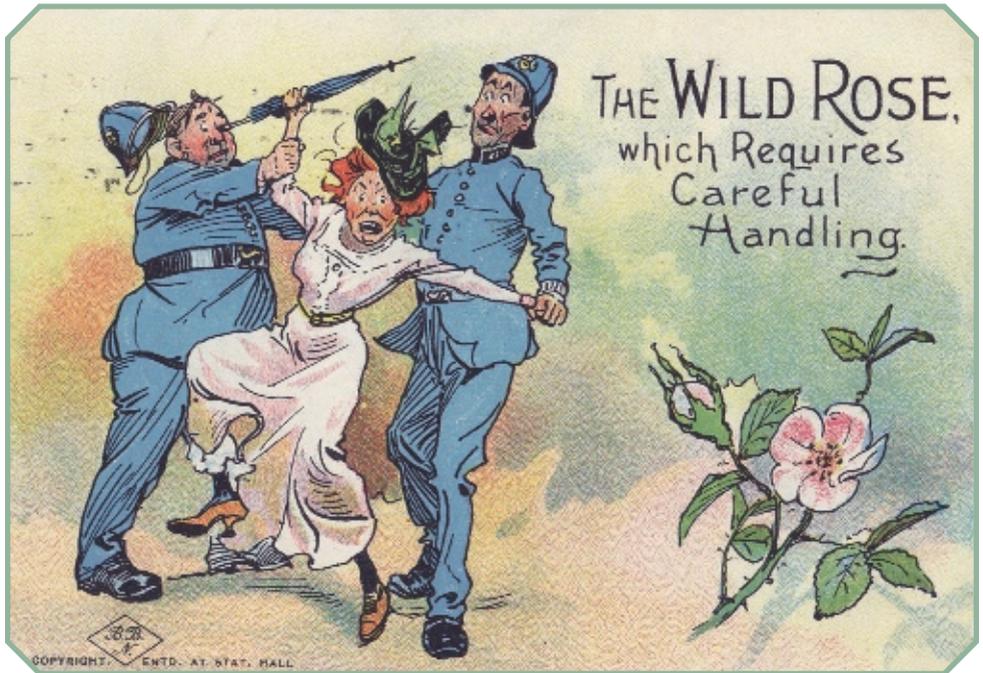


THE Kensington MAGAZINE

July/August 2018
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Needlework and Militancy: Kensington and the Suffragette Movement

THE Kensington MAGAZINE

This has been a fascinating edition to research: Who would have thought that Kensington had its very own Suffragette shop? And also that the delicate art of needlework played such a prominent part in the promotion and propoganda of the Suffragette Movement? We also learn about the contribution early female scientists and gardeners made and Maria recalls her experiences of being a child attending the same school as the Pankhurst daughters.

Also in this edition, we are filled to the brim with activities and events happening in the area, over the next couple of months - absolutely something for everyone. We will return after the summer break, with our September edition. In the meantime we wish you all a very happy summer,

Lucy

Front Cover Photograph: The Wild Rose (Image Source: History of Feminism)

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#KensingtonMag



Lucy Elliott, Editor

(Hair by Toby from Hairspace at Annie Russell)

Read by 34,500 residents and businesses each month. The magazine is also available at WholeFoods, Sainsbury's Local, RBKC Library, Waterstones, Virgin, Marks & Spencers, St Mary Abbots, St George's Church, The Royal Garden Hotel, The Milestone Hotel, Peter Jones in Sloane Square and many other smaller outlets in W8.

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Science Bites: A Century of Women in Science

By Alex Anderson

Many women have had a crucial influence on science, including Ada Lovelace (1815-1852) the first computer programmer. Elizabeth Garrett Anderson (1836-1917) the first Englishwoman to qualify as a doctor, and Anne McLaren (1927 – 2007) whose work helped lead to human in vitro fertilisation.

Renowned female scientists with strong connections to Kensington include Dorothea Bate (1878-1951), who is credited as a trailblazer in the field of archaeozoology. She was the first female scientist to be employed by the Natural History Museum and spent much of her career exploring Mediterranean islands, where she showed evidence of gigantism and dwarfism. During her 50 year career, she discovered two species of dwarf elephant and the fossil remains of *Myotragus* (which translates as a mouse like goat).

Elsie Widdowson (1906-2000) is best known as a pioneer of the scientific study of nutrition. She studied chemistry at Imperial College London, before taking doctorates at Imperial College and at the Courtauld Institute of Biochemistry. Elsie developed a long-term partnership with Dr Robert McCance and together they researched how to ensure people could stay healthy, despite food shortages. In some cases, they experimented on themselves to test their recommendations. Elsie was involved in both addressing the nutritional problems faced in Britain during the Second World War, and in determining how to ameliorate the starvation suffered by Nazi concentration camp survivors. In her honor, Imperial College established the Elsie Widdowson Fellowship, an award for academic staff returning to work following maternity, adoption or shared parental leave.



Rosalind Franklin, a resident of Kensington and best known for her work on DNA

(Image source: www.wikipedia.org)

Rosalind Franklin (1920-1958) is best known for her work on the structure of our genetic material; DNA (deoxyribonucleic acid) using a technique called X-ray diffraction. She attended Cambridge University to gain a BA (1941) and a PhD (1945) in Physical Chemistry. After working in Paris, she returned to London to undertake research at Kings College whilst living at Drayton Gardens in Kensington. Rosalind is known for her contributions to the understanding of the fine molecular structures of DNA, RNA, viruses, coal and graphite. In particular, her work on the X-ray diffraction images of DNA was part of the data was used by James Watson and Francis Crick to formulate their 1953 hypothesis regarding the structure of DNA. Watson and Crick, together with Maurice Wilkins won the Nobel Prize in 1962, for solving the structure of DNA.

As you consider these remarkable achievements, let us celebrate Kensington's women in science this July.



Hawkesdown House School

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HAWKESDOWN HOUSE SCHOOL TO WELCOME GIRLS AND CONTINUE THE EDUCATION TO 11+

Hawkesdown House School, situated in the heart of Notting Hill, has recently announced that it will now extend the educational provision through to the age of 11 and in so doing will be welcoming girls as well as boys. The School will become fully co-educational by 2022. This is in response to parental demand for the excellent education and warm, nurturing atmosphere at Hawkesdown.

