
To find out more, please contact our Kensington branch on [0207 603 3618](tel:02076033618)





Hawkesdown House School

For Boys & Girls
aged 3 to 11 years



27 Edge Street, Kensington, London W8 7PN

Telephone: 0207 727 9090 Email: admin@hawkesdown.co.uk

www.hawkesdown.co.uk

Luxury in the Indian Ocean



We're on your doorstep – come & discuss your travel plans without any commitment

5★ Hilton Seychelles Labriz Resort & Spa

7 nights from **£1,549**

Direct flights, breakfast & transfers

- Spectacular island setting • Located within a marine national park • Stylish eco-friendly resort • 5 excellent dining options

Includes a 25% room discount
– saving over £600 per couple

The 5★+ St. Regis Mauritius Resort

7 nights from **£1,899**

Flights, half board & transfers

- St Regis Butler Service for all guests • Gourmet dining venues • Elegant & refined with contemporary

Includes a 55% room discount
– saving over £2800 per couple

5★ Six Senses Laamu Maldives

7 nights from **£2,989**

Flights, breakfast & transfers

- House reef • Remote island location • Luxury Six Senses Spa • Eco-friendly luxury • Innovative food & beverage options

Includes a 30% room discount
– saving over £2000 per couple

Prices are per person based on twin share and subject to availability for selected May/Jun departures.

For award-winning holidays speak to the travel experts
at 194 Kensington High Street

Tailormade Travel Worldwide **020 7368 1200**

Private Touring **020 7368 1500**

Or visit our **exclusive** Premium Travel & Cruise Travel Centre
at 215 Kensington High Street

Cruise Trailfinders **020 7368 1300**

First & Business Class Travel **020 7368 1400**