Mrs. Jenny Mackay, Headmistress, writes, 'I have come to appreciate how many parents have very real concerns about the pressure on the children, and on families, concerning the prep school exam stage. There are many ways of providing excellent education, but with the increasing preference for co-education at these young ages and the desire of so many for a continuum of schooling through to 11, we feel that this is the right change for our school. It will be lovely for Hawkesdown that families of brothers and sisters can come to the school together in their early lives, and that the school will continue to the age of 11.'

The children will be prepared for examinations at 11+ to the Independent London Day School and the Public Schools such as: Westminster Under, St Paul's Boys, St Paul's Girls, Godolphin and Latymer, Queens Gate and Latymer Upper as well as to the ever-increasing number of new senior schools opening up in London that are educating children from the age of 11 to 18, including Kensington Park School, Eaton Square Upper School and Fulham Prep Senior School.

Parents may still decide to have their sons prepared for the 7+ and 8+ examinations to preparatory schools, and Hawkesdown will of course continue this provision.

Mrs. Mackay continues, "At Hawkesdown, we have succeeded in combining the joy of learning with very individual attention. In a world where everything has grown bigger, often at a cost, we concentrate on knowing each pupil and understanding what is important to every family. Parents are fiercely loyal to this philosophy: that it works is borne out in excellent results and in the open, thoughtful and happy nature of the children. Following our excellent inspection in December, the Department for Education approved the application for the changes to take boys and girls to 11. We are all thrilled at this new chapter for Hawkesdown House School."

If you are interested in learning more about the above
please contact us on: 020 7727 9090

Hawkesdown House School, 27 Edge Street, Kensington W8 7PN

The First Political Group to be Banned from the

By Sarah Goldsmith

The Trustees of Royal Albert Hall, in its opening days, non-discriminatorily hired out the Hall to any political, cultural, or social organization willing to pay the Hall's fees. If such a group could sell tickets and pay the hiring costs, then the Hall would allow any such group to use it. Such an open policy only became problematic when the women began to use it.

From 1908 until 1913, Royal Albert Hall was hired by several different suffragette groups to hold rallies and political meetings to boost membership and appeal to politicians. The first suffragette meeting held at the Hall was in April 1908 when the Women's Social and

to ward off stewards wanting to remove her from the Hall. However, the Women's Liberal Federation, though headed by the "Radical Countess" Rosalind Howard, Countess of Carlisle, was not seen as militant as other suffragette groups. Throughout the initial period of meetings held in the Hall, most of these groups behaved themselves with some level of decorum (despite the dog whip!) and one can imagine them as a collective buzz on the political landscape during a time when there was increasing social upheaval.

That began to change in 1912. By 1908, the WSPU had become a highly organized group after splitting with the National Union of



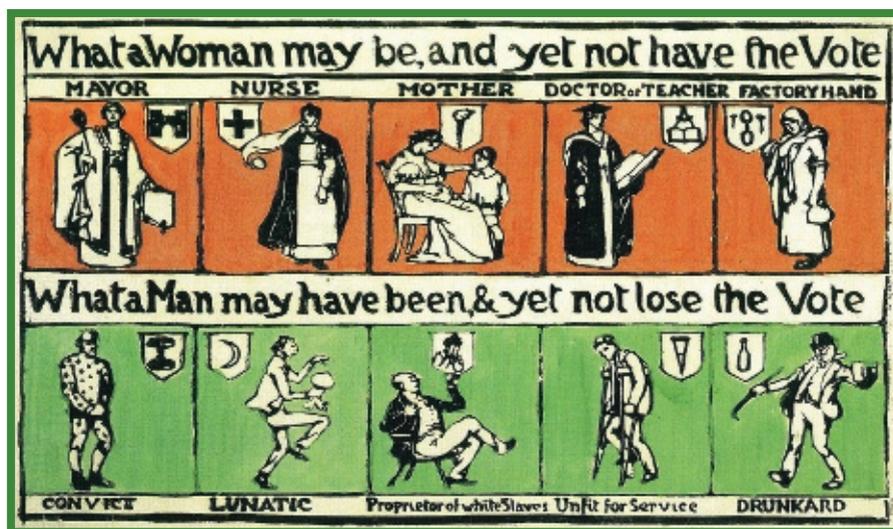
Image source: www.royalalberthall.com

Political Union (or, the WSPU) hired it for a rally. According to Sylvia Pankhurst, the meeting was sold out with hundreds turned away at the door. Adhering to the group's credo to have only women members, the audience comprised mostly women.

In December 1908, the Women's Liberal Federation hired the Hall, and the public was scandalized when a member used a dog whip

Women's Suffrage Societies after becoming disappointed with the lack of success of its tactics: lobbying and meetings. The WSPU's founders, including Emmeline Pankhurst and her daughters, Adela, Sylvia, and Christabel, who would go on to lead the group, wanted a women-only network that led by "deeds, not words," which became their slogan. Though always slightly more antagonistic than other suffrage groups, it was not until 1912 that

Royal Albert Hall



An example of a Women's Suffrage poster (Image source: www.blogspot.com)

the WSPU embraced an increasing militant stance, targeting property destruction which included breaking windows and night-time arson, culminating with a campaign of bombings which included Westminster Abbey. In a meeting at Royal Albert Hall in October 1912, Emmeline Pankhurst heralded this new stance by telling the packed Hall that "I incite this meeting to rebellion! Be militant in your own way, I accept responsibility for everything you do!" Not all members or suffragettes agreed with these tactics, two of Mrs. Pankhurst's own daughters (Adela and Sylvia) left the group in 1913 over these militant tactics.

As the WSPU increased their militant tactics, so did other suffragette groups. A wave of bad publicity over hunger strikes, public bombings, and other destruction of property caused the public to conflate a suffragette with a terrorist. Due to such publicity, an increasingly public cry to ban all suffragettes, not just the militant ones, from hiring the

Hall influenced the Trustees to put such a ban in place. From April 1913 on, no suffragette groups were allowed to hire the Hall. The ban and the suffragettes were soon overshadowed by a different conflict, World War I, which began a little over a year later. The WSPU was disbanded after the War broke out, and all suffragette groups put the right to vote on the back burner in order to support England in a time of war. Though still a political group, the Women's Liberal Federation also put the War first, and the Radical Countess stepped down in 1915 in favor of Laura McLaren, Baroness Aberconway, who turned her London home into a hospital and helped run it. After the War, in return for their support, a limited right to vote was extended to certain women in 1918 (in 1928 universal suffrage for women was granted). The ban on suffragettes at Royal Albert Hall was also lifted in 1918, and the Hall was hired for a Celebration of the Women Suffrage Victory meeting on March 16th, where both Emmeline Pankhurst and her daughter Christabel spoke.

The Park Terrace Restaurant at Royal Garden Hotel

By Lucy Elliott

As readers will know there have been many changes in Kensington over the years; not least the architectural look and style. In the 1800s The Palace Hotel stood at the bottom of Palace Avenue. In the war the hotel was requisitioned and used by the Women's Royal Voluntary Service. By the 1960s the building was in great need of repair and refurbishment. It was at this time (1965) that the hotel was completely rebuilt. Later, in 1994 the hotel was purchased by the Goodwood Group. In 2011 the hotel underwent extensive refurbishment and is now one of the go-to hotels for celebrities, musicians and sport teams to stay. It is of course, The Royal Garden Hotel.

For those staying at this 5* hotel, and indeed local residents, the Park Terrace Restaurant offers Fine Dining; excellent food but without being 'stuffy'. The layout of the tables are sufficiently distanced from each other that business men, courting couples and families can dine without fear of bumping elbows or inadvertently listening in on someone else's conversation.

The Park Terrace overlooks Kensington Gardens and the Palace – it's Executive Head Chef, Steve Munkley has been in charge for over 20 years and takes great pride in offering sustainable foods provided by local suppliers. As such the menu changes regularly and is well varied to suit all tastes without being over bearing. We had the smoked haddock and mild-currried risotto with crispy hen's yolk that was delicious, and a generous portion of Citrus-cured Scottish Salmon. Another option might have been the seared West Country 'Black Label' beef fillet with Cashel blue, William pear, endive topped off with a sweet mustard source; but two courses of beef might just have been too much. As the mains, and recommended, would be the Herb-cruste rack of lamb with lamb



West country 'Black Label' beef fillet with Cashel blue, William Pear, and endive topped off with a sweet mustard source

(Image: kind courtesy Royal Garden Hotel)

croquette, char-grilled broccoli, celeriac and hazelnuts – an unusual combination which worked very well. As an enthusiastic steak lover Stephen chose the above named steak, but accompanied with grilled with duck fat chips, field mushrooms and Charon source. From a taste perspective the verdict came back “very good” but aesthetically perhaps needing some colour. But it was the puddings that starred here – truly different, colourful and delicious – even, as myself, traditional non-pudding fans will succumb. Please try the Caramelized chocolate mousse with honey poached figs and honey gel – as Trevor our Wine writer would say, it left a delicious palate. Also recommended and very refreshing for these summer's evening was the Raspberry Champagne Jelly with Cornish clotted cream, orange gel and almond crunch.

The restaurant offers A la carte dining for Lunch, Afternoon Tea and Dinner and has private dining facilities. The bar at The Park Terrace Restaurant offers an excellent range of cocktails, and families are genuinely welcome. Vegans are catered for, and keep an eye out for the special events taking place each month, varying from the Chelsea Afternoon Tea to Whiskey tastings. To book please call 020 7937 8000.

The Park Terrace Restaurant, Royal Garden Hotel, 2-24 Kensington High St. W8 4PT
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Kensington's Indomitable Women: The Kensington Society

By Guest Writer: Amanda Frame, Chair of The Kensington Society

In 1865 Charlotte Manning along with other active and opinionated women gathered together to form a discussion group. They called it the Kensington Society. It was a time of activism. There are no meeting notes from the meetings but it is known that one of the subjects discussed was whether women could aspire to be members of parliament or magistrates. Women were not granted voting rights until 1918.

When a planning proposal came forward to demolish several houses on the Council's own property on the street that led into her square, she opposed the application. The application was approved.

What came out of Mrs Christiansen's opposition was a working group of people who lived in Kensington and loved it. Galvanised by the fact that it was clear



Picture courtesy of John Bicket

Mrs Gay Christiansen with Princess Alice, Countess of Athlone, in tribute to whom she built the Memorial Garden in the Town Hall forecourt.

Since then Kensington women have remained active. The second Kensington Society was formed in 1953 by Mrs Gay Christiansen who lived at 18 Kensington Square just off Kensington High Street. Mrs Christiansen must have been well-aware of the former society. Mrs Manning lived, as did Mrs Christiansen, in Kensington. Mrs Christiansen was passionate about good architecture and planning; she had the time, the friends, and a very persuasive personality, in addition, the resources and drive to achieve results, and she loved Kensington.

that "local opinion" was not considered or reflected in the planning process, Mrs Christiansen formed The Kensington Society.

Mrs Christiansen – never Gay – always Mrs Christiansen - founded the Kensington Society in 1953. She became the first Hon Sec, a position she guarded for the next 43 years, from 1953 to 1995. In 1995 she took on the role of editor of the annual report until 2000. In 2000, still a force to recognise, she became a Vice President of the Society. Mrs Christiansen died, as she had

lived, in Kensington. Our first Patron was HRH Princess Alice, Countess of Athlone. Princess Alice was a life-long friend of Mrs Christiansen. Our second patron of the Kensington Society HRH the Duke of Gloucester, KG, GCVO, GCStJ, SSI stated in his personal tribute to Mrs Christiansen in the 2001 annual report:

“It became apparent to anyone who met Gay Christiansen that she was of a strong minded and formidable personality. Her love of Kensington, and appreciation of the qualities of its various parts made her an able campaigner against those who did not share her views and were more inclined to follow immediate commercial instincts.”

Ethne Rudd - always Ethne - not Mrs Rudd – was a force in her own right. Ethne was a close neighbour to Mrs Christiansen in Kensington Square and in Ethne Mrs Christiansen recognised a kindred spirit and a force to be reckoned with as well. Mrs Christiansen place such trust in Ethne that she joined the Kensington Society executive committee in 1995 as Mrs Christiansen’s replacement as the Hon Sec.

Ethne Rudd was born, lived and died in Kensington. Kensington was in her blood but most importantly in her spirit. She described herself as a “doer”. To Kensington she was a “giver”.

One story is legendary, in 1997 Ethne bravely directed the opposition to a proposal for a Diana Memorial Garden. If allowed, the memorial plan proposed the concreting over acres of much-used and much-loved green spaces, between the Palace and Kensington Road with a £10 million, 27-acre memorial park. Ethne felt passionately that these

Courtesy of Times Newspaper Ltd



Ethne and Kensie

changes would alter the community and responding to the alarm of other Kensington residents, Ethne organised a public meeting in the Kensington Town Hall. Over 1,000 people attended the meeting, undeterred by torrential rain and a tube strike. By further campaigning and by enlisting the aid of Kensington’s MP, Alan Clark, who arranged a private ministerial meeting with Chris Smith, the then Secretary of State, a compromise was worked out around Ethne’s dining room table.

As Tony Rudd, her devoted husband of 56 years, said “She was quite a woman.” She was a magistrate for 25 years. Mrs Manning and her friends would have approved. She was great to work with, warm, cheerful, fun, practical, with a splendid sense of the ridiculous, and in her own inimitable, generous, and some time’s formidable way, a tremendous successor to the formidable Gay Christiansen.

It seems Kensington has always had women who were willing and able to give their time to the betterment of others.

Kensington News I

This month's theme: Most people will be aware of the suffragette movement; the running across a race track and chaining themselves to the rails of, amongst others, the railings of Buckingham Palace and Downing St. However, it has only been with the recent drama-documentaries on TV and Radio that has shown us just how much these women went through in order to gain equality. In their own terms, they used military language, with women in charge being referred to as 'Captain', and propaganda describing themselves as rebellions or militants. They were indeed physically forceful with buildings and shop frontages destroyed. One militant, a Mrs E M Morrison had a gun licenced to her, from Kensington Church St. on 4th July, 1912. Suffragette shops opened across London, (one in Kensington but we were unable to find out where). These provided safe venues for women to meet (a departure from ladies' drawing-rooms), and were used as places for them to promote propaganda as well their wares. In addition, their needlework expertise now came in handy for making badges, banners and sashes. In these shops they also sold (surprisingly) men's ties and hard ware. This may have been a ruse to get males into the shop to convince them of their fight.

NEW BUSINESSES IN THE AREA

'**Tony The Vet**' provides that little bit of extra veterinary help and 'tlc' for ageing pets. Just like their human companions, a pet's body will age and fatigue with the passage of time. Tony aims to provide the support your pet needs to live an elderly life to its fullest. Personalised detox treatments, haematology and biochemistry analysis, allergy and hereditary disease analysis, routine procedures and supportive care can

be provided in the comfort of your pet's own home. All veterinary care will be made with your pet's welfare as the primary concern and focus. Please contact Tony on 07830 668880

La Fortuna, is an Italian restaurant at 32 Kensington Church Street providing Italian fare. The restaurant, formerly Romanos, has been refurbished and its new owners look forward to treating you to a little bit of Italy, in central Kensington. Tel: 020 7937 8752

Jeroboams, Wine Merchants have opened a new shop at 252 Kensington High St. Here French Manager, Philippe, will be delighted to discuss and advise on all your requirements for fine wine. Tel: 020 7348 0644. This shop is their latest addition to their existing shops in Notting Hill and Holland Park.

Also in Kensington High St. at No. 44, **Simit Sarayi Patisserie** has opened, offering all kinds of Turkish baked goods. From sandwiches and salads to cakes.

Created by local resident, make up artist and mother Tania Rodney, **Dandydill Way** is exceptional, naturally luxurious skin and hair care for children inspired by the native British countryside and childhood freedom. Containing botanical extract of wild grown, hand picked anti-oxidant rich British hawthorn berries from the Black Mountains of Herefordshire and the Welsh Borders, the range is naturally fragranced and allergen free. Packaged in beautiful, recyclable bottles and Forestry Commission approved cartons they make a unique gift or special treat for girls and boys. Available at Josh Wood Colour, Calder Pharmacy and Viola Boutique as well as online via www.dandydillway.com

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Kensington News II

GENERAL NEWS

The **Milestone Hotel & Residences** has unveiled two new luxurious suites, both of which have fabulous views across to Kensington Palace and Gardens. In homage to its new Royal neighbour, The Milestone has renamed one of the beautifully refurbished suites as the Meghan suite, the signature feature of which is a striking black and white marble bathroom set behind majestic bronzed mirrored double doors. The Grand Master 106 Suite has at its centre an iconic bronze four-poster bed while a distinctive vintage collection of Hermès scarves has been elegantly showcased on the walls. 1 Kensington Court, W8 5DL
Tel: 020 7917 1000.

Next year the **V&A** will be holding a retrospective fashion exhibition of **Mary Quant** clothes. They are looking for anyone who may have owned one of these iconic pieces and 'experienced the brand' first hand. They are also looking for items from her 'wet look' e.g knit/swim wear and clothes made from her Butterick patterns. Photographs would also be appreciated. So if you were galavanting out and about, particularly between the period of 1955 and 1960 and have any of the items named above, and happy to loan for this exhibition, please get in touch with maryquant@vam.ac.uk

London's picnickers rejoice! **Franklin & Sons**, the award-winning range of premium tonics, has partnered with **Portobello Road Gin** to craft the perfect London dry G&T in a can. The G&T combines Portobello Road Gin's famed punchy flavours with Franklin & Sons Natural Indian Tonic to create a balanced and refreshingly crisp flavour in a 250ml can. Handcrafted with only the finest natural

ingredients, it's available nationwide on Gin Kiosk and in over 100 London and Greater London Tesco stores.

DEVELOPMENT UPDATE

Have your say on local streets:

Do you have any good ideas about how the streets of Kensington could be improved?

If you do then the Council is using a new tool to allow people to identify streets and locations which they feel would benefit from changes – for example, new pedestrian or cycling facilities, or measures to reduce speeds. Go to www.rbkctransport.commonplace.is to suggest what you would like to see happen, and see what other people are suggesting. Council officers will be using the responses they get from this exercise in the development of the next Local Implementation Plan – which sets out the Council's transport objectives and its plan for achieving them. *(Text received from RBKC)*

CHARITY/CHURCH/RESIDENT'S GROUPS/SOCIETIES' NEWS

The **Kensington & Chelsea Foundation** invite you to join their **Friends Membership**.

The Foundation is an independent charity set up in 2008. It works to tackle the inequalities faced by many across the Borough which the recent Grenfell Tower Tragedy brought into stark relief. Their Friends scheme is vital to their existence as the fees support running costs which enables them to ensure that 100% of all charitable donations received go directly to local charities and community groups. Last year the Foundation raised more than £500,000, supporting 61 charities but there is still much to be done. They hope that you will join the Friends membership for the year ahead so they can achieve even

Kensington News III

more. If you are interested, please see www.thekandcfoundation.com/donate/

Opera Integra is an award winning amateur opera company founded in 1971. It is a registered charity and its objectives are to provide young singers with singing and performing experience to help them to progress to their professional careers. Many of their members have since moved on to sing with Royal Opera House, Holland Park

enthusiasts. The Club organizes day trips to gardens such as Sissinghurst, Great Dixter, the Garden Museum as well as one overnight trip each summer. Members may also enter the Club's garden competition. Interested? Contact Membership Secretary on 020 7727 5235 or visit www.kensingtongardeners.co.uk

This year saw **HRH Prince Michael of Kent** reviewing the **Chelsea Pensioners** at their annual **Founder's Day**. Also in attendance



HRH Prince Michael of Kent reviewing the Chelsea Pensioners at their annual Founder's Day Celebrations. (Image: www.lucyelliottphotography.com)

Opera and other European opera houses. As a charity, it has no promotional budget and it relies entirely on members' subscriptions and ticket sales to fund its programmes. Rehearsals are held weekly in Notting Hill Gate. They will be performing at St George's Church later this month.

The Kensington Gardeners' Club welcomes everyone who is interested in plants, gardening and visiting gardens. The Club meets on Saturdays five times a year at the Kensington Central Library where gardening professionals speak on a wide variety of horticultural subjects, followed by tea. Members have the opportunity to chat with the speaker and get to know fellow gardening

were HRH Princess Michael of Kent, the Mayor of Kensington & Chelsea, Cllr. Marie-Therese Rossi and Cllr. G. Hargreaves. The Coldstream Guards played rousing tunes to which the Chelsea Pensioners, resplendent in their red coats, found their hands and feet tapping along to the musical beat.

CONGRATULATIONS

To **Mahiki** who have just won 'Best New Bar' at the London Club and Bar Awards. And also to the Team at the Kensington & Chelsea Forum for Older Residents who have arranged a **Community Tea Party** for 300 older residents of Kensington to commemorate the Anniversary of 100 years of Women's Vote. If you are interested in attending on 8 July please call 020 7352 1336.



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Winning Wines: Thailand

By Trevor Langley

Thailand (officially the Kingdom of Thailand and previously known as Siam) is a country in Southeast Asia. The capital city is Bangkok. Today, manufacturing plus tourism and agriculture are leading parts of Thailand's economy. Countless tourists visit Thailand - from the shopping malls of Bangkok, to the fabulous coastal beaches with hundreds of tropical islands, plus the nightlife and world heritage attractions, culture, history, sports and more, there is something for all to appreciate and enjoy. Thai cuisine and wines are very popular and can now be found globally.

Monsoon Valley is a multi award-winning fine wine producer. Grapes are carefully selected and transported in air-conditioned vehicles from the Monsoon Valley Vineyard to the Siam Winery. Producing splendid wines with grapes only grown in Thailand, Monsoon Valley wines are now recognised and enjoyed by numerous connoisseurs as well as being available in 5-star hotels and restaurants, in Thailand and many countries worldwide.

Monsoon Valley White wine has a pleasant bouquet, plus a good mouthfeel and palate. Excellent with seafood and white meats. The Monsoon Valley Red has good red fruits for the bouquet and for the mouth's pleasures. This pairs wonderfully with red meats, etc. If it's a rosé that is preferred, then the Monsoon Valley Rosé will not disappoint, having grapes grown on 'floating vineyards' and at the Monsoon Valley Vineyard. This wine has a delicate nose, excellent mouthfeel and palate. A wine that is extremely popular with many on numerous occasions.

If a Shiraz is required then Monsoon Valley Shiraz from the Premium Range with its



Monsoon Valley wine from Thailand and available in the UK
(www.monsoonvalleywine.co.uk)

ruby-red enticing appearance has it all. Dark fruits are in abundance with oak-aged barrels contributing to the exceptional pleasures of this wine. Fantastic with red meats. For an aromatic, sweet wine, Chenin Blanc Dessert Wine (flagship) 'ticks all the boxes', for me. Having Chenin Blanc grapes left on the vines for several days more ensures provision of the added sugars required to produce this impressive delight, which gives a grand finish.

These are just some of the wines from the Monsoon Valley ranges. For all details please visit www.monsoonvalleywine.co.uk www.siamwinery.com. You can also find them at the following Festivals:

Godalming Thai food and Craft Festival
August 11 – August 22 Time: 10:00 – 19:00
Location: The Burys, Godalming GU7 1HR

Reading Thai food and Craft Festival
August 18 – August 19 Time: 10:00 – 19:00
Location: Prospect Park, Reading RG30 2ND

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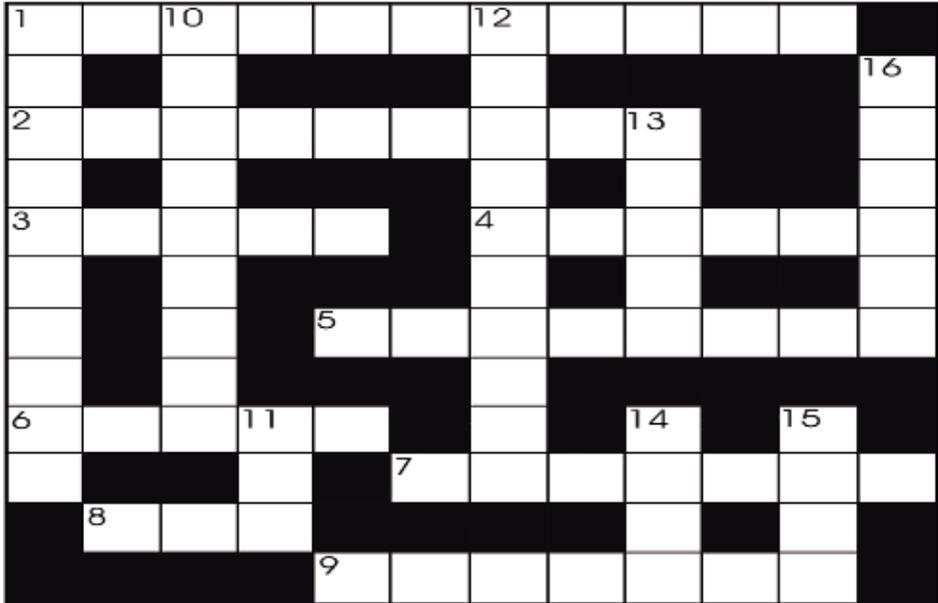
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The Kensington Crossword

By Dave Saunders



Pit your wits against our Kensington-centric crossword. Answers on page 27

Across

- 1) Nail and beauty salon located at 139 Kensington Church Street, W8 (11)
- 2) _____ Place, residential road just south of Holland Park, W8 (9)
- 3) ____ Yard Remedies, beauty supply store at 7A Kensington Church St, W8 (5)
- 4) Shane _____, actor, comedian and television presenter born in Kensington in 1964 (6)
- 5) Restaurant at 183 Kensington High Street which closed in 2017 (8)
- 6) _____ Life Fitness, corporate health management centre at 2 Derry Street, W8 (5)
- 7) _____ Granger, English film actor born in Kensington in 1913 (7)
- 8) Cass _____, artists' outlet at 220 Kensington High St (3)
- 9) _____ and Cotton, retailer of bathroom accessories and perfumes at 39 Kensington Church Street (7)

Down

- 1) Pamela _____ and Son, antiques shop at 108 Kensington Church Street, W8 (10)
- 10) Cocktail and wine bar at 11 Kensington High St which closed in 2015 and became the Roadster restaurant (9)
- 11) _____ Gallery, milliners' shop at 32-34 Earls Court Road, W8 (3)
- 12) Sporting goods store at 130 Kensington high St, W8 (10)
- 13) Traditional Italian restaurant at 73 Old Brompton Road, SW7 (5)
- 14) The _____ and Tails, pub at 10 Fairholt St, SW7 that closed in 2016 (4)
- 15) Papaya _____, Thai restaurant at 209 Kensington High St, W8 (4)
- 16) Barbara Harris Water _____, jewellery store located at 14 St. Albans Grove, W8 (6)

Militancy in the Family: The Pankhursts

By Maria Perry with illustration by Charles Yorke

I am very glad I have a vote. I hope I use it intelligently. This said, I was brainwashed at an early age against the Suffragettes. 'They were', said my grand-mother, 'vulgar. They chained themselves to Buckingham Palace railings and upset poor Queen Alexandra.'

Three of them were educated at my old school. Emmeline Pankhurst, Leader of the Women's Social and Political Union (WSPU) sent her daughters, Christabel, Sylvia and Mary to Manchester High School for Girls between 1893 and 1902. When I was a pupil in the Sixties, the Pankhursts were rarely mentioned. We were taught needlework, cookery and even those 'considered' 'Oxbridge material' were expected to marry and to love, honour and obey their husbands!

Emmeline encouraged her oldest daughter, Christabel to study law at Manchester University. By 1903 she began to support Women's Suffrage, which was favoured by the young Liberal, Winston Churchill. Accomplished and witty, she soon became an established public speaker. By 1906 she gained a First in her LLB exams. By 1907 WSPU made Clements Inn in London their HQ with Christabel as organising secretary. After a huge rally in Hyde Park, she encouraged the general public to storm the House of Commons. She was arrested and imprisoned. Militancy became the keynote. Suffragettes did indeed chain themselves to railings. Christabel fled to Paris, but when war broke out in 1914, she returned to London to become a powerful recruiter (for both sexes) for the armed forces. She was made a Dame.

Emmeline and Christabel lived at 50, Clarendon Road, Kensington, where a blue plaque commemorates their achievements. As well as fighting the Police and upsetting



Queen Alexandra, the Suffragettes are credited with some wonderful stunts. My favourite is the story of them training parrots to shout "Votes for Women" and releasing them to fly all over London. Their opponents trained further parrots to scream, "I think not."

Mary left for Australia and was interned for her views in World War II. But with Nancy Astor the first and until 1921, the only Woman MP in the House of Commons you would think the fight had been won, but now we have the #MeToo brigade in full cry.

I was amused recently to receive some Archive material from Manchester High. Earlier this year girls from the Preparatory Department were so fascinated by the Pankhursts, that they dressed up as Suffragettes and held an Open Day on March 8th, International Women's Day. One terrific quote was, "When I grow up I want to be a boss - like my Mummy!"

The Early years of Female Gardeners

By Benedict Bull

The recently deceased Beth Chatto and the plants she has shared with us is the most reasonable place to start this article that focuses on the contributions of female gardeners. Beth Chatto's Unusual Plants nursery has provided us with so many stunning and viable garden plants, and that suitability and robustness of a plant specimen in its location, dry or damp, sunny or shady have been at the heart of the environmentally informed sustainable gardening method that is as rich horticulturally but is unlike its nineteenth century amenity counterpart in that it is without the conspicuous consumption of water and man hours.

This elegant and economic approach is so relevant and pertinent to us here this decade with the recent losses of impatiens and box, two absolute bulwarks in our urban horticultural repertoire in the borough. It is amazing how quickly we take for granted these developments in horticultural planting and how quickly also I see now that we move on from these losses too. Impatiens is not even available at the flower market now. And it is just a fact now, I don't plant box. We share information and plants so quickly but remain habitual in our choices.

In the nineteenth century there was an explosion of interest in gardening at all levels of English Society, especially the new middle classes. For several centuries botanical and gardening books had been available to the wealthier classes only. These books were very expensive to produce. There was a craze for gardens and floraculture in nineteenth century Britain, and central to this were developments in book making technology. The publications of Jane Loudon after 1844 are iconic, not so much her transcription of her husband's tome but her publications



in her own right on types of planting which opened up a new informed readership in England and America.

In terms of actual labour, the first of the lady gardeners at Kew were Annie M Gulvin and Alice Hutchins. The compilers of the Journal of the Kew Guild for 1896 had mixed feelings about their appointment: "Some of the work seems too laborious for them but this is their affair... Given fair play and no favour we do not object to anyone competing in the field of horticulture, be it prince or peer, retired army officer or young lady. The pity it is that in the case of women, marriage would terminate their gardening career". By 1898, Alice Hutchins had been promoted to sub-foreman and Annie Gulvin had been replaced by Jessie Newsham and Florence M Potter.

The year 1902 was the last Kew had any lady gardeners, but the First World War saw their re-employment to replace the men who had gone to fight. Over 30 women gardeners worked at Kew until 1918; some stayed on until March 1922, when the employment of female gardeners was discontinued. Women were recruited once again during the Second World War to replace male gardeners. Many were employed until 1946, after which numbers were cut dramatically. From the early 1950s women students were recruited at the rate of one or two a year, until the 1970s when their number increased to become equal with male students.

GET WELL SPOON



Summer

The Summer Burger

The kids call this a “hamburger hack”, it originally came from Jamie Martin’s Saturday Kitchen, years ago, when he put a ball of mozzarella into the middle of a hamburger. The idea is that when you bite into the burger you get a delicious gooey taste of cheese. Over the years we have added our own Mediterranean twist. The cheat is buying those lovely “deli” marinated vegetables, particularly artichoke hearts, olives, sun roasted tomatoes

400g lean lamb mince
A handful of marinated vegetables – mixture of artichoke hearts, olives, sun roasted tomatoes and other personal favourites – very finely chopped
1 egg, beaten
Small red onion, finely chopped
Handful of bread crumbs
Scattering of basil leaves finely torn
Marinated small tomato or pepper stuffed with cheese (1 per burger)

Put all the ingredients except the stuffed pepper/tomato into a large bowl and squish them together, mixing well so they are all incorporated.

Divide this mixture up and make into balls (about the size of a small apple), with your finger make a hole in the ball and place the stuffed pepper or tomato in the centre and seal, flatten slightly to make a burger shape.

Refrigerate until cooking, hopefully on a bbq!

Lamb mince is a great source of iron, which helps concentration and reduces tiredness and fatigue. As well as protein, lamb is a good source of zinc, selenium, phosphorus, and iron, and has an impressive amount of B vitamins, particularly rich in B12.



Text: Victoria Kell - Illustration: Alberta Ritchie

The extra vegetables make this a rather healthy burger, artichokes are good for the digestion, tomatoes are full of antioxidants, especially lycopene, olives have a very healthy omega fat, so this burger is full of fibre, and it is utterly delicious.

It is quick, easy and fun to make, leaving time for summer pursuits. We hope everyone has a lovely summer!

Our book, “Knife, Fork, Get Well Spoon” is available at Wholefoods in Kensington & on amazon.co.uk

Kensington Cultural Quarter: What's On I

FLOW YOGA IN THE PARK

2 July 6:30pm-8pm £15

Escape the hustle and bustle of the city and rejuvenate your mind, body and soul in a series of fortnightly yoga sessions in Hyde Park with Avni Dhanani, a qualified yoga practitioner specialising in Ashtanga and Vinyasa. Please bring your own mat.
Royal Parks www.royalparks.org.uk

FESTIVAL OF SCIENCE: SPACE RICK WAKEMAN GOES OUT THERE

2 July 7:30pm £18.50

Prog-rock legend and former Yes keyboardist Rick Wakeman joins Classic Album Sundays' Colleen Murphy to discuss his passion for space, exploring his friendships with astronauts, astrophysicists and cosmologists and how the cosmos inspired his music.
Venue: Royal Albert hall
www.royalalberthall.com

BLUEBIRDS OF WAR: CANADIAN NURSES IN THE FIRST WORLD WAR

6 July, 11.30am FREE Booking
Recommended

Dr Andrea McKenzie discusses the experiences of Canadian nurses during the First World War. For four years, over 3,800 Canadian nursing sisters tended to the wounded and ill soldiers of the First World War on all fronts, from Russia to Gallipoli, Salonika to France. In 1918, the last year of the war, their efforts were concentrated on the Western Front. Through shot and shell, bombs and torpedoes, 3,000 miles from their homes, the Canadian nurses cared for the casualties of war. www.nam.ac.uk

ROYAL PHILHARMONIC ORCHESTRA PRESENTS: MOVIES' GREATEST HEROES

7 July 2018 Starts: 2:30pm

Marvel within the magnificent Royal Albert

Hall as the Royal Philharmonic Orchestra brings to life caped crusaders, magical wizards and swash-buckling pirates in an unmissable musical adventure perfect for all the family. Venue: Royal Albert hall
www.royalalberthall.com

FRIENDS OF HOLLAND PARK NATURE WALK

7 July 9.00 am -10.30 am. Free, no booking

Looking at birds, plants, butterflies and park management. Meet outside park café. All welcome. Queries Rhoddy Wood 020 7602 0304 or rhoddy.wood@virgin.net

OPERA

7 July 19.00 hrs Ticket: £13 in advance and £15 at the door

A fundraising concert for OpenAge. This will be a thrilling evening of arias, duets, trios and ensembles from famous opera excerpts. Venue: St George's Church, 28 Aubrey Walk W8 7JC. Tel: 07766 663939, email: r66663939@gmail.com or Box office: www.eventbrite.co.uk

THE ROYAL PARKS SHOWCASE: BRITISH SUMMER TIME, HYDE PARK 10 - 12 July 10.00 hrs onwards

Royal Park staff will bring their horticultural knowledge and expertise to visitors. Talks, displays and a plant sale will be on offer. This is just one of many events taking place. For more info see www.bst-hydepark.com

DESIGNER CRAFTS SUMMER EXHIBITION "THE HAND OF THE MAKER" 12 July to July 21, open 10-5 daily FREE.

A curated exhibition of work by members of The Society of Designer Craftsmen celebrating 130 years. Chelsea College of Art, 16 John Islip Street SW1P
www.societyofdesignercraftsmen.org.uk

Kensington Cultural Quarter: What's On II

'SINGING, SKIPPING AND SWINGING: A GLANCE AT VICTORIAN POPULAR ENTERTAINMENT'

A Talk by John Culme

12 July 19.00 hrs (Talk starts 19.30 hrs)

John Culme explores various forms of Victorian entertainment. In music hall theatre of the period; the 'singing' in the title refers to every kind of singing from popular ditties to selections from opera; 'skipping' refers to skipping-rope dancing as well as dancing of all kinds, from ballet to the cancan and 'legmania'; and 'swinging' refers to trapeze artists and acrobats. Conventional theatre will also be discussed, such as when ballets were crammed into a number of productions, for instance, A Midsummer Night's Dream at the Princess's, Oxford Street in 1856. For tickets please visit www.25BlytheRoad.com. All proceeds from the tickets will go to Wiltons Music Hall,

KATE KELLY: 'SISTER OF AN OUTLAW TALK' AT KENSINGTON CENTRAL LIBRARY

19 July 6:00pm to 8:00pm FREE

Australian artist Rebecca Wilson is giving a talk at the Kensington Central Library about her extensive research, narrative paintings and small book about Kate Kelly - the little sister of Australian bushranger Ned Kelly. Link to RSVP <https://www.eventbrite.co.uk/e/kate-kelly-sister-of-an-outlaw-tickets-46772762592>

GALLERY ARTISTS: "CELEBRATING 50 YEARS"

To 20 July 2018

2018 marks Thackeray Gallery's 50th Birthday. To celebrate, the Gallery is excited to present over 60 works by 30 artists, both emerging and established, in this one-off anniversary exhibition. Venue: Thackeray

Gallery, Est 1968 020 7937 5883
www.thackeraygallery.com

PARACHUTE SUMMER

21 July – 2 September Daily Activities FREE
[pick up a ticket from the Welcome Desk](#)

Inspired by the Special Forces: In the Shadows exhibition, the Museum is running a series of fun filled activities for children of all ages throughout the summer holiday. From parachute making to camouflage and aerodynamics, participants will learn about the challenges of working in extreme conditions through a variety of specially designed drop-in and bookable workshops and activities. Which materials work best for your parachute? Will your toy soldier survive the drop, and what happens after you stick the landing? Suitable for ages 7+.
www.nam.ac.uk

STORYTASTIC SUNDAYS! DISCOVER A NEW PALACE STORY EVERY MONTH!

Last Sunday of every month – 29 July - 10:00–5pm

There's a Tiger in the Garden by Lizzy Stewart. Was there really a tiger in the palace garden? Come and find out in this as a little girl explores her Gran's garden. Venue: Kensington Palace. www.hrp.prg.uk

HOPE TO NOPE: GRAPHICS AND POLITICS 2008 - 2018

To 12 August, Tickets from £12

Public engagement with politics has changed dramatically since 2008. Discover how graphic design and technology have played a pivotal role in dictating and reacting to the major political movements of our time. Venue: The Design Museum.
www.designmuseum.org.uk

South Kensington Cultural Quarter: What's On I

JAMEEL PRIZE 5

From 28 June Free

The Jameel Prize is an international award for contemporary art and design inspired by Islamic tradition. Experience eight exceptional contemporary artists and designers working in fields as diverse as fashion, multi-media installation, and painting in the Jameel Prize 5 showcase. Venue: V&A www.vam.ac.uk

ADVENTURE TO THE DEEP

1,7,8,14,15,21,22,28,29 July - 11:15-11:45, 15:45-16:15

Kids will dive through a reef, come face-to-face with a giant squid and see if they can survive 3,000 metres below the surface. This immersive show highlights the importance of oceans and demonstrates why it's been vital to protect this amazing habitat. Venue: Natural History Museum www.nhm.ac.uk

ANITA RANI IN CONVERSATION

2 July 7pm-8:15pm £7

From fronting global documentaries *Partition and Me: India 1947*, to *Countryfile*, it's hard to turn on the TV without seeing Anita Rani. She will delve into her family tree from Bradford to the Punjab, revealing her influences and infectious love for travel. Q&A. Venue: Royal Geographical Society www.rgs.org

THE GIFT OF MUSIC: UNCOVERING THE RCM COLLECTION

2 July 6:15pm £5

A unique opportunity to hear performances on 17th and 18th century instruments. A new series celebrating donations received in recent years including a bass recorder by Thomas Boekhout, a viol by Claude Pierray and a German bureau organ. Venue: Royal College of Music www.rcm.ac.uk

ALOM SHAHA: HOW TO BE YOUR CHILD'S FIRST SCIENCE TEACHER

3 July - 12:30-1:30pm Free

Take the step from "wow!" to "how?" Doing hands-on activities with children is the best way to get them exploring the world around them and thinking like future scientists and engineers. Venue: Read Lecture Theatre, Level 5 Sherfield Building, Imperial College www.imperial.ac.uk

THE HAPPY PRINCE

To 7 July

As Oscar Wilde lies on his death bed, the past comes flooding back to him, transporting him to other times and places. The *Happy Prince*, is Rupert Everett's poignant dramatisation of Oscar Wilde's final years in exile. Venue: Institut Français www.institut-francais.org.uk

LIFE IN THE DARK

From 13 July £11:50 Free 16 and under

Discover dark mysteries and reveal hidden light. Experience life in the darkness of the nocturnal, caves and the deep sea. Test your senses with taxidermy, smell pods and a sensational light show. There is also a chance to have your artwork displayed. Venue: Natural History Museum www.nhm.ac.uk

PARK NIGHTS 2018

13 July-22 July 8pm-10pm

The Serpentine's annual series of experimental and interdisciplinary encounters, returns this summer to present eight international artists each responding to the 2018 Serpentine Pavilion designed by the award-winning architect Frida Escobedo. Venue: Serpentine Gallery www.serpentinegalleries.org

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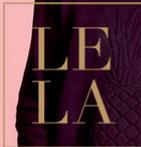
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